



**PSYC-2301-106CL
General Psychology
Spring 2023
Monday/Wednesday 12:30p – 1:50p**

Instructor Information

Name: Douglas A. Alvarez, M.A.

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Phone: (409) 933-8435

Student hours and location

Monday: 10:00am – 11:00am

Tuesday: 9:30am – 11:00am

Wednesday: 9:30am – 11:00am

Thursday: 9:30am – 11:00am

Friday: Online by appointment or email

Weekends: By email

Office Location

Social and Behavioral Sciences Department, LRC Bldg., Suite A Room 228

Required Textbook:

Psychology in Everyday Life, 5th edition, by David G. Myers; published by Worth Publishers.

Course Description:

General Psychology is a survey of the major psychological topics, theories and approaches to the scientific study of behavior and mental processes. Prerequisites: TSIA2 945-990 ELAR/CRC test AND 5 or higher on Essay OR 910-944 on CRC with 5-6 on Diagnostic Test + 5 or higher on Essay, or IRW 0320 with a grade of "C" or better. This is an academic transfer course.

Determination of Course Grade

Class Discussions and Attendance (10%):

Because class discussion and in-class exercises are critical to the learning process, they will count as a portion of your final grade. PLEASE BE ON TIME FOR CLASS. Attendance will be taken within the first 10 minutes of class, anyone showing up to class after attendance has been taken will be considered absent. This not only provides for an opportunity to participate in class discussion, but also provides a relatively easy way for students to earn points toward a higher grade.

Chapter Quizzes (20%):

There will be a total of **13 Chapter Quizzes** and **1 syllabus quiz**. Quizzes will be assigned for most chapters and will cover textbook, lecture, videos, class demonstrations, and handouts. All Chapter Quizzes will be given following the completion of a chapter. All students must complete the quizzes on the scheduled date. There are **NO Make-up Quizzes**.

I will **DROP YOUR LOWEST 2 Quiz Grades**. The grades of your **10 BEST** Chapter Quiz Scores will be used to calculate your final grade.

Writing Assignments (40%):

There will be a total of **13 Writing Assignments**, with each having a maximum of 100 points. Writing assignments will be completed on Blackboard and be assigned for each chapter.

NOTE: The writing assignments will be posted at the start of the chapter with a due date. Please be sure to make time to complete the assignment before the due date.

All students must complete the assignments by the scheduled date. There are **NO Make-up assignments**. I will drop your two lowest Writing Assignment grades.

More information and detailed instructions about the writing assignments will be provided through Blackboard.

Research Project (30%):

Each student will be required to complete a research project. The project will include a written and an oral component. This assignment will help students examine some of the ethical issues within psychology and identify how these impact our society on the community, state and national level. Further, this presentation will allow students to examine the importance of being knowledgeable of their own personal biases and/or stereotypes, and how they can be more informed in their future interactions.

Students **may choose their topic or one will be assigned**. Examples of research paper topics include, but are not limited to, Gender and Sexuality, Sexual Orientation: Nature vs. Nurture, Living with Psychological Disorders. Grading Rubric and more detailed information will be provided after according to the course schedule/calendar.

Extra Credit (Optional):

Extra Credit opportunities will be provided throughout the semester for students to earn points toward a higher grade. All extra credit must be approved by the instructor and turned in prior to Week 13.

Detailed Grading Formula

Grading Breakdown	
Coursework	Percent
CLASS DISCUSSION & ATTENDANCE	10
CHAPTER QUIZZES	20
WRITING ASSIGNMENTS	40
RESEARCH PROJECT	30
TOTAL POSSIBLE	100

Attendance	
Absences	Points Deducted
0	- 0
1	- 5
2	- 10
3	- 15
4	- 30
5	- 40
6 OR MORE	- 100

Grading Computation	
Letter Grade	Percent
A	90 OR MORE
B	80 - 89
C	70 – 79
D	60 – 69
F	59 OR LESS

Make-Up Policy

Failure to complete an assignment: All assignments will be due by the date assigned by the professor. NO LATE ASSIGNMENTS WILL BE ACCEPTED.

Attendance Policy:

Because class discussion, in-class exercises, and out of class work are critical to the learning process, attendance will count towards your final grade and consist of attendance to classes and classroom participation.

PLEASE BE ON TIME FOR CLASS. Attendance will be taken within the **FIRST 10 MINUTES** of class, anyone showing up to class after attendance has been taken WILL be considered absent. On time attendance not only provides for an opportunity to participate in class discussion, but also provides a relatively easy way for students to earn points toward a higher grade. **No distinction will be made between excused vs. unexcused absences.**

Communicating with your instructor: ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means.

Student Learner Outcome	Maps to Core Objective	Assessed via this Assignment
1. Identify various research methods and their characteristics used in the scientific study of psychology	Empirical and Quantitative	Discussion Board Questions, Quizzes and Exams
2. Describe the historical influences and early schools of thought that shaped the field of psychology	Critical Thinking	Discussion Board Questions, Quizzes and Exams
3. Describe some of the prominent perspectives and approaches used in the study of psychology	Critical Thinking	Discussion Board Questions, Quizzes and Exams
4. Use terminology unique to the study of psychology	Communication Skills (Oral) Communication Skills (Written)	Discussion Board Questions, Quizzes, Presentation and Exams
5. Describe accepted approaches and standards in psychological assessment and evaluation	Empirical and Quantitative	Discussion Board Questions, Quizzes and Exams
6. Identify factors in physiological and psychological processes involved in human behavior	Critical Thinking	Discussion Board Questions, Quizzes, Presentation and Exams
7. (CS1) Develop, interpret and express ideas through written communication	Communication Skills (Written)	Discussion Board Questions, Presentation and Exams (Short Answers)
8. (CS2) Develop, interpret and express ideas	Communication Skills (Oral)	

through oral communication		Discussion Board Questions (Classroom Discussions) and Presentation
9. (SR) Demonstrate intercultural competence, knowledge of civic responsibility and the ability to engage effectively in regional, national, and global communities.	Social Responsibility	Discussion Board Questions and Presentation

Academic Dishonesty:

Any incident of academic policy will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty – such as cheating on exams is an extremely serious offense and will result in a **grade of zero** on that exam and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

Plagiarism: Plagiarism is using someone else’s words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else’s words without giving proper citation, copying directly from a website and pasting it into your paper, using someone else’s words without quotation marks. Any assignment containing any plagiarized material will receive a **grade of zero** and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

Link(s) to resource(s) about avoiding plagiarism:

- <https://owl.english.purdue.edu/owl/resource/589/02/>
- <http://en.writecheck.com/ways-to-avoid-plagiarism/>

Student Concerns: If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact please contact Dr. Shinya Wakao at swakao@com.edu.

Tentative Course Outline - Students are responsible for any and all schedule changes

DATE	CHAPTER & TOPIC	Due Sunday
Week 1 1/17	<ul style="list-style-type: none"> ○ Course Introduction ○ Syllabus ○ Chapter 1 Psychology's Roots, Critical Thinking, and Self-Improvement Tools 	<ul style="list-style-type: none"> ○ Syllabus ○ Ch. 1 ○ Writing Assignment
Week 2 1/23	<ul style="list-style-type: none"> ○ Chapter 2 The Biology of Behavior and Consciousness 	<ul style="list-style-type: none"> ○ Ch. 2 ○ Writing Assignment
Week 3 1/30	<ul style="list-style-type: none"> ○ Chapter 3 Developing Through the Life Span 	<ul style="list-style-type: none"> ○ Ch. 3 ○ Writing Assignment
Week 4 2/6	<ul style="list-style-type: none"> ○ Chapter 4 Sex, Gender, and Sexuality 	<ul style="list-style-type: none"> ○ Ch. 4 ○ Writing Assignment
Week 5 2/13	<ul style="list-style-type: none"> ○ Chapter 5 Sensation and Perception 	<ul style="list-style-type: none"> ○ Ch. 5 ○ Writing Assignment
Week 6 2/20	<ul style="list-style-type: none"> ○ Chapter 6 Learning 	<ul style="list-style-type: none"> ○ Ch. 6 ○ Writing Assignment
Week 7 2/27	<ul style="list-style-type: none"> ○ Chapter 8 Thinking, Language, and Intelligence 	<ul style="list-style-type: none"> ○ Ch. 8 ○ Writing Assignment
Week 8 3/6	<ul style="list-style-type: none"> ○ Chapter 9 Motivation and Emotion 	<ul style="list-style-type: none"> ○ Ch. 9 ○ Writing Assignment
3/13	SPRING BREAK	
Week 9 3/20	<ul style="list-style-type: none"> ○ Chapter 10 Stress, Health and Human Flourishing 	<ul style="list-style-type: none"> ○ Ch. 10 ○ Writing Assignment
Week 10 3/27	<ul style="list-style-type: none"> ○ Chapter 11 Social Psychology 	<ul style="list-style-type: none"> ○ Ch. 11 ○ Writing Assignment
Week 11 4/3	<ul style="list-style-type: none"> ○ Chapter 12 Personality 	<ul style="list-style-type: none"> ○ Ch. 12 ○ Writing Assignment
Week 12 4/10	<ul style="list-style-type: none"> ○ Chapter 13 Psychological Disorders 	<ul style="list-style-type: none"> ○ Ch. 13 ○ Writing Assignment
Week 13 4/17	<ul style="list-style-type: none"> ○ Chapter 14 Therapy 	<ul style="list-style-type: none"> ○ Ch. 14 ○ Writing Assignment
Week 14 4/24	<ul style="list-style-type: none"> ○ Catch Up / Work Days 	
Week 15 5/1	Project Presentations	
Week 16 5/8	Project Presentations	

Make-Up Policy

Failure to complete an assignment: All assignments will be due by the date assigned by the professor. NO LATE ASSIGNMENTS WILL BE ACCEPTED.

Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook [Student Handbook 2022-2023 v4.pdf \(com.edu\)](#). *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.*

Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

ADA Statement: Any student with a documented disability needing academic accommodations is requested to contact Kimberly Lachney at 409-933-8919 or klachney@com.edu. The Office of Services for Students with Disabilities is located in the Student Success Center.

Textbook Purchasing Statement: A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Withdrawal Policy: Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1st 8-week session is March 1. The last date to withdraw from the 16-week session is April 24. The last date to withdraw for the 2nd 8-week session is May 3.

FN Grading: The FN grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an FN grade.

Early Alert Program: The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

Resources to Help with Stress:

If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here <https://www.com.edu/community-resource-center/>. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at deanofstudents@com.edu or communityresources@com.edu.