



**RNSG 1260-101HY**

**Foundations of Nursing**

**Clinical Spring 2023**

**Instructor Information:**

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**Student hours and location:** Please see calendar on D2L

**Required Textbook/Materials:**

Elsevier. (2021). Clinical Skills: Essentials Collection ISBN:9780323389471. Elsevier.

HESI Patient Reviews. 5th Edition. ISBN: 9781437756258. Elsevier. EAQ Fundamentals. 10th Edition. ISBN: 9780323758185. Elsevier. (2021).

Gulanick and Myers (2022). Nursing Care Plans: Diagnoses, Interventions, & Outcomes. 10<sup>th</sup> Edition. ISBN: 9780323711180.

Mulholland, J., Turner, S. (2023). The nurse, the math, the meds: drug calculations and dimensional analysis (5th ed.). St. Louis, MO: Mosby. ISBN: 9780323792059

Potter, P., & Perry, A. (2023). Fundamentals of nursing (11th ed.). Philadelphia, PA: F. A. Davis Company. 978-0323677721 Potter, P., & Perry, A. (2020).

Nursing skills online 4.0 to accompany Potter Fundamentals of nursing (10th ed.).9780323754460.

Saunders COMP Review NCLEX-RN EXAM (8<sup>th</sup> ed.) Silvestri & Silvestri 9780323358415

Shadow Health. (2018). Gerontology Digital Clinical Experience. Elsevier. (9780323753715).

SimChart Elsevier: Evolve(2023)

**Course Description:** Introductory clinical course designed to provide a beginning level of education and experience in the implementation of direct client care. Emphasis is placed on the provision of basic care to adult clients and families in structured health care settings. Opportunities are provided for the application of theory, concepts and skills being acquired. Prerequisites: [ENGL 1301](#), [BIOL 2401](#), [BIOL 2402](#), [BIOL 2420](#), [PSYC 2301](#) with a grade of "C" or better. Co-requisites: [PSYC 2314](#), [RNSG 1331](#) and [RNSG 1413](#).

**WECM End-of-Course Outcomes:** As outlined in the learning plan, apply the theory, concepts, and skills involving specialized materials, tools, equipment, procedures, regulations, laws, and interactions within and among political, economic, environmental, social, and legal systems associated with the occupation and the business/industry; and will demonstrate legal and ethical behavior, safety practices, interpersonal and teamwork skills, and appropriate written and verbal communication skills using the terminology of the occupation and the business/industry.

**Course requirements:**

- 1. SimChart (Electronic Health Record) Assignment** – Assesses basic knowledge of documentation practices and its importance.
- 2. Nursing Care Plan**—Assesses ability to create and implement a basic and final tool to systematically care for a patient.
- 3. HESI RN Case Studies**—Assesses clinical reasoning for fundamental concepts of care.
- 4. Elder Portfolio** – Assesses knowledge and understanding of the needs of the elderly population in a community setting.
- 5. Math Quizzes**—Prepares students for the Math Competency Exam.
- 6. Math Competency Exam** – Assesses proficiency in dosage calculations. Dosage calculation quizzes (3): Assess knowledge and understanding of dimensional analysis for the calculation of medication doses. Students must score 100% on the math competency exam.
- 7. Clinical Performance Evaluation-** The clinical evaluation tool is utilized to formatively and summative evaluate the student’s clinical performance based upon all clinical assignments throughout the semester. Students must meet all essential competencies marked with an asterisk on the clinical performance evaluation tool.
- 8. Shadow Health Geriatric Patient Assignments** – The goal of Shadow Health Patient Simulations is to assess essential competencies in a virtual clinical environment including patient care, prioritization, delegation, and sequential thinking. Students must achieve 75% on each Shadow Health Patient Simulations.
- 9. Bring Your A Game**—Provides students with self-analysis of Work Ethics and reinforces core values of Work Ethics.
- 10. Volunteer Hours**—Provides an opportunity for students to provide face-to-face volunteer hours in the communities in which we serve. Students must complete 8 hours volunteer hours. These are some examples of where hours can be completed: Food bank, Health care clinic, senior community center, Galveston Health District, feeding the homeless and health fairs. If the sites are not listed, they must be approved by the facilitator.

**Determination of Course Grade/Detailed Grading Formula:** (methods of evaluation to be employed to include a variety of means to evaluate student performance)

Assignment with Grade Percentage	%
Beginner Care Plan—SimChart on Assigned Patient	10%
End of Semester Care Plan on Assigned Patient	20%
Shadow Health Geriatrics Assignments Average	10%
Weekly Documentation/Assignments—SimChart on Assigned Patient	10%
Bring Your “A” Game to Work Average	5%
Elder Portfolio—Turn in via D2L and Binder	20%
Math Quiz Average	10%
Math Competency Exam*	15%
Clinical Performance Evaluation**	Pass/Fail
Volunteer Hours	Pass/Fail
Total	100%
* 100% score required to attend clinical experiences & to pass the course	
**Must meet critical competencies marked with an asterisk on the clinical performance evaluation.	

**Grading Scale:**

A = 90 - 100.00

B = 80 - 89.99

C = 75 - 75.99\*

D = 60 – 74.99

F = < 60

\*A minimum final grade of “C” is required to pass this course.

**Testing:** See policy in the Nursing Student Handbook.

**Late Work and Make-Up Policy:** All course assignments are expected to be completed and submitted on the specified due date. See Late Assignments Policy in the Nursing Student Handbook.

**Attendance Policy:** See the Attendance Policy in the Nursing Student Handbook.

**Tardiness:** See Attendance Policy in the Nursing Student Handbook.

**Classroom Conduct Policy/Student Conduct:** Classroom Conduct Policy: College of the Mainland requires that students enrolled at COM be familiar with the Standards of Student Conduct, which can be found in the on-line Student Handbook. <http://www.com.edu/student-services/studenthandbook.php> . Students should always act in a professional manner. Disruptive students will be held accountable according to college policy. Any violations of the Code of Conduct will result in a referral to the Office for student Conduct and may result in dismissal from this class. In addition to the Standards of Student Conduct found in the online COM Student Handbook (<http://www.com.edu/student-services/student-handbook.php>), nursing students are expected to demonstrate professional character as defined in in BON Rule 213.27 ([http://bon.texas.gov/rr\\_current/213-27.asp](http://bon.texas.gov/rr_current/213-27.asp)). See Behavior/Conduct in the Nursing Student Handbook.

**Communicating with your instructor:** ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means. (Faculty may add additional statement requiring monitoring and communication expectations via Blackboard or other LMS (Learning Management System)). If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. Please see the Student Concerns Policy in the Nursing Student Handbook for further instructions.

<b>Student Learner Outcome</b>	<b>Maps to Core Objectives</b>	<b>Assessed via this Assignment</b>
SLO1: Demonstrate professional student responsibilities by following policies and procedures of the ADN Program and the clinical facility practice guidelines.	EOPO3: Practice beginning leadership skills to include effective delegation; collaboration with the patient, family and members of the health care team; coordination of safe, effective, caring, evidence-based, and therapeutic patient-centered care; and integration of knowledge from the humanities, nutrition, pharmacology, and the psychosocial, biological, and nursing sciences.	Final Clinical Performance Evaluation Tool
SLO2: Assume responsibility and accountability for the quality of nursing care provided to patients and their families under the supervision of clinical faculty and assigned primary nurse.	EOPO3: Practice beginning leadership skills to include effective delegation; collaboration with the patient, family and members of the health care team; coordination of safe, effective, caring, evidence-based, and therapeutic patient-centered care; and integration of knowledge	Final Clinical Performance Evaluation Tool

	from the humanities, nutrition, pharmacology, and the psychosocial, biological, and nursing sciences.	
SLO3. Assess the physical and mental health status of adult patients with chronic health needs using a structured data collection tool with primary and secondary sources of information.	EOPO2: Apply the nursing process as a provider of patient-centered care in primary, secondary and tertiary settings to promote health by assisting patients in achieving, improving, or maintaining an optimum level of wellness.	Final Clinical Performance Evaluation Tool
SLO4. Analyze assessment data to prioritize problems that can be addressed by the nurse.	EOPO2: Apply the nursing process as a provider of patient-centered care in primary, secondary and tertiary settings to promote health by assisting patients in achieving, improving, or maintaining an optimum level of wellness.	Final Clinical Performance Evaluation Tool
SLO5. Develop a plan of care that identifies patient goals/outcomes and nursing interventions using information from evidence-based practice in collaboration with patients, their families, and the health care team.	EOPO2: Apply the nursing process as a provider of patient-centered care in primary, secondary and tertiary settings to promote health by assisting patients in achieving, improving, or maintaining an optimum level of wellness.	Final Clinical Performance Evaluation Tool
SLO6. Implement the plan of care to provide safe, compassionate, ethical nursing care for adult patients with common health needs and their families in long-term and acute care settings.	EOPO2: Apply the nursing process as a provider of patient-centered care in primary, secondary and tertiary settings to promote health by assisting patients in achieving, improving, or maintaining an optimum level of wellness.	Final Clinical Performance Evaluation Tool
SLO7. Evaluate attainment of patient goals and related nursing interventions and modify the plan of care in response to changing patient needs.	EOPO2: Apply the nursing process as a provider of patient-centered care in primary, secondary and tertiary settings to promote health by assisting patients in achieving, improving, or maintaining an optimum level of wellness.	Final Clinical Performance Evaluation Tool

SLO8. Use standards of nursing practice to provide and evaluate patient care by seeking supervision when practice behaviors and judgments fall outside individual knowledge and expertise.	EPO6: Integrate principles of teaching and learning to organize and plan the teaching of patients, family members, and other health care providers with socioeconomic, cultural and spiritual diversity.	Final Clinical Performance Evaluation Tool
SLO9. Collaborate and communicate in a timely manner with adult patients, their families, and the health care team to plan, deliver, and evaluate patient-centered care.	EPO4: Synthesize principles and techniques of interpersonal communication to implement therapeutic interactions with culturally diverse individuals, families, and groups in a variety of settings.	Final Clinical Performance Evaluation Tool
SLO10. Serve as a health care advocate in assessing and promoting safety and quality for patients and their families.	EPO9: Serve as a patient safety advocate by applying the principles of change theory, quality improvement and outcome measures in the healthcare setting.	Final Clinical Performance Evaluation Tool
SLO11. Communicate and manage information using technology to support decision making to improve patient care.	EPO5: Incorporate principles of effective communication and documentation using current nursing technology and informatics in providing patient-centered care and therapeutic support for culturally diverse patients at various stages of the life cycle and the wellness-illness continuum.	Final Clinical Performance Evaluation Tool

**Academic Dishonesty:** Any incidence of academic dishonesty will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty, such as cheating on exams, is an extremely serious offense. See Behavior/Conduct policy in the Nursing Student Handbook.

**Plagiarism:** Plagiarism is using someone else's words or ideas and claiming them as your own. Plagiarism is a profoundly serious offense. Plagiarism includes paraphrasing someone else's words without giving proper citation, copying directly from a website, and pasting it into your paper, using someone else's words without quotation marks. Any assignment containing plagiarized material will receive a grade of zero and the student will be referred to the Office of Student Conduct for appropriate disciplinary action. Also, see the Behavior/Conduct policy in the Nursing Student Handbook.

**Student Concerns:** If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after

discussing your concern with me, you continue to have questions, please contact the Course Facilitator. If, after discussing your concern with the Course Facilitator, you still have questions, please email [nursing@com.edu](mailto:nursing@com.edu) to request an appointment with the Director of Nursing. Please see the Student Concerns Policy in the Nursing Student Handbook for further instructions.

**ANA (American Nurses Association) Scope and Standards of Practice:** Students are expected to adhere to established ANA Scope and Standards of Practice (2015). (See Student Handbook and Clinical Evaluation Tool for detailed explanation of standards.)

**Student Handbooks:** Students are expected to adhere to all policies outlined in the College and Nursing Program student handbooks.

**Syllabus Revisions:** Faculty reserves the right to make changes to the syllabus as deemed necessary.

### **Institutional Policies and Guidelines**

**Grade Appeal Process:** Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook. [https://build.com.edu/uploads/sitecontent/files/student-services/Student\\_Handbook\\_2019-2020v5.pdf](https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf). *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.* [https://build.com.edu/uploads/sitecontent/files/student-services/Student\\_Handbook\\_2019-2020v5.pdf](https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf)

**Academic Success & Support Services:** College of the Mainland is committed to providing students with the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

**ADA Statement:** Any student with a documented disability needing academic accommodations is requested to contact Kimberly Lachney at 409-933-8919 or [klachney@com.edu](mailto:klachney@com.edu). The Office of Services for Students with Disabilities is located in the Student Success Center.

**Textbook Purchasing Statement:** A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Withdrawal Policy:** Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1<sup>st</sup> 8-week session is October 6. The last date to withdraw from the 16-week session is November 19. The last date to withdraw for the 2<sup>nd</sup> 8-week session is December 2. For nursing courses, please see the Admission, Progression, Dismissal, & Readmission policy in the Nursing Student Handbook.

**F<sub>N</sub> Grading:** The F<sub>N</sub> grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The F<sub>N</sub> grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the F<sub>N</sub> grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an F<sub>N</sub> grade.

**Early Alert Program:** The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are extremely important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program, you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer you to meet your academic goals.

**COVID-19 Statement:** All students, faculty, and staff are expected to familiarize themselves with materials and information contained on the College of the Mainland's Coronavirus Information site at [www.com.edu/coronavirus](http://www.com.edu/coronavirus). In compliance with [Governor Abbott's May 18 Executive Order](#), face coverings/masks will no longer be required on COM campus. Protocols and college signage are being updated. We will no longer enforce any COM protocol that requires face coverings. We continue to encourage all members of the COM community to distance, when possible, use hygiene measures, and get vaccinated to protect against COVID-19. Please visit [com.edu/coronavirus](http://com.edu/coronavirus) for future updates.

**Notice to Students Regarding Licensing:**

*Effective September 1, 2017, HB 1508 amends the Texas Occupations Code Section 53 that requires education providers to notify potential or enrolled students that a criminal history may make them ineligible for an occupational license upon program completion. The following website provides links to information about the licensing process and requirements: [https://www.bon.texas.gov/licensure\\_eligibility.asp](https://www.bon.texas.gov/licensure_eligibility.asp).*

*Should you wish to request a review of the impact of criminal history on your potential Vocational Nurse License prior to or during your quest for a degree, you can visit this link and request a "Criminal History Evaluation": [https://www.bon.texas.gov/licensure\\_endorsement.asp](https://www.bon.texas.gov/licensure_endorsement.asp)*

*This information is being provided to all persons who apply or enroll in the program, with notice of the requirements as described above, regardless of whether or not the person has been convicted of a criminal offense. Additionally, HB 1508 authorizes licensing agencies to require reimbursements when a student fails to receive the required notice.*

## Clinical Guidelines

### Clinical Experience



Students are expected to adhere to the rules and regulations outlined in the college catalog and the nursing student handbook.

**Student Activities during Virtual Clinical Day**

Students are expected to complete all pre- and post-clinical assignments as specified in the course syllabus. The typical clinical day may include the following experiences:

- Obtaining vital signs and physical assessment of assigned patient
- Completing AM care for patient
- Assisting patients with ADL’s as needed
- Collecting specimens as ordered
- Administration of medications ordered
- Completing treatment ordered
- Documenting patient care in the simulated EHR
- Reporting assessment results and planned interventions to the clinical instructor and assigned staff nurse

The overarching goal of this clinical experience is for the student to learn to “think like a nurse”.

**Permissible Clinical I Nursing Skills**

<b>Independent</b>	<b>RN Supervision Only</b>	<b>Faculty Supervision Only</b>
Ambulation assistance	Colostomy care	Medication administration (all routes)
Binder or bandage application	External catheter application & care	Endotracheal suctioning
Heat/Cold application	Isolation care	Enema administration
Hygiene care/bed bath	IV flow rate regulation	IV calculations
Incontinence care	IV site maintenance	IV insertion
Nutritional care (feeding)	IV tubing & container changes	IV locks
Physical Assessment (Adult)	NGT maintenance	NGT feeding
ROM exercises	Non-sterile dressing changes	NGT insertion or removal
Transfers (bed to chair)	Oxygen administration	NGT medication administration
Transfers (bed to stretcher)	Pre-op care/post-op care	Phlebotomy
Vital signs measurement	Pressure ulcer care	Providing Cast Care
	Restraint application & monitoring	Sterile dressing change

	Specimen collection	Tracheostomy suctioning & care
	Traction monitoring	Urinary catheterization
	Wound drainage device management	

**Non-permissible Nursing Skills**

Skills that will not be performed throughout nursing school at COM are administration of blood, and care of a patient with an airborne illness requiring the use of an N95 face mask. The student may observe the nurse administer blood or blood products. Performance of these skills by a nursing student is considered unsafe and can result in dismissal from the program.

**Medication Administration**

Students must pass a Math Competency Examination with 100% accuracy to administer medications during the acute care experience of this clinical course. Students will have three (3) attempts to successfully pass the examination. After the first attempt, the highest possible score to