



**PSYC-2301-102CL**  
**General Psychology**  
**Spring 2024**  
**Monday/Wednesday 8:00a – 9:20p**

**Instructor Information**

**Name:** Douglas A. Alvarez, M.A.

**E-mail:** DAlvarez6@com.edu

**Phone:** (409) 933-8435

**Student hours and location**

Monday: 10:00am – 11:00am

Tuesday: 9:30am – 11:00am

Wednesday: 9:30am – 11:00am

Thursday: 9:30am – 11:00am

Friday: Online by appointment or email

Weekends: By email

**Office Location**

Social and Behavioral Sciences Department, LRC Bldg., Suite A Room 228

**Required Textbook:**

Psychology 2e, by Rose M. Spielman, William J. Jenkins, Marilyn D. Lovett; published by OpenStax.

**Course Description:**

General Psychology is a survey of the major psychological topics, theories and approaches to the scientific study of behavior and mental processes. Prerequisites: TSIA2 945-990 ELAR/CRC test AND 5 or higher on Essay OR 910-944 on CRC with 5-6 on Diagnostic Test + 5 or higher on Essay, or IRW 0320 with a grade of "C" or better. This is an academic transfer course.

## Determination of Course Grade

### Class Discussions and Attendance (10%):

Because class discussion and in-class exercises are critical to the learning process, they will count as a portion of your final grade. PLEASE BE ON TIME FOR CLASS. Attendance will be taken within the first 10 minutes of class, anyone showing up to class after attendance has been taken will be considered absent. This not only provides for an opportunity to participate in class discussion, but also provides a relatively easy way for students to earn points toward a higher grade.

### Chapter Quizzes (20%):

Quizzes will be assigned for most chapters and will cover textbook, lecture, videos, class demonstrations, and handouts. Assigned quizzes will be given at the completion of a chapter and will be due by Sunday of the assigned week. There are **NO Make-up Quizzes**.

I will **DROP YOUR LOWEST 2 Quiz Grades** to account for any technical problems and/or missed attempts. The remainder of your quiz grades will be used to calculate the quiz percentage that will be applied to calculate your final grade.

### Writing Assignments (20%):

Weekly Writing assignments will be assigned for most chapters. Writing Assignments will be completed on Brightspace and be due on Sunday of the assigned week.

Writing assignments will have extra credit opportunities built into them for students to complete.

All students must complete the Writing Assignments by the scheduled date. There are **NO Make-up Writing Assignments**.

**NOTE:** Only **SIX** (6) of the Writing Assignments will ultimately be graded. Three assignments will be chosen from the first 8 weeks and three will be chosen from the last 8 weeks. These 6 Writing Assignment grades will be used to calculate the percentage that will be applied to calculate your final grade.

More information and detailed instructions about the writing assignments will be provided through Brightspace.

### Oral Exams (20% = 10% Oral Exam 1 + 10% Oral Exam 2):

Students will be required to complete 2 oral exams during the semester. Students will be provided a set of questions prior to the exams and one question will be selected at random for the student to answer.

Students should be able to answer the questions in such a way that a person with no knowledge of the topic would be able to grasp the concept being discussed. This exam will be administered privately by the instructor. In some cases (e.g., large class sizes), exams will be done outside of class time and students will have to set up an appointment to complete the oral exams.

Appointments should preferably be done during office hours, but if student is unavailable, accommodations will be made.

There will be **NO MAKE UP ORAL EXAMS.**

During the administration, a question will be selected at random, and students will be given one minute to prepare their thoughts and five minutes to answer the question.

Notes should be used during the one minute of preparation time and should not be heavily relied on during the 5 minutes of answering.

**Research Project (30%):**

Each student will be required to complete a research project. The project will include a written and an oral component. This assignment will help students examine some of the ethical issues within psychology and identify how these impact our society on the community, state and national level. Further, this presentation will allow students to examine the importance of being knowledgeable of their own personal biases and/or stereotypes, and how they can be more informed in their future interactions.

Students **may choose their topic or one will be assigned.** Examples of research paper topics include, but are not limited to, Gender and Sexuality, Sexual Orientation: Nature vs. Nurture, Living with Psychological Disorders. Grading Rubric and more detailed information will be provided after according to the course schedule/calendar.

**Extra Credit (Optional):**

Extra Credit opportunities will be provided throughout the semester for students to earn points toward a higher grade. All extra credit must be approved by the instructor and turned in prior to Week 13.

### Detailed Grading Formula

<b>Grading Breakdown</b>	
<b>Coursework</b>	<b>Percent</b>
CLASS DISCUSSION	5
ATTENDANCE	5
CHAPTER QUIZZES	20
WRITING ASSIGNMENTS	20
ORAL EXAMS	20
RESEARCH PROJECT	30
TOTAL POSSIBLE	100

<b>Attendance</b>	
<b>Absences</b>	<b>Points Deducted</b>
0	- 0
1	- 5
2	- 10
3	- 15
4	- 30
5	- 40
6 OR MORE	- 100

<b>Grading Computation</b>	
<b>Letter Grade</b>	<b>Percent</b>
<b>A</b>	90 OR MORE
<b>B</b>	80 - 89
<b>C</b>	70 – 79
<b>D</b>	60 – 69
<b>F</b>	59 OR LESS

#### **Make-Up Policy**

**Failure to complete an assignment:** All assignments will be due by the date assigned by the professor. **NO LATE ASSIGNMENTS WILL BE ACCEPTED.**

#### **Attendance Policy:**

Because class discussion, in-class exercises, and out of class work are critical to the learning process, attendance will count towards your final grade and consist of attendance to classes and classroom participation.

**PLEASE BE ON TIME FOR CLASS.** Attendance will be taken within the **FIRST 10 MINUTES** of class, anyone showing up to class after attendance has been taken **WILL** be considered absent. On time attendance not only provides for an opportunity to participate in class discussion, but also provides a relatively easy way for students to earn points toward a higher grade. **No distinction will be made between excused vs. unexcused absences.**

**Communicating with your instructor:** ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information

about performance in the class through other electronic means. (Faculty may add additional statement requiring monitoring and communication expectations via Brightspace or other LMS)

<b>Student Learner Outcome</b>	<b>Maps to Core Objective</b>	<b>Assessed via this Assignment</b>
1. Identify various research methods and their characteristics used in the scientific study of psychology	Empirical and Quantitative	Writing Assignments, Quizzes and Exams
2. Describe the historical influences and early schools of thought that shaped the field of psychology	Critical Thinking	Writing Assignments, Quizzes and Exams
3. Describe some of the prominent perspectives and approaches used in the study of psychology	Critical Thinking	Writing Assignments, Quizzes and Exams
4. Use terminology unique to the study of psychology	Communication Skills (Oral) Communication Skills (Written)	Writing Assignments, Quizzes, Presentation and Exams
5. Describe accepted approaches and standards in psychological assessment and evaluation	Empirical and Quantitative	Writing Assignments, Quizzes, Exams, Presentation
6. Identify factors in physiological and psychological processes involved in human behavior	Critical Thinking	Writing Assignments, Quizzes, Presentation and Exams
7. (CS1) Develop, interpret and express ideas through written communication	Communication Skills (Written)	Writing Assignments, Presentation and Exams (Short Answers)
8. (CS2) Develop, interpret and express ideas through oral communication	Communication Skills (Oral)	Writing Assignments, Classroom Discussions and Presentation
9. (SR) Demonstrate intercultural competence, knowledge of civic	Social Responsibility	

responsibility and the ability to engage effectively in regional, national, and global communities.		Writing Assignments and Presentation
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**Academic Dishonesty:**

Any incident of academic policy will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty – such as cheating on exams is an extremely serious offense and will result in a **grade of zero** on that exam and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

**Plagiarism:** Plagiarism is using someone else’s words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else’s words without giving proper citation, copying directly from a website and pasting it into your paper, using someone else’s words without quotation marks. Any assignment containing any plagiarized material will receive a **grade of zero** and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

**Link(s) to resource(s) about avoiding plagiarism:**

<https://owl.english.purdue.edu/owl/resource/589/02/>

<http://en.writecheck.com/ways-to-avoid-plagiarism/>

**Student Concerns:** If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Dr. Shinya Wakao at 409-933-8107 or [swakao@com.edu](mailto:swakao@com.edu).

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**Tentative Course Outline - Students are responsible for any and all schedule changes**

WK	M/W	T/TH	TOPICS	ASSIGNMENTS
1	No School	1/16	<input type="checkbox"/> Syllabus and Course Introduction	<input type="checkbox"/> Syllabus Quiz <input type="checkbox"/> Ch. 1 Quiz <input type="checkbox"/> Ch. 1 Writing Assignment
	1/17	1/18	<input type="checkbox"/> Chapter 1 Introduction to Psychology <input type="checkbox"/> Chapter 2 Psychological Research	<input type="checkbox"/> Ch. 2 Quiz <input type="checkbox"/> Ch. 2 Writing Assignment
2	1/22	1/23	<input type="checkbox"/> Chapter 3 Biopsychology	<input type="checkbox"/> Ch. 3 Quiz
	1/24	1/25		<input type="checkbox"/> Ch. 3 Writing Assignment
3	1/29	1/30	<input type="checkbox"/> Chapter 4 States of Consciousness	<input type="checkbox"/> Ch. 4 Quiz
	1/31	2/1		<input type="checkbox"/> Ch. 4 Writing Assignment
4	2/5	2/6	<input type="checkbox"/> Chapter 5 Sensation and Perception	<input type="checkbox"/> Ch. 5 Quiz
	2/7	2/8		<input type="checkbox"/> Ch. 5 Writing Assignment
5	2/12	2/13	<input type="checkbox"/> Chapter 6 Learning	<input type="checkbox"/> Ch. 6 Quiz
	2/14	2/15		<input type="checkbox"/> Ch. 6 Writing Assignment
6	2/19	2/20	<input type="checkbox"/> Chapter 7 Thinking and Intelligence	<input type="checkbox"/> Ch. 7 Quiz
	2/21	2/22		<input type="checkbox"/> Ch. 7 Writing Assignment
7	2/26	2/27	<input type="checkbox"/> Chapter 9 Lifespan Development	<input type="checkbox"/> Ch. 9 Quiz
	2/28	2/29		<input type="checkbox"/> Ch. 9 Journal Assignment
8	3/4	3/5	<input type="checkbox"/> Chapter 10 Emotion and Motivation <input type="checkbox"/> ORAL EXAM 1	<input type="checkbox"/> Ch. 10 Quiz
	3/6	3/7		<input type="checkbox"/> Ch. 10 Journal Assignment
<b>Spring Break: College Closed 3/11-3/17</b>				
9	3/18	3/19	<input type="checkbox"/> Chapter 11 Personality	<input type="checkbox"/> Ch. 11 Quiz
	3/20	3/21		<input type="checkbox"/> Ch. 11 Journal Assignment
10	3/25	3/26	<input type="checkbox"/> Chapter 12 Social Psychology	<input type="checkbox"/> Ch. 12 Quiz
	3/27	3/28		<input type="checkbox"/> Ch. 12 Journal Assignment
11	4/1	4/2	<input type="checkbox"/> Chapter 14 Stress, Lifestyle, and Health	<input type="checkbox"/> Ch. 14 Quiz
	4/3	4/4		<input type="checkbox"/> Ch. 14 Journal Assignment
12	4/8	4/9	<input type="checkbox"/> Chapter 15 Psychological Disorders	<input type="checkbox"/> Ch. 15 Quiz
	4/10	4/11		<input type="checkbox"/> Ch. 15 Journal Assignment
13	4/15	4/16	<input type="checkbox"/> Chapter 16 Therapy and Treatment <input type="checkbox"/> ORAL EXAM 2	<input type="checkbox"/> Ch. 16 Quiz
	4/17	4/18		<input type="checkbox"/> Ch. 16 Journal Assignment
14	4/22	4/23	<input type="checkbox"/> Presentations	
	4/24	4/25		
15	4/29	4/30	<input type="checkbox"/> Presentations	
	5/1	5/2		
16	5/6	5/7	<input type="checkbox"/> Presentations	
	5/8	5/9		

### **Make-Up Policy**

**Failure to complete an assignment:** All assignments will be due by the date assigned by the professor. NO LATE ASSIGNMENTS WILL BE ACCEPTED.

## **Institutional Policies and Guidelines**

**Grade Appeal Process:** Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook [https://www.com.edu/student-services/docs/Student\\_Handbook\\_2023-2024\\_v2.pdf](https://www.com.edu/student-services/docs/Student_Handbook_2023-2024_v2.pdf). *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.*

**Academic Success & Support Services:** College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

**ADA Statement:** Any student with a documented disability needing academic accommodations is requested to contact Kimberly Lachney at 409-933-8919 or [klachney@com.edu](mailto:klachney@com.edu). The Office of Services for Students with Disabilities is located in the Student Success Center.

**Textbook Purchasing Statement:** A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Withdrawal Policy:** Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1<sup>st</sup> 8-week session is February 28. The last date to withdraw from the 16-week session is April 22. The last date to withdraw for the 2<sup>nd</sup> 8-week session is May 1. The last date to withdraw for spring mini session is May 29.

**FN Grading:** The FN grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an FN grade.

**Early Alert Program:** The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been



asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

**Resources to Help with Stress:**

If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here <https://www.com.edu/community-resource-center/>. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at [deanofstudents@com.edu](mailto:deanofstudents@com.edu) or [communityresources@com.edu](mailto:communityresources@com.edu).