Health Assessment Across the Lifespan (BSN)
Fall 2021 2nd 8 weeks
NURS 3352-101HY-FA2021

Hybrid
Online / Blackboard
On Campus: STEAM Building Nursing Simulation Lab

Course Facilitator:
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Office Phone:
409-933-8908

Office Location:
STEAM 225-37

Office Hours:
Tuesday and Thursday
1200 – 1630

Required Textbooks

Jarvis, C. & Eckhardt, A. (2020). *Physical examination & health assessment* (8th ed.). Elsevier.

1. You can purchase in the bookstore, order through the Elsevier Catalog, or online through Amazon.
2. **You will need the access code for your student resources on Evolve for assigned quizzes**.

Elsevier Shadow Health DCE Health Assessment Module

1. You can purchase from the Elsevier Catalog.
   a. The course code to purchase through Elsevier is **165730_srondeau5_5001**

Textbook Purchasing Statement:

A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Course Description

NURS 3352. HEALTH ASSESS ACROSS LIFESPAN (BSN)
(LECTURE 3, LAB 0). CREDIT 3. UDCM.

This course focuses on comprehensive health assessment needs across the lifespan of the individual as a member of the family, community, population, and environment. Content includes access to healthcare, genomics, and traditional and complementary healthcare practices.

Course Requirements

1. **Weekly Quizzes (Weeks 1-5)** over assigned Chapters from Jarvis, C. & Eckhardt, A. (2020). *Physical examination & health assessment* (8th ed.). Elsevier.
   a. Quizzes will appear in the Student Resources section of Evolve Resources for Physical Examination and Health Assessment, 8th Edition: **Course ID: 159818_dbauer65_1001**
      • Assignment due dates can be located in the Calendar section of Course Tools

2. **Shadow Health Digital Clinical Experience (DCE) Assignments (Weeks 2-8):** To comprehensively assess health history, physical examinations, and communication across the lifespan (Appendix A).
   a. **Student must achieve an 85% DCE score on each assignment**. The assignment is formative and can be retaken until the 85% score is achieved.
   b. **Synthesis of significant components and completion of health history:** Evaluates critical thinking related to the synthesis of significant components of a health history, competency when providing constructive criticism, and implementation of a health history (Appendix A)
   c. **Head-to-Toe Assessment Across the Lifespan:** Assesses the ability to perform a bedside head-to-toe assessment to report normal and abnormal

findings, documentation, and a verbal SBAR (Appendix A).

3. **Face to Face**: Differentiates health assessment components across the lifespan. The student will sign up for three simulation classes that incorporates the **Head-to-Toe Assessment Across the Lifespan** (simulation lab A, B, and C – they do not have to be taken in sequence). Sign-up sheets will be posted.
   a. Lab A will be offered on
      - Thursday 11/11/2021
      - Monday 11/15/2021
      - Tuesday 11/30/2021

   d. Lab B will be offered on
      - Tuesday 11/16/2021
      - Monday 11/22/2021
      - Thursday 12/02/2021

   e. Lab C will be offered on
      - Thursday 11/18/2021
      - Tuesday 11/23/2021
      - Monday 11/29/2021

4. **One Discussion Board**: Explores the integration genomic information as an adjunct to nursing assessment, and analyzes the legal and ethical implications of assessment findings, and patient information specific to genomic research.

5. **Participation / Attendance**: You are required to log in to your course weekly. Attendance will be taken by completion of each week's assignments.
   a. **Assignment Due Dates:**
      - Assignments turned in by designated due date will receive the earned grade.
      - Assignments turned in 1-2 days late will receive the earned grade minus 10%
      - Assignments turned in 3-4 days late will receive the earned grade minus 20%
      - Assignments turned in 5-7 days late will receive the earned grade minus 30%
      - Missing assignments or assignments turned in after 7 days will receive an earned grade of zero
   b. **Attendance will be worth 10% of Your Total Grade**
      - Assignments turned in by the due date will earn a "present" score of 100% for the week.
      - Assignments turned in after the due date will earn a "late" score of 50% for the week.
      - Missing assignments or assignments turned in after seven days will earn an "absent" score of 0% for the week.

Course Objectives/Student Learning Outcomes

Upon completion of this course, the student will:

1. Apply knowledge from the discipline of nursing, sciences, and the humanities in acquisition and application of nursing knowledge, competencies, and values for professional nursing practice.
2. Examine factors that influence health assessment across the lifespan.
3. Differentiate health assessment components across the lifespan.
4. Integrate holistic health assessment in the management of the individual as a member of family.
5. Determine the impact of access to healthcare based on alterations in health status.
6. Integrate the use of genomic information as an adjunct to nursing assessment.
7. Analyze the legal and ethical implications of assessment findings, and patient information specific to genomic research.
8. Investigate the use of traditional and complementary healthcare practices for the individual, family, population, and community.

Methods of Instruction
Simulation (incorporated into lecture)
Quizzes
Digital Clinical Experience
Discussion Board

Grading Scale
A = 90 -100.00
B = 80 -89.99
C = 70 -79.99
D = 60 -69.99
F = < 60

Grade Calculation

Assignment	%
Quizzes	25%
Shadow Health DCE Score Average**	25%
Sim Lab: Synthesis of significant components and completion of health history for complex scenarios. (3 scenarios worth 10% each)	30%
Discussion Board	10%
Participation / Attendance	10%
Grade Total	100%
A Grade Total of at least 70% is required to pass the course. **Students must be successful on the Shadow Health minimum score requirement of 85%, on the focused assessment and, and on simulation lab scenarios.	

Withdrawal
See Admission, Progression, Dismissal, & Readmission policy in the Nursing Student
Handbook.

Institutional Policies and Guidelines

Grade Appeal Process
Concerns about the accuracy of grades should first be discussed with the instructor. A request
for a change of grade is a formal request and must be made within six months of the grade
assignment. Directions for filing an appeal can be found in the student
handbook.<https://build.com.edu/uploads/sitecontent/files/student-
services/Student_Handbook_2019-2020v5.pdf. An appeal will not be considered because of
general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the
instructor's professional judgment of the quality of the student's work and performance is
also not an admissible basis for a grade appeal.

Academic Success & Support Services:
College of the Mainland is committed to providing students the necessary support and tools
for success in their college careers. Support is offered through our Tutoring Services,
Library, Counseling, and through Student Services. Please discuss any concerns with your
faculty or an advisor.

ADA Statement:
Any student with a documented disability needing academic accommodations is requested to
contact Holly Bankston at 409-933-8520 or hbankston@com.edu. The Office of Services for
Students with Disabilities is located in the Student Success Center.

Counseling Statement:
Any student needing counseling services is requested to please contact Holly Bankston in the
student success center at 409-933-8520 or hbankston@com.edu. Counseling services are
available on campus in the student center for free and students can also email
counseling@com.edu to set up their appointment. Appointments are strongly encouraged;
however, some concerns may be addressed on a walk-in basis.

Textbook Purchasing Statement:
A student attending College of the Mainland is not under any obligation to purchase a
textbook from the college-affiliated bookstore. The same textbook may also be available
from an independent retailer, including an online retailer.

Withdrawal Policy:
Students may withdraw from this course for any reason prior to the last eligible day for a
"W" grade. Before withdrawing students should speak with the instructor and consult an
advisor. Students are permitted to withdraw only six times during their college career by state
law. The last date to withdraw from the 1st 8-week session is October 6. The last date to
withdraw from the 16-week session is November 19. The last date to withdraw for the 2nd 8-
week session is December 2.

FN Grading:
The FN grade is issued in cases of failure due to a lack of attendance, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an FN grade.

Early Alert Program:
The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

COVID-19 Statement:
All students, faculty, and staff are expected to familiarize themselves with materials and information contained on the College of the Mainland's Coronavirus Information site at www.com.edu/coronavirus. In compliance with Governor Abbott's May 18 Executive Order, face coverings/masks will no longer be required on COM campus. Protocols and college signage are being updated. We will no longer enforce any COM protocol that requires face coverings. We continue to encourage all members of the COM community to distance when possible, use hygiene measures, and get vaccinated to protect against COVID-19. Please visit com.edu/coronavirus for future updates.

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Classroom Conduct Policy/Student Conduct

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Classroom Conduct Policy:
College of the Mainland requires that students enrolled at COM be familiar with the Standards of Student Conduct, which can be found in the on-line Student Handbook. http://www.com.edu/student-services/studenthandbook.php . Students should act in a professional manner at all times. Disruptive students will be held accountable according to college policy. Any violations of the Code of Conduct will result in a referral to the Office for student Conduct and may result in dismissal from this class.

In addition to the Standards of Student Conduct found in the online COM Student Handbook (http://www.com.edu/student-services/student-handbook.php), nursing students are expected to demonstrate good professional character as defined in in BON Rule 213.27 (http://bon.texas.gov/rr_current/213-27.asp). See Behavior/Conduct in the Nursing Student Handbook.

ANA Scope and Standards of Practice
Students are expected to adhere to established ANA Scope and Standards of Practice (2015).

Student Handbooks

Students are expected to adhere to all policies outlined in the College and Nursing Program student handbooks.

Syllabus Revisions
Faculty reserves the right to make changes to the syllabus as deemed necessary.

Successful Tips for Students
Schedule time to study based on the difficulty of the content. Use this table as a guide:

Course Difficulty	Study Hours Per Week Per Hour in Class
High Difficulty Course	3 hours
Medium Difficulty Course	2 hours
Low Difficulty Course	1 hour

http://www.usu.edu/arc/StudySmart/pdf/estimating_study_hours.pdf

Read assignments before class or clinical. Here are some strategies for getting the most out of your college textbooks:
4 Steps to Reading a Textbook:
http://www.studyright.net/blog/4-steps-to-reading-a-textbook-quickly-and-effectively/
Active Reading Strategies:
http://www.princeton.edu/mcgraw/library/for-students/remember-reading/
The Reading Cycle: Plan-Do-Review
http://www2.swccd.edu/~asc/lrnglinks/txtrdg.html
How to Read Your Textbooks More Efficiently College Info Geek (video)
https://www.youtube.com/watch?v=tgVjmFSx7rg
5 Active Reading Strategies for Textbook Assignments College Info Geek (video)
5 Active Reading Strategies for Textbook Assignments - College Info Geek

Technology Outage Policy
Students are responsible for completing all course work by the due dates stated in the syllabus. Occasionally the College may experience emergency campus-wide technology outages, should this occur during a Quiz or submission of an Assignment, you will need to notify the instructor. You will need the Quiz to be reset or for the instructor to extend assignment due date. The assignment due date will be extended or the quiz will be reset after the campus-wide outage is confirmed by Informational Technology. An Announcement will be sent to all students relaying the information about the new due date for the assignment or quiz.

In case of a personal technology issue or if you have questions about an assignment or need clarification of requirements, you are expected to contact the instructor using Course Email. The College has several computer labs so access to requisite technology needed to complete assignments should not be an issue.