PSYC 1300.114H1
PSYCHOLOGY FOR SUCCESS
Fall 2025- 1st 8 Weeks

Instructor: Lalanya Ennis Maldonado, M.A.
Phone: 409-933-8197
E-mail: lennis@com.edu
Office: M-04 (located in the library on the Mezzanine)
Office hours

				MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1300.012I1 Internet	1300.012I1 Internet	1300.012I1 Internet	1300.012I1 Internet	
8:30	am	- 9:30	am	Office Hours	Office Hours	Office Hours	Office Hours	
9:30	am	- 10:50	am	2314.111H1 #23 (ICB) 227	Office Hours	2314.111H1 #23 (ICB) 227	Office Hours	
11:00	am	12:20	pm	1300.114H1 #23 (ICB) 227	Office Hours Online	1300.114H1 #23 (ICB) 227		
12:30	pm	- 1:30	pm		College Hour 12:30-1:20		College Hour 12:30-1:20	
Additional office hours to accommodate students will be available by appointment								

Required Textbook: *SMART Start: Success Strategies for College, Career, and Life* – E book is in D2L

Supplies: Reliable Computer, internet access, and flashdrive (to backup files). PULSE app (suggested to access D2L)

Course Description A study of the psychology of learning, cognition, and motivation; factors that impact life-long learning; and application of learning strategies in college, career and life.

Course Requirements Grades are based on points accumulated throughout the semester. A variety of means to evaluate student performance will be used throughout the course. There is the possibility of earning 1000 points from assignments and assessments. You are held accountable for completing all assignments. All directions for assignments must be closely followed. Specific details and directions for each assignment will be on the actual assignment in D2L. *NOTE: If for any reason the college closes, continue to work on the assignments and follow the due dates in your syllabus. For example, complete chapter readings, assignments, assessments etc.*

Grade Computation	Points	Letter Grade	Numeric Grade	Points
Campus Scavenger Hunt Assignment	100	A	90+	900 or more
Financial Planning Worksheet Assignment	50	B	80-89	800-899
Academic Planning Worksheet Assignment	50	C	70-79	700-799
Study Guides- 7 posts x 25 points each	175	D	60-69	600-699
Career Project- Part 1 (Occupational Handbook)	50	F	59 or less	599 or below
Career Project- Part 2 (Compare/Contrast)	50			
Career Project- Part 3 (Social Responsibility)	50			
Career Project- Part 4 (Personal Success)	50			
Career Project- Part 5 (Individual Presentation)	100			
Discussion Posts (9 posts x 25 points each)	225			
Campus Connections Assignment	100			

DETERMINATION OF GRADE
Methods of Evaluation/Submissions-
- All work must be typed and submitted in D2L.
- Use Google Chrome or Mozilla Firefox browser (your work will submit blank using other browsers)
- Type work in Microsoft Software (if you do not have Microsoft products, you can download the programs for FREE at https://www.com.edu/its/office-365-instructions)
- Save and upload work using Microsoft software such as; .PDF, .DOC, .PPT (do not submit work using MAC files: .pages, ,keys, .numbers, etc. I cannot open these files and you will earn a zero if I cannot open the file when I grade your work)
- All work must be submitted on D2L and attached to the assignment submission page
- Assignments with bulleted and/or numbered items should be a **separate and complete paragraph**
- You are free to write as much as you like on your assignments. If you write a "minimum" amount of information, you should expect to receive the minimum grade.
- Your responses on all assignments must be well thought out with details, explanations, examples and exhibit critical thinking. I am looking for you to make a connection between the assignments, the textbook, and your personal experiences and opinions.

Grading Scale: 900-1000 points=A; 899-800 points=B, 799-700 points=C, 699-600 points=D, 599 points or less=F

Grading Rubrics: Detailed directions and some rubrics for coursework can be found on D2L within the assignment. Please read the directions very carefully and let me know if you have any questions. If you need clarification, please reach out as soon as possible.

- **Study Guides 175 points**: You will create 7 Study Guides using various methods as directed in D2L and submit them on D2L. Each Study Guide is worth 25 points

- **Career Project 300 points**: This is a major project that is broken down into 5 separate assignments, Each assignment is dependent on previous parts of the assignment, therefore you need to be very thorough, detailed, and make sure you are doing each part correctly.

- **Planning Worksheets 100**: You will complete 2 worksheets; Academic & Financial Planning, that will help you be better prepared for possible future outcomes. Each assignment is worth 50 points each

- **Discussion Posts 225 points**: You complete 9 different discussion postings worth 25 points each.

- **Other assignments 200**: You will complete 2 assignments; Campus Scavenger Hunt and Campus Connections, that will help you become more familiar with COM and the services offered to you.

Extra Credit: Extra credit can be earned by doing exceptional work on your assignments. The course evaluation at the end of the term is also extra credit. Other opportunities may arise and will be posted in the daily folder.

Make-Up & Late Work: There will be no make up work or late work accepted. All assignments are time-stamped in D2L and Email. Work submitted after the due date deadline will not be graded. Please allow time for your assignments to upload. If your network server is slow, make sure you allow extra time and do not wait until the last minute to submit assignments. There are computers available for students to use at COM in the library, tutoring center and computer labs if you need access to a computer and/or internet access.

Attendance Policy: Regular attendance is a critical component to being successful in courses whether online or face-to-face. You will greatly impact your level of success by attending and participating in class on a regular basis. It is highly encouraged for you to log into D2L once a day to check for updates and announcements and check your COM email. The instructor reserves the right to drop any student who has excessive absences or fails to participate by not submitting and/or completing assignments.

Communicating with your instructor: ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means. (Please allow 48 hours for a return phone call or email, except on weekends and holidays)

General Education Core Objectives (CO's): Students successfully completing this course will demonstrate competency in the following Core Objectives

1. Critical Thinking Skills: Students will demonstrate creative thinking, innovation, and the ability to analyze, evaluate, and synthesize information.
2. Communication Skills: Develop, interpret, and express ideas through written, oral, and visual communication.
3. Empirical and Quantitative Skills: To include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
4. Social Responsibility: Students will demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

Student Learner Outcome	Maps to Core Objective	Assessed via this Assignment
1. Synthesize effective strategies and skills that lead to personal success, personal responsibility, self-motivation, and self-management.	Critical Thinking	Career Project part 4 Related to strategies and skills leading to personal success
2. Synthesize effective strategies and skills that lead to interdependence, self-awareness, lifelong learning and emotional intelligence.	Critical Thinking	Career Project part 4 Related to strategies and skills leading to personal success
3. Manipulate and analyze data and observable facts to result in informed conclusions	Empirical and Quantitative	Career Project part 1 Occupational Outlook Handbook Chart
4. Develop, interpret, and express ideas through written communication	Communication Skills (Written)	Career Project part 2 Compare/Contrast paper on two chosen careers
5. Students will demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.	Social Responsibility	Career Project part 3 Specifically related to chosen career
6. Develop, interpret, and express ideas through oral communication.	Communication Skills (Oral)	Career Project part 5 Presentation

Academic Dishonesty: Any incident of academic dishonesty will be dealt with in accordance with college policy in the Student Handbook. Academic dishonesty – such as cheating on exams, quizzes, assignments or other assessments, presenting someone else's work as your own, using artificial intelligence (AI) websites, or copying someone else's work is an extremely serious offense and will result in a **grade of zero** on that assignment or assessment and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

AI Policy: Students who use any AI (Artificial Intelligence) software like ChatGPT, Claude, Grammarly, Quillbot, Midjourney, Walter Writes AI Humanizer, etc. to compose assignments partially or fully will face disciplinary action. The material generated by these programs may be inaccurate, incomplete, or otherwise problematic. Beware that use may also stifle your own independent thinking and creativity. Every submission should be an original composition that the students themselves wholly created for this course unless your instructor specifically states that you may use it in a brainstorming manner on a particular assignment; in which case your instructor may want you to cite what has been AI generated. With the exception noted above, students are not allowed to use any alternative generation tool for any type of submission in this course. Faculty reserves the right to use Artificial Intelligence (AI) detection software, compare present to past work, or require verbal explanation of your work to find instances of AI-generated writing in student submissions. The findings are binding and can be subject to student code of conduct, academic dishonesty, and plagiarism policies in the course. You will receive a grade of zero on your assignment, will be reported to the Dean of Students, and can ultimately fail the course. Reach out to your instructor, peer or tutoring center if you are having difficulties with assignments.

Student Concerns: If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Dr. Shinya Wakao, 409-933-8107, swakao@com.edu.

Technology Maintenance: College of the Mainland websites are scheduled to be down from 12:01-6:00 am on Sundays and D2L is down from 4:00-6:00 am the first Saturday of the month. Make it a point to complete assignments around this time.

Technology Outage Policy: In the event you experience a technology problem, it is your responsibility to communicate immediately with your instructor and the DE department at College of the Mainland (COM). It is a good idea to make a screenshot of the error and email it to me as well as the Distance Education Helpdesk. Contacting COM's Distance Education department can be accomplished by submitting a ticket anytime at http://desupport.com.edu/requests or via live chat Monday to Friday from 8 AM to 5 PM. If the issue does not clear up and if there is no way around it, you may email your assignment to me directly before the due date at lennis@com.edu

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Campus Connections Assignment	100	C	70-79	700-799
Study Guides- 7 posts x 25 points each	175	D	60-69	600-699
Career Project- 5 Parts	300	F	59 or less	599 or below
Academic Planning Worksheet Assignment	50			
Financial Planning Worksheet Assignment	50			

		Date	Topic	Assignment due BEFORE 11:59pm
WEEK 1	Mon	8/18	Welcome- Introductions	
	Tue	8/19		Discussion Post- Introduction Video
	Wed	8/20	Campus Scavenger Hunt- Due at end of class	
	Thur	8/21		Ch 1 Study Guide- Sentence Method
	Fri	8/22		
WEEK 2	Mon	8/25	Chapter 1: Your Starting Line CENSUS DAY	Ch 1 Discussion Posting
	Tue	8/26		
	Wed	8/27	Guest: Career & Advising	Career Project- Part 1 Occupational Handbook
	Thur	8/28		
	Fri	8/29		Ch 2 Study Guide- Outline method
WEEK 3	Mon	9/1	COM CLOSED	Career Project- Part 2- Compare and Contrast
	Tue	9/2		
	Wed	9/3	Chapter 2: Personal Responsibility	Ch 2 Discussion Posting
	Thur	9/4		
	Fri	9/5		Ch 3 Study Guide- Sketch noting method
WEEK 4	Mon	9/8	Financial Planning	Financial Planning Worksheet
	Tue	9/9		
	Wed	9/10	Chapter 3: Self-Management & Motivation	Ch 3 Discussion Posting Career Project- Part 3- Social Responsibility
	Thur	9/11		
	Fri	9/12		Ch 4 Study Guide- Highlight method
WEEK 5	Mon	9/15	Chapter 4: Emotional Intelligence	Ch 4 Discussion Posting Ch 5 Study guide- Cornell method
	Tue	9/16		
	Wed	9/17	Chapter 5: Interdependence	Ch 5 Discussion Posting
	Thur	9/18		
	Fri	9/19		Ch. 6 Study Guide- Flashcard Method
WEEK 6	Mon	9/22	Chapter 6: Career Success	Ch 6 Discussion Posting Ch. 7 Study Guide- Concept method
	Tue	9/23		
	Wed	9/24	Chapter 7: Lifelong Learning	Career Project- Part 4- Personal Success Ch 7 Discussion Posting
	Thur	9/25		
	Fri	9/26		
WEEK 7	Mon	9/29	Guest: Guided Registration/Academic Plan.	Academic Planning Worksheet
	Tue	9/30		Career Project Part 5- Presentation (upload to D2L)
	Wed	10/1	Career project Presentations	W-DAY
	Thur	10/2		
	Fri	10/3		Campus Connections Due
WEEK 8	Mon	10/6	Career project Presentations	Semester End Vision Board Discussion Post
	Tue	10/7		
	Wed	10/8	Conferences by appointment Not Mandatory	Individual Conferences-
	Thur	10/9	Semester Ends	
	Fri	10/10		

Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook **https://www.com.edu/student-services/student-handbook.html**
 An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.

Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

ADA Statement: Any student with a documented disability needing academic accommodations is requested to contact:
Kimberly Lachney, Student Accessibility Services Coordinator
Phone: 409-933-8919
Email: AccessibilityServices@com.edu
Location: COM Doyle Family Administration Building, Student Success Center

Textbook Purchasing Statement: A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Withdrawal Policy: Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1st 8-week session is October 1. The last date to withdraw from the 16-week session is November 14. The last date to withdraw for the 2nd 8-week session is November 25.

FN Grading: The FN grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an FN grade.

Early Alert Program: The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

Resources to Help with Stress:
If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here https://www.com.edu/community-resource-center/. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at deanofstudents@com.edu or communityresources@com.edu.

Nondiscrimination Statement:
The College District prohibits discrimination, including harassment, against any individual on the basis of race, color, religion, national origin, age, veteran status, disability, sex, sexual orientation, gender (including gender identity and gender expression), or any other basis prohibited by law. Retaliation against anyone involved in the complaint process is a violation of College District policy.

CAMPUS MAP

TEMPORARY
BUS STOP

TEMPORARY LIBRARY
BOOK DROP OFF

Monticello Drive

Emmett F. Lowry Expressway

FM 1764 Feeder Road

Emmett F. Lowry Expressway

Parking Lot F

Parking

Parking Lot E

7

6

16

UNDER CONSTRUCTION

23

12

11

22

UNDER CONSTRUCTION

UNDER CONSTRUCTION

Lake Eckert

10

Parking Lot D

UNDER CONSTRUCTION

8

4

21

Parking Lot C Conference Center/Gym Access

1

2

3

Parking Lot A

Parking Lot B Student Services/ Registration

UNDER CONSTRUCTION

Parking Lot A

DETOUR

Amburn Road

Amburn Road

Monticello Drive

Monticello Drive

18

NUMBER	BUILDING / LOCATION NAME
1	Student Center and Bookstore
2	Doyle Family Administration Building
3	Fine Arts Building and Theatre
4	Gym
6	Industrial Education Building
7	Welding Building
8	Learning Resource Center and Library
10	Central Plant
11	College Services (Maintenance)
12	Firing Range
16	Campus Police
18	Public Service Careers Building
21	Conference Center
22	STEAM Building
23	Industrial Careers Building