



**Psychology 1300.011 IN
Psychology for Success
Summer 2021
Internet**

Instructor Information: Stacey Henderson, shenderson@com.edu, 409-933-8134

Student hours and location: Within course messages in Blackboard

Required Textbook/Materials: *The 7 Habits of Highly Effective College Students: How to Succeed in College...and Life Essentials 2nd Edition* by Sean Covey

Reliable computer and internet access are essential (<http://www.com.edu/computer-labs>)

Course Description: PSYC 1300 Psychology for Success: A study of the psychology of learning, cognition, and motivation; factors that impact life-long learning; and application of learning strategies in college, career and daily life.

Course requirements:

The following projects will be assigned this semester. Details as well as a rubric for each assignment will be found within Blackboard. Each of the below projects are worth 50 points for a total of 500: Syllabus Scavenger Hunt, Campus Scavenger Hunt, Career, RCQ Journal, Paper, Fixed Versus Growth Mindset, App, Stress, Campus Connections, Interviewing and Finances. Some of the above projects require advanced planning so you should review the Assignment Document in blackboard early this semester and begin work on lengthy/time consuming projects.

Methods of Evaluation/Submissions- You are held accountable for completing all assignments. All directions for assignments must be closely followed. A variety of means to evaluate student performance will be used throughout the course. ***All submissions must be typed in a Microsoft Word, PowerPoint, or Excel document, and attached to the assignment submission page except for the discussion boards where you will type your response directly into the submission page dialog box. If you have a Mac computer, saving files as .rtf or .pdf will ensure that I can open them.*** You will attach these documents to the submission page. If you do not have access to Microsoft products, you can download the programs for free by going to this link: <https://www.com.edu/its/office-365-instructions>

Determination of Course Grade/Detailed Grading Formula:

Assignment	Points	Total Points
Student Information Sheet	10	10
Introductory Discussion	10	10
Textbook Discussion Boards (8)	30	240
Study Guides (8)	30	240
Assignments (10)	50	500
GRAND TOTAL		1000

Grade=Points
A 900-1000
B 800-899
C 700-799
D 600-699
F 0-599

Late Work, Make-Up Policy: It is advised that you submit all assignments well before the due date because **no late work will be accepted**. Ample time is given for all assignments to be completed on time. If you choose to procrastinate, you choose to run the risk of not getting your work completed on time. The instructor reserves the right to make changes and accommodations regarding late work.

Extra Credit:

Technology Survey 1: Receive 5 Extra Credit Points. During week 2 you will be able to take this survey. It can be found in Module-Foundation.

Technology Survey 2: Receive 5 Extra Credit Points. During week 4 you will be able to take this survey. It can be found in Module 4.

Student Letter: Receive 20 Extra Credit Points

Type a 5-paragraph letter to upcoming Psychology for Success students describing five study tips you learned from Thomas Frank’s website and/or free downloadable textbook. Be sure to explain how you adapted these skills into your study regime. <https://collegeinfo geek.com>. You may work on this throughout the semester, but it will only be submitted during week 5.

Course Evaluation: Receive 20 Extra Credit Points

Please complete the online course evaluation sent to your COM e-mail at the end of the semester. Open and close dates will be announced by the college. I will receive an email letting me know you have completed the evaluation and you will automatically receive credit

Attendance Policy: Regular attendance is a critical component to being successful in college. This course is completely online. In order to be successful, logging on to this course at least twice a week is suggested.

Communicating with your instructor: All electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means.

Student Learner Outcome	Maps to Core Objective	Means of Assessment
Synthesize effective strategies and skills that lead to personal success, personal responsibility, self-motivation, and self-management.	Critical Thinking: Students will demonstrate creative thinking, innovation, and the ability to analyze, evaluate, and synthesize information.	Study Guides Foundations-3
Synthesize effective strategies and skills that lead to interdependence, self-awareness, lifelong learning and emotional intelligence.	Critical Thinking	Study Guides 4-7
Manipulate and analyze data and observable facts to result in informed conclusions	Empirical and Quantitative Skills, Critical Thinking	Career
Develop, interpret, and express ideas through written communication	Communication Skills, Written	Paper
Students will demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.	Social Responsibility	Paper
Develop, interpret, and express ideas through oral communication.	Communication Skills, Oral	Stress

Technology Maintenance: College of the Mainland websites are scheduled to be down from 12:01- 6:00 am on Sundays and blackboard is down from 4:00-6:00 am the first Saturday of the month. Make it a point to complete assignments around this time.

Technology Outage Policy: In the event you experience a technology problem, it is your responsibility to communicate immediately with your instructor and the DE department at College of the Mainland (COM). It is a good idea to make a screenshot of the error and email it to me as well as the Distance Education Helpdesk. Contacting COM’s Distance Education department can be accomplished by submitting a ticket anytime at <http://de-support.com.edu/requests> or via live chat Monday to Friday from 8am to 5pm whenever the college is open. If the issue does not clear up and if there is no way around it, you may email your assignment to me directly.

Academic Dishonesty: Any incident of academic policy will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty – such as cheating on exams or assignments is an extremely serious offense and will result in a grade of zero on that exam or assignment and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

Plagiarism: Plagiarism is using someone else’s words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else’s words without giving proper citation, copying directly from a website and pasting it into your paper, using someone else’s words without quotation marks, or using your own work over again in a different assignment. When in doubt – cite. Plagiarized work will receive a grade of zero and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

Student Concerns: If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Rocky Barney rbarney@com.edu

Course Outline *All modules will open on Mondays at 12:01am and close Sundays at 11:59 pm. However, week 5 will close Thursday, July 9 at 11:59pm

Dates	Module	Topics	Things to Do	Due at the End of This Module
Week 1 June 7-13	Introduction	Welcome to the Course!	<ul style="list-style-type: none"> ○ Read the “Read Me First” File ○ Read the syllabus carefully ○ Explore Blackboard ○ Read Introduction Discussion Board 	<ul style="list-style-type: none"> ○ Student Information Sheet ○ Introduction Discussion ○ Syllabus Scavenger Hunt Assignment
Week 2 June 14-20	Foundations	Setting Foundations	<ul style="list-style-type: none"> ○ Read Foundations, watch video clips in blackboard and complete activities found within the readings for personal self-assessment 	<ul style="list-style-type: none"> ○ Textbook Discussion Board Foundation ○ Study Guide ○ Campus Scavenger Hunt Assignment ○ E.C.-Tech Survey 1
	1	Habit 1 Be Proactive	<ul style="list-style-type: none"> ○ Read Habit 1, watch video clips and complete activities found within the readings for personal self-assessment 	<ul style="list-style-type: none"> ○ Textbook Discussion Board 1 ○ Study Guide ○ Career Assignment

Week 3 June 21-27	2	Habit 2: Begin with the End in Mind	<ul style="list-style-type: none"> ○ Read Habit 2, watch video clips and complete activities found within the readings for personal self-assessment 	<ul style="list-style-type: none"> ○ Textbook Discussion Bd 2 ○ Study Guide ○ Fixed vs. Growth Mindset Assignment
	3	Habit 3: Put First Things First	<ul style="list-style-type: none"> ○ Read Habit 3, watch video clips and complete activities found within the readings for personal self-assessment ○ Watch UT Commencement Speech 	<ul style="list-style-type: none"> ○ Textbook Discussion Bd 3 ○ Study Guide ○ RCQ journal & Paper Assignment
Week 4 June 28- July 4	4	Habit 4: Think Win-Win	<ul style="list-style-type: none"> ○ Read Habit 4, watch video clips and complete activities found within the readings for personal self-assessment 	<ul style="list-style-type: none"> ○ Textbook Discussion Bd 4 ○ Study Guide ○ App Assignment post to discussion board ○ E.C.-Tech Survey 2
	5	Habit 5: Seek 1 st to Understand Then to be Understood	<ul style="list-style-type: none"> ○ Read Habit 5, watch video clips and complete activities found within the readings for personal self-assessment 	<ul style="list-style-type: none"> ○ Textbook Discussion Bd 5 ○ Study Guide ○ Stress Assignment (post video url to discussion board)
Week 5 July 5- July 9	6	Habit 6: Synergize	<ul style="list-style-type: none"> ○ Read Habit 6, watch video clips and complete activities found within the readings for personal self - assessment ○ Meet with your advisor and utilize campus resources 	<ul style="list-style-type: none"> ○ Textbook Discussion Bd 6 ○ Study Guide ○ Campus Connections Assignment
	7	Habit 7: Sharpen the Saw	<ul style="list-style-type: none"> ○ Read Habit 7, watch video clips and complete activities found within the readings for personal self-assessment 	<ul style="list-style-type: none"> ○ Textbook Discussion Bd 7 ○ Study Guide ○ Interviewing/Fin. Assignment (post to discussion board) ○ Optional Extra Credit

Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook.

https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf.

An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.

https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf

Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

ADA Statement: Any student with a documented disability needing academic accommodations is requested to contact Holly Bankston at 409-933-8520 or hbankston@com.edu. The Office of Services for Students with Disabilities is located in the Student Success Center.

Counseling Statement: Any student needing counseling services is requested to please contact Holly Bankston in the student success center at 409-933-8520 or hbankston@com.edu. Counseling services are available on campus in the student center for free and students can also email counseling@com.edu to set up their appointment. Appointments are strongly encouraged; however, some concerns may be addressed on a walk-in basis.

Textbook Purchasing Statement: A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Withdrawal Policy: Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw is located on the COM calendar.

F_N Grading: The F_N grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The F_N grade may be issued for cases in which the student

ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the F_N grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an F_N grade.

Early Alert Program: The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

COVID-19 Statement: All students, faculty, and staff are expected to familiarize themselves with materials and information contained on the College of the Mainland's Coronavirus Information site at www.com.edu/coronavirus. In compliance with Governor Abbott's May 18 Executive Order, face coverings/masks will no longer be required on COM campus. Protocols and college signage are being updated. We will no longer enforce any COM protocol that requires face coverings. We continue to encourage all members of the COM community to distance when possible, use hygiene measures, and get vaccinated to protect against COVID-19. Please visit com.edu/coronavirus for future updates.