

Course Number and Section: (NURS-4433-00116-S12025)

Name of Course (Population Focused Community Health Nursing)

Course Semester (Summer 2025)

Internet

Instructor Information: Amber Brodbeck, DNP, CNRA, abrodbeck@com.edu

Course facilitator: Sandra Rondeau, DNP, RN, CNOR, srondeau@com.edu, Office 409-933-8464

Office location: STEM 225-15

Student hours and location: Tuesday and Thursday 0900-1300 or by appointment

**Required Textbook/Materials:** 

Stanhope, M., & Lancaster, J. (2025). Public Health Nursing: Population-Centered Health Care in the Community, 11 edition. St. Louis: Elsevier, Inc.

**Evolve Resources for Public Health Nursing, 11th Edition** 

By Marcia Stanhope and Jeanette Lancaster

ISBN: 9780323847681

Course ID: 166364\_srondeau5\_1003

Instructor: Sandra Rondeau

Shadow Health: Instructor-Led Course

Community Health Summer 2024

By Shadow Health

#### ISBN: 9780323753784

#### Course ID: 165717\_srondeau5\_5004

#### Instructor: Sandra Rondeau

# Course Description: NURS 4433. POPULATION FOCUSED COMMUNITY HEALTH (LECTURE 3, LAB 4). CREDIT 4. UDCM.

This combined theory and clinical course will explore the role of the community/public health nurse caring for individuals, families, communities, and populations through designing, implementing, and evaluating population-based interventions that promote the health of a community and its members. Emphasis is given to health promotion and disease/injury prevention within vulnerable and at-risk populations and minimizing health consequences of emergency and disaster situations. Entry-level competencies for public health nurses are developed through diverse clinical experiences in virtual and real-world settings.

#### **Course requirements:**

**1. Weekly Discussion Board/video discussion assignments (12):** Assesses knowledge and application of content integrated within the course. Students will post a primary post supported by cited material according to the grading rubric each week by Thursday and reply to two peers according to the grading rubric by Sunday. All posts must be supported by cited references and contain new material and learning to the discussion.

**2.** Quizzes (5): Assesses knowledge and application of content integrated within the course. Students will complete quizzes as assigned, each due at midnight on the assigned deadline. The q6uizzes are multiple choice, multiple answer, and alternative-style questions. The student will have one attempt to complete each quiz, which will be averaged for the quiz grade.

**3. Case studies (5)**: Assesses knowledge and application of content integrated within the course.

**4. Shadow Health Community Health DCE modules:** Students will complete online avatar assignments in Shadow Health. **Shadow Health modules** 

**5. Community Project/Summary:** The student will choose a community of interest (city or town and research that area to address a specific social determinant. The student will complete a detailed windshield survey of the selected community to create a plan of care including assessment, diagnosis, plan, implementation, and will provide an evaluation of the specified social determinant in the community. Additionally, a summary section is included in the grading criteria. (See Appendix B for Community Plan of Care and Summary Rubric)

#### **Determination of Course Grade/Detailed Grading Formula:**

#### **Grading Scale**

A = 90 -100.00 B = 80 -89.99 C = 70 -79.99 D = 60 -69.99 F = < 60

#### **Grade Calculation**

Assignments	%	
Weekly discussion board/video discussion	25 %	
assignments (12)		
Weekly Quizzes (5)	12.50 %	
Case studies (5)	12.50 %	
Shadow Health Community Health Nursing	15%	
Modules**		
Windshield Survey	10 %	
Community Plan of Care/Summary*	25 %	
Grade Total	100%	
A Grade Total of at least 70% is required to pass the course.		
The student must "Meet Expectations" on all competencies on the		
Community Plan of Care/Summary to pass the course.*		
All Shadow Health Competencies must be above 85 % to pass the		
course **		

Late Work, Make-Up, and Extra-Credit Policy: Assignments are due by designated due date, there is no make-up or extra credit opportunities.

#### **Attendance Policy:**

See the Attendance policy in the Nursing Student Handbook.

**Communicating with your instructor:** ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means. (Faculty may add additional statement requiring monitoring and communication expectations via D2L or other LMS).

#### **Course Objectives/Student Learning Outcomes**

Upon completion of this course, the student will:

Student Learner Outcome	Maps to Core Objective	Assessed via this Assignment
<ol> <li>Explore principles of public health science and population-focused care at local, national, and global levels.</li> </ol>	1. Synthesize knowledge, skills, and values from the arts, sciences, and humanities as an exemplar of professional nursing and an advocate of social justice.	Shadow health Community health modules
2. Describe how to coordinate and plan evidence-based nursing interventions for communities based on population- focused nursing process.	2. Provide comprehensive patient -centered care utilizing an organized framework to make individual, community, and population- based decisions grounded in evidence-based practice.	Community Health Care Plan and Summary Assignment
3. Discuss research findings from multiple disciplines to facilitate and evaluate evidence-based practice in the community.	3. Utilize data to monitor outcomes of care and improvement methods to continuously improve the quality and safety of nursing care to minimize risk of harm individually and across the healthcare system.	Video discussion assignment week 3
4. Recommend comprehensive nursing care that reflects human caring for diverse populations through multidisciplinary collaborations.	2. Provide comprehensive patient- centered care utilizing an organized framework to make individual, community, and population- based decisions grounded in evidence-based practice.	Discussion board week 4
5. Assess the levels of prevention to improve health outcomes of diverse populations.		Community Health Care Plan and Summary Assignment

# Academic Dishonesty

Any incidence of academic dishonesty will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty, such as cheating on exams, is an extremely serious offense. See Behavior/Conduct policy in the Nursing Student

#### Handbook.

**Student Concerns:** If you have any questions or concerns about any aspect of this course, please contact Dr.Brodbeck using the contact information previously provided. If, after discussing your concern with Dr. Brodbeck and you continue to have questions contact Dr. Rondeau at <u>srondeau@com.edu</u>, if you still have questions please contact the Director of Nursing Rachel Fano, DNP, APRN at <u>rfano@com.edu</u>. If, after discussing your concern with the Director of Nursing, you still have questions, please email <u>nursing@com.edu</u> to request an appointment with the Dean. Please see the Student Concerns Policy in the Nursing Student Handbook for further instructions.

Course outline: Located under course content course calendar

#### **Textbook Purchasing Statement:**

A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

#### **Methods of Instruction**

Case studies Assignments Audio-visual instructional aids Written Reports/Clinical Reasoning exercises

#### Tardiness

See Attendance policy in the Nursing Student Handbook.

#### Withdrawal

See Admission, Progression, Dismissal, & Readmission policy in the Nursing Student Handbook.

#### **Classroom Conduct Policy/Student Conduct**

Classroom Conduct Policy: College of the Mainland requires that students enrolled at COM be familiar with the Standards of Student Conduct, which can be found in the online Student Handbook. http://www.com.edu/student-services/studenthandbook.php . Students should act in a professional manner at all times. Disruptive students will be held accountable according to college policy. Any violations of the Code of Conduct will result in a referral to the Office for student Conduct and may result in dismissal from this class.

In addition to the Standards of Student Conduct found in the online COM Student Handbook (<u>http://www.com.edu/student-services/student-handbook.php</u>), nursing students are expected to demonstrate good professional character as defined in in BON Rule 213.27 (<u>http://bon.texas.gov/rr\_current/213-27.asp</u>). See Behavior/Conduct in the Nursing Student Handbook.

# Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook.<https://build.com.edu/uploads/sitecontent/files/studentservices/Student Handbook 2019-2020v5.pdf. An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also admissible basis not an for arade appeal. а https://build.com.edu/uploads/sitecontent/files/student-services/Student Handbook 2019-2020v5.pdf

Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

**ADA Statement:** Any student with a documented disability needing academic accommodations is requested to contact Holly Bankston at 409-933-8520 or <u>hbankston@com.edu</u>. The Office of Services for Students with Disabilities is located in the Student Success Center.

**Counseling Statement:** Any student needing counseling services is requested to please contact Holly Bankston in the student success center at 409-933-8520 or <u>hbankston@com.edu</u>. Counseling services are available on campus in the student center for free and students can also email <u>counseling@com.edu</u> to set up their appointment. Appointments are strongly encouraged; however, some concerns may be addressed on a walk-in basis.

**Textbook Purchasing Statement:** A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Withdrawal Policy:** Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1<sup>st</sup> 8-week session is October 5. The last date to withdraw from the 16-week session is November 18. The last date to withdraw for the 2<sup>nd</sup> 8-week session is December 1.

**F**<sub>N</sub> **Grading:** The F<sub>N</sub> grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The F<sub>N</sub> grade may be issued for cases in which the student ceases or fails to attend

class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the  $F_N$  grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an  $F_N$  grade.

**Early Alert Program:** The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program, you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

## **Resources to Help with Stress:**

If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here <a href="https://www.com.edu/community-resource-center/">https://www.com.edu/community-resource-center/</a>. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at <a href="mailto:deanofstudents@com.edu">deanofstudents@com.edu</a> or <a href="mailto:communityresources@com.edu">communityresources@com.edu</a>.

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In addition to the Standards of Student Conduct found in the online COM Student Handbook (<u>http://www.com.edu/student-services/student-handbook.php</u>), nursing students are expected to demonstrate good professional character as defined in in BON Rule 213.27 (<u>http://bon.texas.gov/rr\_current/213-27.asp</u>). See Behavior/Conduct in the Nursing Student Handbook.

# **Academic Dishonesty**

Any incidence of academic dishonesty will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty, such as cheating on exams, is an extremely serious offense. See Behavior/Conduct policy in the Nursing Student Handbook.

# Plagiarism

Plagiarism is using someone else's words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else's words without giving proper citation, copying directly from a website, and pasting it into your paper, using someone

else's words without quotation marks. Any assignment containing plagiarized material will receive a <u>grade of zero</u> and the student will be referred to the Office of Student Conduct for the appropriate disciplinary action. Also see the Behavior/Conduct policy in the Nursing Student Handbook.

Avoiding Plagiarism: <u>http://www.plagiarism.org/</u>

# **Successful Tips for Students**

Schedule time to study based on the difficulty of the content. Use this table as a guide:

Course Difficulty	Study Hours Per Week Per Hour in Class	
High Difficulty Course	3 hours	
Medium Difficulty Course	2 hours	
Low Difficulty Course	1 hour	
http://www.usu.odu/arc/StudySmart/pdf/actimating_study_bours.pdf		

http://www.usu.edu/arc/StudySmart/pdf/estimating\_study\_hours.pdf

Read assignments before class or clinical. Here are some strategies for getting the most out of your college textbooks:

• 4 Steps to Reading a Textbook:

http://www.studyright.net/blog/4-steps-to-reading-a-textbook-quickly-and-effectively/

- Active Reading Strategies:
- http://www.princeton.edu/mcgraw/library/for-students/remember-reading/
- The Reading Cycle: Plan-Do-Review

http://www2.swccd.edu/~asc/Irnglinks/txtrdg.html

- How to Read Your Textbooks More Efficiently College Info Geek (video) <u>https://www.youtube.com/watch?v=tgVjmFSx7rg</u>
- 5 Active Reading Strategies for Textbook Assignments College Info Geek (video)
- 5 Active Reading Strategies for Textbook Assignments College Info Geek

# ANA Scope and Standards of Practice

Students are expected to adhere to established ANA Scope and Standards of Practice (2015

# Student Handbooks

Students are expected to adhere to all policies outlined in the College and Nursing Program student handbooks.

# **Syllabus Revisions**

Faculty reserves the right to make changes to the syllabus as deemed necessary.

## The Speaking, Reading, and Writing Center

The Speaking, Reading and Writing Center provides free tutoring services to students, staff and faculty seeking assistance for writing, reading and oral presentations for academic and non-academic assignments/projects. Located in the Technical Vocational Building, Room 1306, the center provides face-to-face and online tutoring sessions in a welcoming environment. Appointments can be made in person, or on the center scheduler at com.mywconline.com, or by clicking the SRWC icon on the COM website.

# **Course Content**

# Unit 1: The Foundations of Specialization in Public Health Nursing

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Summarize population health indicators in the United States and the impact of using a population health approach.

• Explain public health practice as the foundation for healthy populations and communities.

- Describe public health nursing as a specialized field of practice.
- Summarize current and future challenges in public health nursing.

Learning Content:

- Introduction
- Public health practice: The foundation for health populations
- Public health nursing as a file of practice area of specialization
- Challenges for the future

<u>Learning Activities</u>: Read: Stanhope, M., & Lancaster, J. (2025). Chapter 1. Discussion Board: Challenges for the Future

# Unit 2: History of Public Health and Public Community Health Nursing

# Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Give examples of how public health nursing has changed over the years and how that knowledge can guide the profession.

- Summarize the health trends and evolution of public health nursing during the 1800s.
- Summarize the health trends and evolution of public health nursing in the early 1900s.
- Explain how economic and social policies shaped public health nursing practice.

• Summarize the health trends and evolution of public health nursing from the 1940s through the 1960s.

# Learning Content:

- Valuing the history of public health nursing
- 1800' s: Public Health in America and aboard
- 1900's: Establishing the public health nursing specialty
- Paying the bill for public health nurses
- 1940's through 1060s
- 1970's into the 21<sup>st</sup> century
- Practice application

# Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 2. Discussion Board: Clinical Decision-Making Activities

# Unit 3: Public Health, Primary Care, and Primary Health Care Systems

# Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Recognize historical events and changes that influence the delivery of health care.
- Describe the events and trends that influence the status of the health care system.
- Summarize problems of the U.S. health care system related to cost, access, and quality.

• Compare the roles of the primary care system and the federal, state, and local levels of the public health system.

• Evaluate the changes needed in public health and primary care to have an integrated health care delivery system.:

- Health care overview
- Forces stimulating change in the demand for health care

- Current health care system in the United States
- Organization of the health care system
- Forces influencing changes in the health care system

<u>Learning Activities</u>: Read: Stanhope, M., & Lancaster, J. (2025). Chapter 3. Discussion Board: Clinical Decision-Making Activities

# **Unit 4: Perspectives in Global Health Care**

<u>Unit Student Learning Outcomes</u>: Upon completion of this unit, the student will be expected to:

- Describe the development guiding global health initiatives and goals as a response to past and current global health problems.
- Explain the role and focus of a population-based approach for global health.
- Analyze the role of public health nursing in global health.
- Describe various international health organizations that are involved with global health issues.
- Describe how global health is related to economic, industrial, environmental, and technological development and examine the health care systems of selected countries.
- Analyze the causes and impacts of disease on global health, including the development of prevention strategies.

# Learning Content:

- Overview and historical perspective of global health
- The role of population health
- Nursing and global health
- Major global health organizations
- Global development and health care systems
- Major global health problems and the burden of disease
- •

Learning Activities:

Read Stanhope, M., & Lancaster, J. (2025). Chapter 4. Discussion Board: Clinical Decision-Making Activities

# Unit 5: Economics of Health Care Delivery

<u>Unit Student Learning Outcomes</u>: Upon completion of this unit, the student will be expected to: • Describe the development guiding global health initiatives and goals as a response to past and current global health problems.

- Explain the role and focus of a population-based approach for global health.
- Analyze the role of public health nursing in global health.

• Describe various international health organizations that are involved with global health issues.

Describe how global health is related to economic, industrial, environmental, and technological development and examine the health care systems of selected countries.
Analyze the causes and impacts of disease on global health, including the development of prevention strategies.

## Learning Content:

- The context of the US health care system
- Principles of economics-microeconomics and macroeconomics
- Factors influencing national health care spending
- Financing of health care
- Factors affecting resource allocation and rationing of health care from an economic perspective

## Learning Activities:

Read Stanhope, M., & Lancaster, J. (2025). Chapter 5. Discussion Board: Clinical Decision-Making Activities

# Unit 6: Health Equity and Population Vulnerability

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Describe terminology associated with health equity and population health.
- Discuss the relationship among the concepts of determinants of health, health status and contributing factors to health disparities.

• Describe vulnerable population groups and the ways in which these populations experience health disparities.

• Summarize models, approaches, and policies that support the reduction of health disparities and improvement of population health outcomes.

• Discuss programs that nurses can use to improve health status and eliminate health disparities of vulnerable populations, including governmental, community, and private programs.

- Defining health equity and population health
- Health determinants
- Vulnerability
- Reducing disparities and improving population health outcomes
- Assessing, planning, and implementing care for vulnerable populations
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# Learning Activities:

Read Stanhope, M., & Lancaster, J. (2025). Chapter 6. Discussion Board: Clinical Decision-Making Activities

# Unit 7: Effects of the Environment on Population Health

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Explain the relationship between the environment and human health and disease.
- Understand the key disciplines that inform nurses' work in environmental health.
- Discuss the purpose and methods of environmental health assessments conducted by nurses.
- Compare hazardous environmental exposures through various mediums.
- Appraise ways to increase risk awareness and reduce risk of exposure to environmental hazards.
- Examine environmental protection standards and policies and the nurse's role in advocating for environmental health.

Learning Content:

- Introduction to environmental health
- Environmental health sciences
- Environmental health assessments
- Environmental exposure by media
- Environmental protection standards, policies, and advocacy
- Environmental

# Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 7. Discussion Board: Clinical Decision-Making Activities

# Unit 8: Population-Centered Nursing in Rural and Urban Environments

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Describe definitions and characteristics of rural communities, including the rural-urban

continuum.

• Discuss population characteristics, health status, and health care delivery issues for rural populations.

• Summarize the role and scope of public health nursing practice in rural and underserved areas.

• Summarize future needs for caring for rural communities.

• Describe two professional-client-community partnership models that can effectively provide a continuum of health care to residents living in an environment with sparse resources.

Learning Content:

- History and definitions
- Rural health perspectives
- Nursing care in rural environments
- Future perspectives
- Building professional-community-client partnerships in rural settings

## Learning Activities:

Read Stanhope, M., & Lancaster, J. (2025). Chapter 8. Discussion Board: Clinical Decision-Making Activities

# **Unit 9: Application of Ethics in the Community**

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Examine the incorporation of ethics and bioethics into public health and nursing practice from a historical perspective.
- Analyze ethical decision-making processes.
- Examine the ethics inherent in the core functions of public health nursing.

• Analyze codes of ethics for nursing and for public health and the ethics of advocacy in these fields

- Ethics and bioethics: Relationship to nursing and public health history
- Ethical decision-making: Principles and theories
- Ethics and the core functions of population-centered nursing practice
- Codes of ethics and advocacy

<u>Learning Activities</u>: Read: Stanhope, M., & Lancaster, J. (2025). Chapter 9. Discussion Board: Clinical Decision-Making Activities

# Unit 10: Impact of Health Policy on Care Delivery

# Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Define policy and its relationship to population health.
- Explain the structure of the U.S. government and its role in policy.
- Describe how policy frameworks can aid the policy making process.
- Summarize the functions of governmental agencies in the policy making process and their impact on public health and nursing.
- Contrast federal health and non-health agencies that influence health.

• Describe how nurses and nursing organizations can participate in legislative and regulatory processes to influence health policy.

# Learning Content:

- Introduction to policy
- The government's role in policy making
- Health policy frameworks
- Government health policy functions
- Government agencies that influence health
- Nursing and the policy process
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Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 10. Discussion Board: Clinical Decision-Making Activities

# Unit 11: Evidence-Based Practice

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Describe how the concept and practice of evidence-based practice (EBP) has developed over time.

- Discuss facilitators and barriers to evidence-based practice.
- Summarize the steps of the EBP process and types of evidence used in EBP.

• Summarize approaches and considerations in implementing EBP in nursing, public health, and with communities.

• Give examples of applications of evidence-based practice in public health nursing.

## Learning Content:

- Development of the concept of evidence-based practice
- Facilitators and barriers to evidence-based practice
- Evidence-based practice process and evidence Implementation approaches and considerations
- Examples of application of evidence-based practice to public health nursing

## Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 11. Discussion Board: Clinical Decision-Making Activities

# Unit 12: Population-Based Public Health Nursing Practice: The Intervention Wheel

## Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Summarize the purpose, origins, and evolution of the Intervention Wheel.
- Describe the assumptions underlying the Intervention Wheel.
- Identify the components of the Intervention Wheel.
- Recognize the adoption and dissemination of the Intervention Wheel, including its relationship to Healthy People 2030 objectives.
- Apply the nursing process at three levels of practice.

# Learning Content:

- Intervention wheel: Use and development
- Assumptions underlying the intervention wheel
- Components of the model
- Adoption of the intervention wheel
- Applying the nursing process in public health nursing practice
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#### Learning Activities:

Read Stanhope, M., & Lancaster, J. (2025). Chapter 12. Discussion Board: Clinical Decision-Making Activities

# Unit 13: Genomics in Public Health Nursing

# Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Discuss the history of genomics and its integration into public health nursing.
- Discuss the role of public health and the challenges of genomics in screening for risk for cancer.
- Examine current issues in genomics and genetics in population health.
- Explain the core competencies related to genomics that nurses should integrate into their practice

# Learning Content:

- Introduction to genomics
- Genomics and screening for risk of cancer
- Current issues in genomics and genetics
- Genomic competencies for nurses
- The future

# Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 13. Discussion Board: Clinical Decision-Making Activities

# Unit 14: Epidemiology

# Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Describe the field of epidemiology, including key definitions and historical perspectives on its development.
- Describe key concepts of epidemiologic models and social epidemiology.
- Discuss epidemiologic considerations of screening and surveillance, including the reliability and validity of screening data obtained.
- Describe basic epidemiologic methods, including data collection, rate adjustment, and the use of comparison groups.
- Examine how epidemiology is used in studying the health of populations and evaluating public health interventions.

- Introduction to epidemiology
- Basic concepts in epidemiology

- Screening and surveillance
- Basic methods in epidemiology
- Applications of epidemiology

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Learning Activities:

Read Stanhope, M., & Lancaster, J. (2025). Chapter 14. Discussion Board: Clinical Decision-Making Activities

# **Unit 15: Infectious Disease Prevention and Control**

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Discuss the historical and current impact and threats of infectious diseases on society.

• Discuss the transmission of communicable diseases, including the factors of the epidemiologic triangle, modes of transmission, disease development, and disease spectrum.

- Describe the surveillance of communicable diseases.
- Discuss the factors contributing to newly emerging or reemerging infectious diseases.
- Explain how the three levels of prevention and multisystem approaches support overarching goals for preventing and controlling infectious disease.
- Examine the characteristics and prevention of various types of infectious diseases

# Learning Content:

- Introduction to infectious disease
- Transmission of communicable diseases
- Surveillance of communicable diseases
- Emerging and ongoing population-level infectious diseases
- Prevention and control of infectious disease
- Types if infectious diseases

# Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 15. Discussion Board: Clinical Decision-Making Activities

# **Unit 16: Communicable and Infectious Disease Risks**

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Describe the natural history, transmission, epidemiologic trends, screening,

management, and community impact of HIV infection and AIDS.

• Discuss the epidemiology, clinical manifestations, prevention, and treatment of sexually transmitted diseases.

- Discuss the epidemiology, transmission, clinical manifestations, prevention, and treatment of hepatitis infections.
- Discuss the epidemiology, diagnosis, and treatment of tuberculosis.
- Evaluate nursing activities to prevent and control selected communicable diseases

# Learning Content:

- Human immunodeficiency virus infection
- Sexually transmitted diseases
- Hepatitis
- Tuberculosis
- Nurse's role in providing preventive care for communicable diseases
- •

# Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 16. Discussion Board: Clinical Decision-Making Activities

# Unit 17: Partnerships for Population Health Care Interventions

# Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Differentiate the characteristics and elements of partnerships in nursing for population-centered health care.
- Examine how evidence-based nursing partnerships have been shown to impact and improve population health.

• Analyze tools that contribute to successful partnerships for population-centered health care

# Learning Content:

- Community partnerships and population health
- Nursing community partnerships and health equity for population health
- Tools for building effective community partnerships
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# Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 17.

Discussion Board: Clinical Decision-Making Activities

# **Unit 18: Promoting Healthy Populations**

## Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Examine the history of the Healthy Communities initiative, related terminology, and assumptions about community practice.

• Examine the Healthy Communities initiative in the United States and globally.

• Examine the principles and models used when working with communities to improve the health of a population

# Learning Content:

- History and definitions
- Healthy communities in the United States and globally
- Developing a healthy community
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 18. Discussion Board: Clinical Decision-Making Activities

# **Unit 19: Assessment and Analysis of Client Populations**

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Explain the importance of community assessment in nursing practice and define community.

• Examine the concept of Community as Client and the nurse's role in caring for the community.

• Compare data sources, data collection methods, and models of community assessment.

• Explain the nursing process to create a community assessment for a selected community

- Introduction to community assessment
- Community as client

- Community assessment
- How to conduct a community assessment
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 19. Discussion Board: Clinical Decision-Making Activities

**Unit 20: Building a Culture of Health to Influence Health Equity Within Populations** Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Describe a culture of health and health promotion in the context of health equity.
- Describe terms related to health equity and the historical context of these concepts.
- Describe evidence-based practice using health promotion models at multiple levels of the client system: individual, interpersonal, community, and population.

• Analyze participatory approaches and the interrelationships among communities, populations, and interprofessional health care providers in the application of health promotion strategies for communities and populations.

• Appraise the application of interprofessional population health interventions.

# Learning Content:

- Robert Wood Johnson foundation culture of health
- Definitions and historical perspectives
- Health promotions models and frameworks
- The ecological approach to health promotion and health equity
- Interprofessional application to nursing and public health
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 20. Discussion Board: Clinical Decision-Making Activities

# Unit 21: The Nurse-Led Health Center: A Model for Community Nursing Practice

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

- Describe the history and focus of nurse-led health centers and fundamental interventions provided by these centers.
- Differentiate between three types of nurse-led models of care: Comprehensive Primary Health Care Centers, Special Care Centers, and Wellness Centers.
- Describe the roles and responsibilities of collaborative team members and other key

roles in the nurse-led health center.

- Determine the feasibility of establishing and sustaining a nurse-led center.
- Examine approaches for evaluating and sustaining a nurse-led health center program

Learning Content:

Learning Content:

- Overview
- Nurse-led models of care
- The team of a nurse-led center
- Starting a nurse-led clinic
- Evaluating and sustaining a nurse-led health center

Learning Activities: Read: Stanhope, M., & Lancaster, J. (2025). Chapter 21. Discussion Board: Clinical Decision-Making Activities

# Unit 22: Public Health Nursing Practice and the Disaster Management Cycle

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Discuss the scope and effects of natural and human-made disasters.
- Discuss how disasters, both human-made and natural, affect people and their communities.
- Identify government agencies, laws, and guidelines related to disaster-preparedness, including need for nurses and Healthy People 2030 objectives.
- Discuss the role of nursing roles in each phase of the disaster management cycle.

Learning Content:

- Defining disasters
- Disaster facts
- National disaster planning and response: A health-focused overview
- The disaster management cycle and nursing role
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 22. Discussion Board: Clinical Decision-Making Activities

## Unit 23: Public Health Surveillance and Outbreak Investigation

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Describe disease surveillance, including purpose, collaboration, competencies, data sources, and international health regulations.

- Discuss requirements for reporting diseases.
- Discuss requirements for defining cases.
- Differentiate among the types of surveillance systems.
- Describe the steps for planning and conducting an outbreak case investigation.

#### Learning Content:

- Disease surveillance
- Notifiable diseases
- Types of surveillance systems
- The investigation

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 23. Discussion Board: Clinical Decision-Making Activities

#### **Unit 24: Program Management**

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

- Discuss foundations of community health program planning and evaluation, including related terminology, historical perspectives, and goals and benefits.
- Compare and contrast community assessments and population need assessments as they relate to program planning.
- Analyze the application of the program planning process to population health nursing.
- Analyze the components of program evaluation methods, techniques, aspects, and sources.
- Compare advanced program planning methods and evaluation models.
- Discuss the funding of health programs, including the nurse's role in grant writing.

- Program planning overview
- Assessment of need
- Planning process
- Program evaluation

- Advanced planning methods and evaluation models
- Program funding

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 24. Discussion Board: Clinical Decision-Making Activities

# Unit 25: Health Care Improvement in the Community

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Discuss historical and current contexts for the development of quality management initiatives in health care.

- Assess nursing roles and contributions to quality health care improvement.
- Discuss concepts, goals, and approaches of quality management in health care.
- Examine the models, methods, standards, and guidelines used to guide public health quality improvement.

• Summarize key steps in the process of health care performance improvement.

Learning Content:

- Health care performance improvement in the United States
- Health care quality and nursing practice
- Definitions, goals and approaches
- Quality improvement in public health
- Key steps in the health care improvement process

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 25. Discussion Board: Clinical Decision-Making Activities

# **Unit 26: Management of Populations**

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

- Explain the concepts of population health and population health management.
- Specify the competencies and roles of nursing in the management of population health.
- Discuss interventions nurses use to manage the health of a population.

Learning Content:

- Population health
- Nursing and population health
- Exemplars of population health and population health management
- •

Learning Activities: Read: Stanhope, M., & Lancaster, J. (2025). Chapter 26. Discussion Board: Clinical Decision-Making Activities

# Unit 27: Working With Family Populations With Health Risks for Healthy Outcomes

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Discuss the concept of families and their influence on health.
- Differentiate among the four approaches to family nursing.
- Compare theoretical frameworks nurses use when working with the family in the community.
- Discuss concepts related to family health risks and risk reduction.
- Describe the impact of social and family policy on public health nursing practice.

Learning Content:

- Introduction to families
- Four approaches to family nursing
- Theories for working with families in the community
- Family health risks
- Advocacy through policy
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 27. Discussion Board: Clinical Decision-Making Activities

## Unit 28: Maternal, Child, and Adolescent Populations

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Discuss the key terms, approaches, and epidemiologic health indicators of health outcomes for the maternal, child, and adolescent populations.

• Analyze social determinants of health and health inequities for maternal, child, and adolescent populations.

• Examine nursing and interprofessional strategies to promote and maintain the health of maternal, child, and adolescent populations.

## Learning Content:

- Overview: Maternal, child, and adolescent populations
- SDOH: Application to maternal, child and adolescent populations
- Health outcomes of focus: Strategies for wellness

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 28. Discussion Board: Clinical Decision-Making Activities

# Unit 29: Major Health Issues and Chronic Disease Management of Adults Across the Life Span

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Examine historical perspectives, health policy, and health status indicators related to health issues for adults.

- Describe the prevalence, characteristics, and impact of major adult health concerns.
- Recognize the prevalence, characteristics, and impact of various women's health issues and men's health issues.

• Discuss health disparities affecting special populations of adults, including the role of the population-focused nurse in addressing them.

• Describe community-based and population health care models for adults with chronic illnesses, including nursing roles.

- Introduction to adult health issues
- Adult health concerns

- Health concerns by sex
- Health disparities among special groups of adults
- Community and public health models
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 29. Discussion Board: Clinical Decision-Making Activities

# Unit 30: The Homeless and Populations in Poverty

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Examine the concept of poverty, historical context, and factors that influence poverty.
- Discuss the current demographics and contributors of poverty among various vulnerable populations.
- Describe the relationship between poverty, toxic stress, and lifelong adverse health effects.
- Analyze the concept of homelessness.
- Discuss the impact of homelessness on the health and well-being of vulnerable populations across the life span.

• Discuss the challenges and the unique role of nurses in providing care and advocacy for the poor and homeless.

Learning Content:

- Overview of poverty
- The changing demographics and contributors to poverty
- Poverty and health: The impact of toxic stress
- Defining and understanding the concept of homelessness
- Impact of homelessness
- Unique roles of the nurse

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Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 30. Discussion Board: Clinical Decision-Making Activities

## Unit 31: Immigrant and Migrant Health Issues

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Describe conditions leading to immigrants, migrants, and refugees to go to the United States and the challenges public health nurses face in caring for these populations.

• Discuss the definitions and statistics related to immigrant and migrant populations.

• Discuss the pertinent issues related to immigrant and migrant populations and implications for public health nurses.

• Describe occupational and common health problems of migrant farmworkers, immigrants, refugees, and their families and the barriers to securing health care.

• Discuss the use of community health workers and the role of nurses in caring for immigrant, refugee, and migrant populations.

Learning Content:

- Introduction
- Definitions and statistics
- Pertinent issues
- Health
- Caring for immigrant, refugee, and migrant populations

Learning Activities: Read: Stanhope, M., & Lancaster, J. (2025). Chapter 31. Discussion Board: Clinical Decision-Making Activities

# Unit 32: Mental Health Issues

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Examine critical factors that worsen the mental health crisis in the United States.

• Summarize the scope of mental illness in the United States, including movements that have influenced the advancement of treatment of mental illnesses.

• Explain community health care systems, services, and models and the evolution of community mental health care.

• Describe the role of the community mental health nurse with individuals and with groups at risk for psychiatric mental health problems.

• Examine current and future perspectives in mental health care in the United States.

• Examine national objectives for improving mental health for populations across the life span.

## Learning Content:

- A mental health crisis: Critical factors compounding the crisis
- Scope of mental illnesses in the United States
- Systems and evolution of community mental health care
- Role of the nurse in community mental health
- Current and future perspectives in mental health care
- National objectives for mental health services
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 32. Discussion Board: Clinical Decision-Making Activities

# Unit 33: Alcohol, Tobacco, and Other Drug Problems

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Discuss historical and current perspectives on alcohol, tobacco, and other drug problems, including attitudes toward users, shifts in public health approaches, and associated terminology.

- Compare psychoactive drugs that are most used and/or cause the greatest harm.
- Identify etiologic factors of drug use and abuse by individuals and models of addiction.

• Examine appropriate nursing interventions and community resources associated with treatment of alcohol, tobacco, and drug addiction.

• Examine outcomes of prevention interventions for alcohol, tobacco, and drug addiction.

Learning Content:

- Alcohol, tobacco, and other drug problems in perspective
- Psychoactive drugs
- Predisposing/contributing factors
- Primary, secondary, and tertiary prevention and the role of the nurse
- Outcomes

Learning Activities: Read: Stanhope, M., & Lancaster, J. (2025). Chapter 33. Discussion Board: Clinical Decision-Making Activities

## Unit 34: Violence and Human Abuse

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Examine social and community factors that influence violence and human abuse in the United States.

- Examine common sources of violence against individuals or oneself.
- Describe the scope, development, and types of intimate partner and family violence.

• Discuss the primary, secondary, and tertiary prevention nursing interventions in caring for families dealing with issues of violence.

Learning Content:

- Social and community factors influencing violence
- Violence against individuals or oneself
- Family violence and abuse
- Nursing interventions
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 34. Discussion Board: Clinical Decision-Making Activities

# Unit 35: Advanced Nursing Practice in the Community

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Discuss focus, competencies, education preparation, and credentialing of advanced nursing practice in the community, including related terminology and historical perspectives.

• Compare and contrast the various role functions of population-focused ANPs in public health.

- Compare and contrast the various practice arenas of population-focused ANP.
- Explore current issues and concerns related to public health nursing practice.

- Introduction
- Advanced practice roles
- Arenas for practice
- Issues and concerns

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Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 35. Discussion Board: Clinical Decision-Making Activities

# Unit 37: The Nurse in the Schools

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

• Describe the historical and current role of school nurses in improving the health of populations.

• Explain the strengths school nurses have in partnering with communities to bring about healthy changes.

• Describe examples of school nurse population interventions using the Health Impact Pyramid.

• Analyze the actions needed to maximize school nurse impact on the health of school and community populations.

Learning Content:

- School nursing is population health
- Culture of health and schools
- Health impact pyramid and school nursing interventions
- Maximizing the investment in school nurses for population health

•

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 37. Discussion Board: Clinical Decision-Making Activities

# Unit 38: The Nurse in Occupational Health

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

- Discuss the scope of practice, history, and roles in occupational health nursing.
- Discuss current trends affecting the health of the US workforce.

• Apply the components of the Epidemiologic Triangle to explain interrelationships between work and health.

• Examine the use of occupational health and safety programs, including the role of nurses and related legislation.

Learning Content:

- Overview
- Workers as a population aggregate
- Application of the epidemiologic model
- Promoting worker health and safety
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 38. Discussion Board: Clinical Decision-Making Activities

# Unit 39: Forensic Nursing in the Community

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Describe forensic nursing roles and actions that illustrate the need for specialty, including injury prevention, national objectives, and levels of prevention.

- Examine forensic nursing as a specialty area in the community.
- Describe educational paths and key competencies of forensic nursing.
- Discuss current perspectives of forensic nursing.

Learning Content:

- Perspectives on forensics and forensic nursing
- Development and preparation for forensic nursing
- Community perspectives

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 39. Discussion Board: Clinical Decision-Making Activities

# Unit 40: The Nurse in Faith Populations

Unit Student Learning Outcomes: Upon completion of this unit, the student will be expected to:

• Discuss how faith community nurses support community wellness and the history of

this specialty area.

• Describe faith community nursing, included the population served, services provided, educational requirements, and role of the nurse.

• Examine models and interventions of faith community nursing.

• Examine professional, documentation, legal, and financial issues of faith community nursing practice.

• Compare and contrast various models of care that support faith community nursing.

Learning Content:

- Overview
- Defining the practice of faith community nursing
- Faith community nursing models and interventions
- Issues in faith community nursing practice
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 40. Discussion Board: Clinical Decision-Making Activities

# Unit 41: Public Health Nursing at Local, State, and National Levels

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- Examine public health, public health system, public health nursing, and local, state, and national roles.
- Identify trends in public health and in public health nursing in historical and current contexts.
- Examine the scope and standards, roles, and education requirements for public health nursing practice.
- Give examples of practice models in public health nursing.

• Explain the functions of public health nursing on addressing the needs and resources of an area.

Learning Content:

- Roles of local, state, and federal public health agencies
- History and trends in public health
- Scope, standards, and roles of public health nursing
- Models of public health nursing practice
- Functions of public health nurses
- •

Learning Activities:

Read: Stanhope, M., & Lancaster, J. (2025). Chapter 41. Discussion Board: Clinical Decision-Making Activities

#### Appendix A

#### Community Health Care Plan and Summary Assignment

The community health project includes the community care plan and a project summary. The student will conduct a windshield survey of a selected community and research local government websites to confirm data about the selected community and choose a specific social determinant that pertains to that community. The student will utilize the Future of Nursing: Campaign for Action Equity Toolkit (Campaign for Action, 2020) to create a plan of care including assessment, diagnosis, plan, implementation, and will provide an evaluation the specified social determinant in the community. The summary will include a minimum of three evidence-based references regarding care given for the social determinant by multiple disciplines. Also, the student will summarize three levels of prevention regarding the social determinant.

Criteria	Meets	Needs	Does Not
	Expectati	Improvem	Meet
	ons	ent	Expectati
	12-13	8-9	ons
			0-4
Summary: The	Summary of the	Summary	Summary does
student summarizes	windshield	supports social	not support
the data collected	survey supports	determinant	selected social
from the windshield	the identified	identified but	determinant.
survey about their	social	lacks cited data to	
selected community	determinant.	support social	
and identifies a social	Cited data	determinant.	
determinant.	supports social		
	determinant		
Social determinant:	Social	Social	Social
The social	determinant is	determinant is	determinant is
determinant is	defined and	defined and	defined and
defined and is	supported by	supported by	supported by
supported by a	three evidenced	three evidenced	three evidenced
minimum of three	based	based references.	based
evidence-based	references.		references.

#### Community Health Project and Summary

		Questions remain
		about the health
		impact and or
		levels of
three evidenced		prevention
based	based references.	
references.		
Community	Community	Questions remain
challenges and	challenges and	about the health
resources are	resources are	impact and or
identified and	identified but lack	levels of
supported by	cited data to	prevention
cited data.	support	
Community	Community	Questions remain
partners are	partners are	about how
identified	identified but	community
rationale	rationale does not	partners.
supports why	support why they	
they would be a	would be a key	
key stakeholder	stakeholder.	
for identified		
	references. Community challenges and resources are identified and supported by cited data. Community partners are identified rationale supports why they would be a key stakeholder	determinant is defined and supported by three evidenced based references.determinant is defined and supported by three evidenced based references.Community challenges and resources are identified and supported by cited data.Community challenges and resources are identified but lack cited data.Community partners are identified rationale supports why they would be a key stakeholderCommunity partners are identified but support why they would be a key stakeholder.

kev stakeholder.	determinant.		
key stakeholder. Identification of three smart goals based on social determinant: Create three SMART goals utilizing evidence- based data that will support the coalition's efforts to reduce the risk of the social determinant.	determinant. Three smart goals are identified but lacks support of evidenced based data.	Three smart goals are identified but lacks support of evidenced based data.	Smart goals are not related to the social determinant/and or lack data to support
(Provider of Patient- Centered Care).	Identifies 2	Identifies 2	Identifies 2
on: Patient Safety Advocate) The student identifies two interventions/actions for each of the three goals implements: What actions would your coalition implement to achieve your SMART goals and why? (Provider of Patient-Centered Care)	interventions for each goal rationale is given along actions by coalition (partners)	interventions for each smart goal but lacks rationale/or actions by coalition (partners)	interventions for each smart goal but lacks rationales and actions by coalition (partners)
Projected evaluation of goals: What policy suggestions could you make as a result of your effort? Evaluate Impact: What health outcomes and behaviors are projected to change as a result of the work? (Provider of Patient-Centered Care)	Policy is suggested but lacks health outcomes or behaviors expected to change are projected.	Policy is suggested but lacks health outcomes or behaviors expected to change are projected.	Policy is suggested, but lacks health outcomes and behaviors expected to change are