



**PSYCH 2314.103CL**  
**Lifespan Growth and Development**  
**Fall 2021**  
**T/TH 11:00am -12:20pm**

**Instructor Information:** Jennifer Abshire, M.A. jabshire3@com.

**Student hours and location:** 12:45 -1:15 T/TH gym office #123

**Required Textbook/Materials:** *Invitation to the Lifespan 4<sup>th</sup> Edition*, by Kathleen S. Berger

**Course Description:** This course will provide an overview of human development, from conception to birth. We will explore how people change over time in small ways and large. We will learn about three major domains of human development (biosocial, cognitive, and psychosocial) at each life stage (infancy, toddlerhood, preschool, and school-age, adolescence, early adulthood, middle adulthood, and late adulthood). Finally, we will deal with the topic of death and how we cope with the end of life in many cultures.

**Course requirements:**

**\*\*\*\*SEMESTER PROJECT\*\*\*\*** You will participate in a semester long project in which you will put the concepts that are discussed in class into practice. You will write journal entries in the form of a diary or personal journal to tell a personal story of parenting a child. **Each of the journal questions must be answered and key words used correctly to obtain full credit.**

Write your journals as if you are telling a story; be creative, make sure you are using the terms correctly, and elaborate on each question. Make sure you answer each question fully as some questions require more than one response. **Journals should be at least 2 pages, typed, double spaced using size 12 font with 1" margins.** Journals will be turned in on Blackboard by 11:59pm on the dates given *as an attached word document or pdf*. Do not write in the space provided by blackboard. Journals will not be accepted after one week from the due date.

**Journals are worth 50 points each and will receive full credit if the following criteria are met:**

- 15 points: terms are used correctly in **BOLD** print
- 15 points each question is **fully** answered and elaborated on.
- 10 points: at least **2 pages typed** using the correct font and format.
- 10 points: specific **details** are given, and journal is creative.

**Chapter Reviews:** There will be 14 Chapter Reviews to complete totaling 25 points that will be turned in on Blackboard. They will be due by 11:59pm on the date posted in the class schedule.

**Final:** The final will be due the last day in class.

**Social Responsibility Presentation:** (Rubric for the presentation will be given in class.) Your grade will be determined by product and presentation for both choice 1 and 2. Three Resources will be needed.

**Choice 1:** Think of a problem in society that concerns you (ex. texting while driving). Create a one slide power point as if it were a billboard you would see along the highway that defines the problem and advertises your stance. What will make it stand out at people passing by? Why should others care about your concern?

**Choice 2:** Think of an organization you want to bring awareness to. Create a billboard that explains the organization and why they need support. What will make it stand out to those passing by?

**Personal Journals.** There will be a total of 16 Journal topic questions, with each having a maximum of 10 points. You will choose 10 out of the 16 to complete. You may complete up to 2 extra for credit -after that, no extra credit will be given. These journals will be more personal in nature and allow you to apply topics from the text, lectures, and course material to your personal life. These journals are meant to be more introspective and will cover some topics that some believe to be personal. These will be submitted on Blackboard and open all semester until the week before class is over.

#### **Determination of Course Grade/Detailed Grading Formula:**

<b>Assignments</b>	<b>Possible Points</b>	<b>Letter Grade</b>	<b>Points Possible</b>
<b>Chapter Reviews</b>	350	A	900-1,000
<b>Final Exam</b>	100	B	899-800
Personal Journals	100	C	799-700
Social Responsibility project	50	D	699-600
Movie Review and RCQ	50	F	599 and below
<b>Project Journals</b>	350		
<b>Total Points</b>	1000		

**Late Work, Make-Up, and Extra-Credit Policy:** 20% will be deducted from Chapter Reviews if late. They will not be accepted after 1 week from the due date, except for the last review which will be the date given. There will be no makeup for the Final Exam. All projects are due on the date given. Personal Journals will be open on Blackboard throughout the semester and close the week before class ends.

**Attendance Policy:** Students will fill out a “**Classroom Daily Thought Card**” **each day**. **Your name, date, and a thought for the day need to be on the card.** I will use the cards to take attendance. I will not ask for the cards; you are expected to turn them in before class starts each day. Communication with your instructor is extremely important. If you are unable to attend class, if possible, e-mail me prior to class. Students are expected to attend each class! There will be no distinction between an excused and unexcused absence.

**Communicating with your instructor:** ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means. The best way to reach me is by email – [jabshire3@com.edu](mailto:jabshire3@com.edu) .

<b>Student Learner Outcome</b>	<b>Maps to Core Objective</b>	<b>Assessed via this Assignment</b>
Describe the stages of the developing person at different periods of the lifespan from birth to death.	Empirical and Quantitative	Final Exam
Discuss the social, political, economic, and cultural forces that affect the development process of the individual	Social Responsibility	Journals
Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting	Critical Thinking	Journal 4
Explain the biosocial, cognitive, and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.	Communication Skills (written)	Personal Journals
Describe the different developmental perspectives of the major theories of development	Empirical	Chapter Review 1
Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan	Empirical	Journal 5
Discuss the various causes or reasons for disturbances in the developmental process	Empirical	Journal 1
(CS1) Develop, interpret and express ideas through written communication	Communication Skills (Written)	Journals
(CS2) Develop, interpret and express ideas through oral communication	Communication Skills (Oral)	Think Pair Share
(SR) Demonstrate intercultural competence, knowledge of civic responsibility and the ability to engage effectively in regional, national, and global communities.	Social Responsibility	SR Assignment

**Academic Dishonesty:** Any incident of academic dishonesty will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty – such as copying someone else’s Reviews or Final is an extremely serious offense and will result in a **grade of zero** on that exam and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

**Student Concerns:** If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Department Chair Shinya Wakao at [swakao@com.edu](mailto:swakao@com.edu) or (409) 933-8212

## Course Outline:

Week	Plan of Action	What's Due Tuesday	What's Due Thursday
1 August	Introductions/Ch.1 The Science of Human Development	8/24	8/26 CR 1
2 August/September	Ch.2 From Conception to Birth	8/31	9/1 CR 2
3 September	Ch.3 The First 2 years– Body and Mind	9/7 J1	9/9 CR 3
4 September	Ch. 4 The First 2 years-Psychosocial	9/1 4	9/16 CR 4
5 September	Ch.5 Early Childhood: Body and Mind	9/21 J2	9/23 CR 5
6 September	Ch.6 Early Childhood: Psychosocial	9/28	9/30 CR 6
7 October	Ch.7 Middle Childhood: Body and Mind	10/5 J3	10/7 CR 7
8 October	Ch.8 Middle Childhood: Psychosocial	10/12	10/14 CR 8
9 October	Ch. 9 Adolescence: Body and Mind	10/19 J4	10/21 CR 9
10 October	Ch.10 Adolescence: Psychosocial	10/26	10/28 CR10
11 November	Ch. 11. Emerging Adulthood Social Responsibility Project	11/2 J5	11/4 CR 11/SRP
12 November	Ch.12 Adulthood: Body and Mind	11/9 SRP	11/11 SRP
13 November	Chapter 13 Adulthood: Psychosocial	11/16 J6	11/18 CR 12
14 Nov 23	Chapter 14 Late Adulthood: Body and Mind	11/23 CR 13	11/25 Thanksgiving
15 November/December	Ch. 15. Late Adulthood: Psychosocial//Epilogue: Death and Dying	11/30 J7	12/2 CR 14
16 December	Finals Week	12/7 Rough Draft	12/9 Final

## Institutional Policies and Guidelines

**Grade Appeal Process:** Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook. <[https://build.com.edu/uploads/sitecontent/files/student-services/Student\\_Handbook\\_2019-2020v5.pdf](https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf). *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.* [https://build.com.edu/uploads/sitecontent/files/student-services/Student\\_Handbook\\_2019-2020v5.pdf](https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf)

**Academic Success & Support Services:** College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

**ADA Statement:** Any student with a documented disability needing academic accommodations is requested to contact Holly Bankston at 409-933-8520 or [hbankston@com.edu](mailto:hbankston@com.edu). The Office of Services for Students with Disabilities is located in the Student Success Center.

**Counseling Statement:** Any student needing counseling services is requested to please contact Holly Bankston in the student success center at 409-933-8520 or [hbankston@com.edu](mailto:hbankston@com.edu). Counseling services are available on campus in the student center for free and students can also email [counseling@com.edu](mailto:counseling@com.edu) to set up their appointment. Appointments are strongly encouraged; however, some concerns may be addressed on a walk-in basis.

**Textbook Purchasing Statement:** A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Withdrawal Policy:** Students may withdraw from this course for any reason prior to the last eligible day for a “W” grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1<sup>st</sup> 8-week session is October 6. The last date to withdraw from the 16-week session is November 19. The last date to withdraw for the 2<sup>nd</sup> 8-week session is December 2.

**F<sub>N</sub> Grading:** The F<sub>N</sub> grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The F<sub>N</sub> grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the F<sub>N</sub> grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an F<sub>N</sub> grade.

**Early Alert Program:** The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer for you to meet your academic goals.

**COVID-19 Statement:** All students, faculty, and staff are expected to familiarize themselves with materials and information contained on the College of the Mainland’s Coronavirus Information site at [www.com.edu/coronavirus](http://www.com.edu/coronavirus). In compliance with Governor Abbott's May 18 Executive Order, face coverings/masks will no longer be required on COM campus. Protocols and college signage are being updated. We will no longer enforce any COM protocol that requires face coverings. We continue to encourage all members of the COM community to distance when

possible, use hygiene measures, and get vaccinated to protect against COVID-19. Please visit [com.edu/coronavirus](https://www.com.edu/coronavirus) for future updates.