



Nursing Department
1200 Amburn Rd.
Texas City, TX 77591

XL-RNSG 2263-101CL Capstone Clinical

Fall 2022, 6 weeks
10/31/2022 – 12/7/2022

Clinical Days/Hours Vary by Clinical Site

Hybrid Online & Face to Face at Clinical Facility

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Table of Contents

<u>Faculty Office Hours</u>	4
<u>Required Textbooks and Materials:</u>	4
<u>Textbook Purchasing Statement</u>	4
<u>Course Description</u>	4
<u>Course Requirements</u>	4
<u>Course Objectives/ Student Learning Outcomes</u>	5
<u>WECM End-of-Course Outcomes:</u>	6
<u>Methods of Instruction</u>	6
<u>Grading Scale</u>	6
<u>Grade Calculation</u>	6
<u>Grade Appeal Process</u>	6
<u>Attendance</u>	6
<u>Tardiness</u>	7
<u>Withdrawal Policy</u>	7
<u>FN Grading</u>	7
<u>ADA Statement</u>	7
<u>Counseling Statement</u>	7
<u>Early Academic Alert Program</u>	7
<u>Classroom Conduct Policy/Student Conduct</u>	7
<u>Academic Dishonesty</u>	8
<u>Plagiarism</u>	8
<u>Avoiding Plagiarism http://www.plagiarism.org/</u>	8
<u>Make-Up Policy/Late Assignments</u>	8
<u>Concerns/Questions Statement</u>	8
<u>Success Tips for Students</u>	8
<u>ANA Scope and Standards of Practice</u>	9
<u>Student Handbooks</u>	9
<u>Syllabus Revisions</u>	9
<u>Academic Success & Support Services</u>	9
<u>COVID-19 Statement</u>	9
<u>Notice to Students Regarding Licensing</u>	9

<u>Clinical Guidelines</u>	10
<u>Student Responsibilities</u>	10
<u>Preceptor Responsibilities</u>	12
<u>Faculty Responsibilities</u>	13
<u>Clinical Assignments & Grading Criteria</u>	13
<u>Clinical Guidelines</u>	14

Communicating With Your Instructor

ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means.

Faculty Office Hours

- Monday: 0800 - 1200
- Tuesday: 12:15 – 1515

Required Textbooks and Materials:

All previously required textbooks.

Textbook Purchasing Statement

A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Course Description

RNSG 2263. CAPSTONE CLINICAL (LECTURE 0, CLIN 6). CREDIT 2. WECM.

Nursing care to adult patients and families suffering from multi-system or life-threatening health needs in a medical and/ or surgical acute care setting. Prerequisites: [RNSG 2332](#) or RNSG 1443, and [RNSG 2262](#) with a grade of "C" or better.

This 4-week course is a preceptor or faculty supervised clinical learning experience in which the nursing student gains 96 hours in a clinical setting to apply nursing theory, skills, and concepts in the care of multiple patients.

Course Requirements

1. Journal based on the student's clinical experience after each clinical day/night rotation.
2. Quality Improvement / Leadership Project Presentation- Assesses application of the IHI Model for Improvement in a clinical setting.
 - a. Completion of IHI Open School Modules
 - b. Unit based Quality Improvement Project and Presentation
3. Clinical Tracking Tool & Time Log
4. Text clinical instructor upon arrival to clinical area, name of preceptor (if given to student upon arrival) and when leaving clinical area for the day/night.
5. Text clinical instructor if unable to attend clinical, arriving late and or leaving clinical early.
6. Email clinical instructor to get approval of Quality Improvement topic (Topic is discussed during orientation).
7. Complete 50 or more NCLEX questions per week via EAQ.

8. Clinical Performance Evaluation - Assesses clinical competency and application of theory to practice.
9. Discussion Posts – Two
 - a. An ethical dilemma assesses student's ability to synthesize all sides of the issue.
 - b. A racial bias dilemma assesses student's ability to synthesize and promote the professional practice of nursing.

Course Objectives/ Student Learning Outcomes

Upon complete of this course, the student will:

1. Use clinical reasoning and knowledge, based on evidence-based practice outcomes, as a basis for decision-making in nursing practice.
2. Determine the physical and mental health status needs and preferences of culturally, ethnically, and socially diverse patients and their families based upon interpretation of comprehensive health assessment findings compared with evidence-based health data.
3. Analyze assessment data to identify problems, formulate goals/outcomes, and develop plans of care for patients and their families using information from evidence-based practice in collaboration with patients, their families, and the interdisciplinary health care team.
4. Provide safe, compassionate, comprehensive nursing care to patients and their families through a broad array of health care services.
5. Implement the plan of care for patients and their families within legal, ethical, and regulatory parameters and in consideration of disease prevention, wellness, and promotion of health lifestyles.
6. Evaluate and report patient outcomes and responses to therapeutic interventions in comparison to benchmarks from evidence-based practice, and plan follow-up nursing care.
7. Develop, implement, and evaluate teaching plans for patients and their families to address health promotion, maintenance, and restoration.
8. Coordinate human, information, and material resources in providing care for patients and their families.
9. Implement measures to promote quality and a safe environment for patients, self, and others.
10. Formulate goals and outcomes using evidence-based data to reduce patient risks.
11. Coordinate, collaborate, and communicate with patients, their families, and the interdisciplinary health care team to plan, deliver, and evaluate patient-centered care.
12. Serve as a health care advocate in monitoring and promoting quality and access to health care for patients and their families
13. Refer patients and their families to resources that facilitate continuity of care; health promotion, maintenance, and restoration; and ensures confidentiality.
14. Communicate and collaborate in a timely manner with members of the interdisciplinary health care team to promote and maintain the optimal health status of patients and their families.
15. Communicate and manage information using technology to support decision-making to improve patient care.
16. Assign and/or delegate nursing care to other members of the health care team based upon an analysis of patient or unit need.
17. Supervise nursing care provided by others for whom the nurse is responsible by using evidence-based nursing practice.

WECM End-of-Course Outcomes:

Prioritize the roles of the professional nurse in the provision of care for adult patients and families.
Design and evaluate care for adult patients and families with advanced health care needs.

Methods of Instruction

Online post conference journals, IHI Open School, facility precepted clinical hours, U-World, and a poster presentation on quality improvement.

Grading Scale

A = 90 – 100%

B = 80 – 89.99%

C = 75 – 79.99%*

D = 60 – 74.99%

F = <60%

*A minimum final grade of “C” (75%) is required to pass this course.

Grade Calculation

All assignments, including pass/fail, must be submitted to pass the course. See Grade Determination & Calculation in the Nursing Student Handbook.

Assignment of Course Grade	%
Online Clinical Post-Conferences (Journal Entries)	20%
Quality Improvement / Leadership Project + IHI Modules	25%
Clinical Tracking Tool & Time Log	15%
Clinical Performance Evaluation**	20%
Discussion Posts	20%
TOTAL	100%
** meeting expectations of all critical criteria (indicated with an asterisk) are required to pass the course	

Grade Appeal Process

Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook.

https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2020-2021_v2.pdf *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.*
https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2020-2021_v2.pdf

Attendance

It is recognized that preceptor schedules are variable and can change. The student is required to get 96 hours on site. Any changes from the posted schedule/calendar must be discussed / approved by the faculty member assigned to your capstone hours. See the Attendance policy in the Nursing Student Handbook.

Tardiness

See Attendance policy in the Nursing Student Handbook.

Withdrawal Policy

See Admission, Progression, Dismissal, & Readmission policy in the Nursing Student Handbook.

Students may withdraw from this course for any reason prior to the last eligible day for a “W” grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are only permitted to withdraw six times during their college career by State law.

FN Grading

The FN grade is issued in cases of failure due to a lack of attendance, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor.

ADA Statement

Any student with a documented disability needing academic accommodations is requested to contact Holly Bankston at 409-933-8520 or hbankston@com.edu. The Office of Services for Students with Disabilities is located in the Student Success Center.

Counseling Statement

Any student that is needing counseling services is requested to please contact Holly Bankston in the student success center at 409-933-8520 or hbankston@com.edu. Counseling services are available on campus in the student center for free and students can also email counseling@com.edu to setup their appointment. Appointments are strongly encouraged; however, some concerns may be addressed on a walk-in basis.

Early Academic Alert Program

The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

Classroom Conduct Policy/Student Conduct

Classroom Conduct Policy: College of the Mainland requires that students enrolled at COM be familiar with the Standards of Student Conduct, which can be found in the on-line Student Handbook. <http://www.com.edu/student-services/studenthandbook.php>. Students should act in a professional manner at all times. Disruptive students will be held accountable according to college policy. Any violations of the Code of Conduct will result in a referral to the Office for student Conduct and may result in dismissal from this class.

In addition to the Standards of Student Conduct found in the online COM Student Handbook (<http://www.com.edu/student-services/student-handbook.php>), nursing students are expected to

demonstrate good professional character as defined in in BON Rule 213.27 (http://bon.texas.gov/rr_current/213-27.asp). See Behavior/Conduct in the Nursing Student Handbook.

Academic Dishonesty

Any incidence of academic dishonesty will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty, such as cheating on exams, is an extremely serious offense. See Behavior/Conduct policy in the Nursing Student Handbook.

Plagiarism

Plagiarism is using someone else's words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else's words without giving proper citation, copying directly from a website, and pasting it into your paper, using someone else's words without quotation marks. An assignment containing any plagiarized material will be referred to the Office of Student Conduct for the appropriate discipline action. Also see the Behavior/Conduct policy in the Nursing Student Handbook. Plagiarism will result in disciplinary action up to and including dismissal from the nursing program.

Avoiding Plagiarism <http://www.plagiarism.org/>

Make-Up Policy/Late Assignments

All course assignments are expected to be completed and submitted on the specified due date. See Late Assignments policy in the Nursing Student Handbook.

Concerns/Questions Statement

If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact the Course Facilitator. If, after discussing your concern with the Course Facilitator, you still have questions, please email nursing@com.edu to request an appointment with the Director of Nursing. Please see the Student Concerns Policy in the Nursing Student Handbook for further instructions.

Success Tips for Students

1. Schedule time to study based on the difficulty of the content. Use this table as a guide:

Course Difficulty	Study Hours Per Week Per Hour in Class
High Difficulty Course	3 hours
Medium Difficulty Course	2 hours
Low Difficulty Course	1 hour

http://www.usu.edu/arc/StudySmart/pdf/estimating_study_hours.pdf

2. Read assignments before class or clinical. Here are some strategies for getting the most out of your college textbooks:
 - 4 Steps to Reading a Textbook: <http://www.studyright.net/blog/4-steps-to-reading-a-textbook-quickly-and-effectively/>

- Active Reading Strategies:
<http://www.princeton.edu/mcgraw/library/for-students/remember-reading/>
- The Reading Cycle: Plan-Do-Review
<http://www2.swccd.edu/~asc/lrnglinks/txtrdg.html>
- 1. How to Read Your Textbooks More Efficiently College Info Geek (video)
<https://www.youtube.com/watch?v=tgVjmFSx7rg>
- 5 Active Reading Strategies for Textbook Assignments College Info Geek (video)
[5 Active Reading Strategies for Textbook Assignments - College Info Geek](#)

ANA Scope and Standards of Practice

Students are expected to adhere to established ANA Scope and Standards of Practice (2015). (See Student Handbook and Clinical Evaluation Tool for detailed explanation of standards.)

Student Handbooks

Students are expected to adhere to all policies outlined in the College and Nursing Student Handbooks.

Syllabus Revisions

Faculty reserves the right to make changes to the syllabus as deemed necessary.

Academic Success & Support Services

College of the Mainland is committed to providing students the necessary support and tools for success in their college career. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

The Tutoring Center provides free tutoring services to students, staff and faculty seeking assistance for writing, reading and oral presentations for academic and non-academic assignments/projects. Located in the Technical Vocational Building, Room 1306, the center provides face-to-face and online tutoring sessions in a welcoming environment. Appointments can be made in person, or on the center scheduler at com.mywconline.com, or by clicking the SRWC icon on the COM website.

COVID-19 Statement

All students, faculty and staff are expected to familiarize themselves with materials and information contained on the College of the Mainland's Coronavirus Information site at www.com.edu/coronavirus. Students are required to watch a training [video](#), complete the [self-screening](#), and acknowledge the safety guidance at: www.com.edu/selfscreen. In addition, students, faculty, and staff must perform a [self-screening](#) prior to each campus visit. Finally, students, faculty, or staff which have had symptoms of COVID-19, received a positive test for COVID-19, or have had close contact with an individual infected with COVID-19 must complete the [self-report tool](#).

Notice to Students Regarding Licensing

Effective September 1, 2017, HB 1508 amends the Texas Occupations Code Section 53 that requires education providers to notify potential or enrolled students that a criminal history may

make them ineligible for an occupational license upon program completion. The following website provides links to information about the licensing process and requirements:

https://www.bon.texas.gov/licensure_eligibility.asp.

Should you wish to request a review of the impact of criminal history on your potential Registered Nurse License prior to or during your quest for a degree, you can visit this link and request a "Criminal History Evaluation": https://www.bon.texas.gov/licensure_endorsement.asp This information is being provided to all persons who apply or enroll in the program, with notice of the requirements as described above, regardless of whether or not the person has been convicted of a criminal offense. Additionally, HB 1508 authorizes licensing agencies to require reimbursements when a student fails to receive the required notice.

Clinical Guidelines

Student Responsibilities

1. **Faculty Present / Daily Assigned Preceptors** (UTMB (Main Campus), Kindred and LBJ Only)

Faculty will be present at UTMB for immediate access if needed. Students will report to assigned units (Kindred and LBJ) and ask the charge nurse to assign student to work with a designated preceptor for the shift. For Kindred the student will be assigned a designated preceptor. The students at Kindred will schedule themselves based on the dates the preceptor works.

2. **Negotiation of Clinical Hours and Clinical expectations**

For settings with flexible clinical hours, students are to negotiate acceptable hours with the preceptor. Students are expected to make necessary personal and work schedule accommodations required for completion of the clinical hours specified by the course. Scheduled hours must be approved by the course faculty member prior to beginning the practicum experience. The clinical calendar should be completed, and a copy provided for the preceptor, faculty, and student. Changes to the approved clinical schedule must be submitted in writing to the preceptor and the clinical faculty member. This must be communicated to the clinical faculty member and approved before implementation.

The student is required to text the clinical instructor upon arrival of the start of each shift and when leaving the hospital. Should there be a change in scheduled clinical hours, the student is to notify the clinical instructor ASAP via text and email.

If the student arrives late or leaves early on their designated/scheduled clinical day points will be deducted off their final grade. The student clinical hours are 0645 to 1915 or 1845 to 0715.

If the journal entry is uploaded 1 day late the student will receive a grade of 50. If the journal is 2 days late the student will receive a 0. Clinical Journal entries are to be uploaded into blackboard 24 hours after each clinical shift.

QI (Quality Improvement) topics are to be approved by your clinical instructor. The QI outline and subject matter must be sent to your clinical instructor 48 hours prior to presenting.

QI (Quality Improvement) presentation date and time must be sent to your clinical instructor.

(Quality Improvement) projects are to be done on the student assigned units at the hospital clinical site in front of assigned preceptor.

3. Preparation for Clinical

The student is expected to prepare for the clinical practicum as recommended by the faculty and preceptor. Preparation includes developing individual learning objectives, conferring with faculty and preceptor on areas that need to be refined, and seeking learning experiences that will provide the student with a higher level of confidence. The student should discuss with the preceptor the expectations of the preceptor's practice and the most common problems and challenges that s/he can expect to encounter in the clinical site. The student is expected to prepare for the clinical practicum by reading current reference material appropriate for the clinical setting and problems most often encountered by the preceptor. The student is to take the clinical objectives and nursing skills list to clinical.

4. Attendance at Clinical

Students are expected to treat the approved calendar as a contract. If the student is to be absent, the preceptor should be notified prior to the beginning of the clinical day. Make-up hours are negotiated as soon as possible. Students also must contact the faculty member promptly. Students keep a log of completed clinical hours and should have the preceptor sign the log verifying time spent on the unit. In the event of an absence due to illness or health intervention, the student must provide to the faculty member a release to return to school from the health care provider prior to returning to the clinical setting.

In the event of a preceptor or student absence, the student is responsible for rescheduling missed clinical hours (96 clinical hours are required to pass the course). The preceptor may delegate supervision of the student to another staff member after discussing with the student and faculty.

Confidentiality of Information

The student will maintain confidentiality in all communication and documentation, including social media.

Preceptor Responsibilities

2. Roles

The preceptor's primary role is teaching and mentoring the student. Preceptors can stimulate clinical decision making through a variety of activities including introducing challenging experiences and questioning the student regarding observations and reasoning. This process assists the student to reflect and describe observations, discuss the planned interventions, and contribute to patient plan of care.

Additionally, preceptors guide the student to improve accuracy and comprehension in documentation of pertinent information. The preceptor can model interpersonal relationship skills during the mentoring process.

3. Communication with Faculty

Faculty will provide preceptors with contact information. Preceptors are encouraged to contact the faculty at any time. Faculty must be contacted immediately for situations involving a student's unsafe practice, unethical conduct, or changes in preceptor availability. Any concerns expressed by other employees and contractors should be communicated to the faculty member. Preceptors will have the opportunity to discuss student progress with the faculty member during site visit(s).

4. Communication with Student

Preceptors are encouraged to provide regular daily feedback to the student. For the student to resolve any concerns in an expeditious manner, preceptors are encouraged to relate concerns to the student when they occur. Written documentation of concerns and resolution will then be shared with the faculty at the next regularly scheduled communication or sooner if the preceptor deems necessary.

5. Evaluation of Student

While the faculty member has the ultimate responsibility for the formal evaluation, the preceptor's input provides evidence to support the ratings. The "Preceptor Evaluation of the Student" form provides a guide for collecting and recording data related to student performance. The preceptor's primary role is teaching. In this process, the preceptor will observe the student in practice and fit those observations into the evaluation framework.

The preceptor not only collects data that verifies student competence, but also can support professional practice standards and the credibility of COM Nursing. The preceptor's observations regarding the student's performance should be compared with

practice standards, corroborated with faculty, and shared with the student. Preceptors need to remember that they do not fail students or impede a student's progress. Rather, the student's performance either meets or fails to meet criteria.

Faculty Responsibilities

1. Student Preparation

Faculty will confirm that students meet requirements prior to entering the clinical setting.

2. Site Visits & Facilitation of Clinical Activities

The faculty member will make scheduled visits or team meeting with the clinic site on dates confirmed with the student. The student is responsible for informing the preceptor of the date and time of the visit. The purpose of the visit is to determine and evaluate the student in actual practicum situations as well as to observe (if on site) and evaluate the student's interaction with staff and preceptor.

3. Faculty Communication with Students

Faculty will have regular interactions via team meeting or journal feedback (post conference) with students to discuss their progress. Faculty will communicate with the student via email, online platforms, and phone / team meeting.

4. Student Evaluation

The requirements and evaluation criteria for successful student performance are found in the course syllabus and clinical evaluation forms. Evaluations by the faculty member with input from the preceptor are an important component of the student performance. Open communication between the faculty, preceptor and student is essential for student success. Faculty assumes the ultimate responsibility for the evaluation of the student. While specific criteria are identified in each course, faculty utilizes a combination of methods including making site visit(s) to observe the student performance and interactions with student, staff, and preceptor. Regular review of journal entries and supportive evidence from the clinical preceptor are utilized.

Clinical Assignments & Grading Criteria

Post Conference Journal and clinical tracking tool & time log (online only)

- Eight 12-hour shift entries over 4 weeks
- Eight Clinical Tracking Tool & Time Log must be submitted every 24 hours with the journal.
- A grade is assigned for addressing all questions posed in the journal instructions and clinical tracking too & time log.

Quality Improvement / Leadership Project

- Schedule one shift with the nurse manager and/or charge nurse for assigned shift.
 - Identify specific core measures monitored on the unit.
 - Identify who is responsible for collecting the data.
 - Identify how the results are shared with all providers of patient care.
 - Identify the consequences of not meeting the expected level of performance for identified core measure or quality improvement initiative.
- Develop a performance improvement project utilizing the IHI Model for Improvement.
- Present the PI project to the assigned clinical faculty via team meeting and upload the poster presentation in BB.
- A grading rubric is used to assess the quality of the project.

Discussion board on current events impacting nursing practice.

- 2021& 2022 headlines included Nurse faces prison for a deadly medication error, and Institutional Racism.
- There will be 2 discussion posts on current events / topics impacting nursing practice. Topics will include:
 - The nurse's role in recognizing and acting on the issue of (inadvertent or purposeful) institutional racism.
 - Nurse faces prison for a deadly medication error.

Clinical Performance Evaluation

- Clinical Performance Evaluation (must be submitted before final evaluation can be completed)
- Clinical Evaluation of course objectives.

Clinical Guidelines

Guidelines for Clinical Experience

Students will be expected to adhere to the rules and regulations outlined in the college catalog and the nursing program's Student Handbook.

The student will be expected to complete all pre and post clinical work as specified in the course syllabus.

Uniform

COM uniform policy as outlined in the nursing student handbook will be followed.

Permissible Capstone Nursing Skills

The student will perform only those procedures and treatments, which have been successfully completed during the nursing skills course or nursing skills laboratory. Preceptor discretion is advised.

Independent	RN Preceptor Supervised
Skills typically delegated to CNAs	IV push medications
Colostomy Care	Drawing blood from central lines
Enema administration	Flushing central lines
Foley Catheter insertion	IV Pump set up
IV insertion	NG feeding initiation / set up
Isolation procedures*	PCA Pump set up
Colostomy Care	Phlebotomy / Specimen collection
IV site maintenance	Restraint application/monitoring
IV flow rate regulation	Any equipment with which the student is not familiar or comfortable
IV tubing changes	Documentation as permitted by the facility
Medication Administration**	.
NGT insertion/removal	
Oxygen administration	
Pre-Op / Post Op care	
Pressure Ulcer care	

Sterile dressing changes	***Blood product administration is a non-permissible skill and the student can only observe
Tracheal suctioning	
Traction	
Wound drainage device care	

*care of patient with airborne illness requiring use of an N-95 mask can only be performed if the facility fits the student with the N-95 mask

**may require RN to acquire medication from dispensing machine and barcode scan as student will not typically have this access.