Education 1300
Psychology for Success, Spring 2022
Mon 6:00 – 8:50PM

Instructor: Robert Castro, rcastro@com.edu, 409-933-8442

Communicating with your instructor: ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means.

Office (Student) Hours & Location: Mon : 1:30 – 5:00 LRC A-215B

Required Textbook: *The 7 Habits of Highly Effective College Students: How to Succeed in College…and Life Essentials 2nd Edition by Sean Covey* **Additional Resource:** *Ten Steps to Earning Awesome Grades* by Thomas Frank - Free download: https://collegeinfogeek.com/

Course Description: A study of the psychology of learning, cognition, and motivation; factors effecting life-long learning; and application of learning strategies in college, career and life.

Course Requirements: Attached at the end of this document

Determination of Course Grade/ Detailed Grading Formula:

Assignment	*Max Points*	Earned Points
Scavenger Hunt	*100*	
SG: F, 1, 2, 3, 4, 5, 6, 7 (25 Pts. Each)	*200*	
Career Project: OOH	*40*	
Career Project: Compare Contrast Paper	*40*	
Career Project: Social Responsibility	*40*	
Career Project: Relate to personal success	*40*	
Career Project: Presentation	*40*	
Chapter/Habit Presentation	*100*	
RCQ Journal	*50*	
Campus Connections	*100*	
Lessons Learned x 25	*250*	
Total Points:	*1000*	
EXTRA CREDIT: Thomas Frank Paper	*20*	
EXTRA CREDIT: Course Evaluation	*20*	

GRADING SCALE	
Grade	**Points Earned**
A	900-1000
B	800-899
C	700-799
D	600-699
F	600 OR BELOW

Extra Credit: Course Evaluation: Receive 20 Extra Credit Points

Please complete the online course evaluation sent to your COM e-mail at the end of the semester. Paper: Type a 5-page paper describing five study tips you learned from Thomas Frank's website and textbook. Be sure to explain how you will adapt these skills into your study regime. Be specific. https://collegeinfogeek.com/ Use MLA Format. 20 points

Make-up Policy: Coursework is expected to be completed and submitted on time. Late work may be accepted for up to half credit. Instructor reserves the right to make special accommodations regarding late work.

Attendance: Students are to attend each class, be on time and stay in the classroom during the entire class session. Students are to communicate with the instructor if the need arises to miss a class. Regular attendance is a critical component to being successful in college. Students earn multiple grades during class time.

Success Tips for Students:
1. Attend every class
2. Pay attention in class and actively participate
3. Complete study guides and submit on time in Brightspace
4. Use the learning technique that works best for you (highlighting, flashcards, study groups)
5. Read the textbook carefully and for retention
6. Make use of office hours
7. Take advantage of the extra credit opportunities
8. Make use of available computer labs on campus. (printing available)

The Tutoring Center provides free tutoring services to students, staff and faculty seeking assistance for writing, reading and oral presentations for academic and non-academic assignments/projects. Located in the Technical Vocational Building, Room 1306, the center provides face-to-face and online tutoring sessions in a welcoming environment. Make appointments in person or online at www.com.edu.

Student Learner Outcome	Maps to Core Objective	Assessed via this Assignment
1. Synthesize effective strategies and skills that lead to personal success, personal responsibility, self-motivation, and self-management.	Critical Thinking	Career Project part 4 Related to strategies and skills leading to personal success
2. Synthesize effective strategies and skills that lead to interdependence, self-awareness, lifelong learning and emotional intelligence.	Critical Thinking	Career Project part 4 Related to strategies and skills leading to personal success
3. Manipulate and analyze data and observable facts to result in informed conclusions	Empirical and Quantitative	Career Project part 1 Occupational Outlook Handbook Chart

4. Develop, interpret, and express ideas through written communication	Communication Skills (Written)	Career Project part 2 Compare/Contrast paper on two chosen careers
5. Students will demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.	Social Responsibility	Career Project part 3 Specifically related to chosen career
6. Develop, interpret, and express ideas through oral communication.	Communication Skills (Oral)	Career Project part 5 Presentation

Academic Dishonesty: Any incidents of academic dishonesty are reported in accordance with college policy and the Student Handbook. Academic dishonesty – such as cheating on exams or papers will result in a grade of zero on that exam or paper.

Student Concerns: If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Dr. Shinya Wakao swakao@com.edu.

Assignment Due Dates and Submission Location:

Assignment	Submission Location
Scavenger Hunt	In Class
Foundation S.G.-sentence	In Class
Habit 1 S.G.-mapping	In Class
Habit 2 S.G.-outline	In Class
Career Pt. 1: OOH	In Class
Habit 3 S.G.-charting	In Class
RCQ Journal	In Class
Career Pt. 2: Compare/Contrast Paper	In Class
Habit 4 S.G.-flashcards	In Class
Habit 5 S.G.-color	In Class

Habit Presentation	In Class
Habit 6 S.G.-your choice	In Class
Habit 7 S.G.-your choice	In Class
Habit Presentation	In Class
Career Pt. 3: Social Responsibility	In Class
Career Pt. 4: Personal Success	In Class
Campus Connections	In Class
Career Pt. 5: Presentation	In Class

*Lessons Learned will be completed in class throughout the semester. You must be present to earn a grade

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Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook.<https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf. *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.* https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf

Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

ADA Statement: Any student with a documented disability needing academic accommodations is requested to contact Michelle Brezina at 409-933-8124 or mvaldes1@com.edu. The Office of Services for Students with Disabilities is located in the Student Success Center.

Textbook Purchasing Statement: A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Withdrawal Policy: Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1st 8-week session is October 5. The last date to withdraw from the 16-week session is November 18. The last date to withdraw for the 2nd 8-week session is December 1.

FN Grading: The FN grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an FN grade.

Early Alert Program: The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

Resources to Help with Stress:
If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here https://www.com.edu/community-resource-center/. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at deanofstudents@com.edu or communityresources@com.edu.