

NURS 3351 Research & Evidence-Based Practice Spring 2024

Mode of Deliver: Internet

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Office Location: STEM Bld, Rm – 225-5 Office Hours: Tuesday 12pm – 4pm

Syllabus & Course calendar are subject to change without prior notice

Required Textbooks

LoBiondo-Wood, G. & Haber, J. (2022) Nursing Research: Methods and Critical Appraisal for Evidence-Based Practice, 10th edition. St. Louis: Elsevier, Inc.

American Psychological Association. (2020). Publication Manual of the American Psychological Association, 7th edition. Washington,

DC: APA

Textbook Purchasing Statement:

A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Course Description

Scholarly exchange prepares the baccalaureate nurse to understand the language of research and the scientific process through evaluation of quantitative, qualitative, and mixed method research methodology as a foundation for evidence-based practice in the healthcare setting. This course will investigate research methods and findings and promote appraisal skills to support evidence-based, patient-centered care, quality improvement, and safety outcomes. (Credit 3: Lecture 3, Lab 0) (8-week course, 48 contact hours)

Communicating with your instructor: ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means. (Faculty may add additional statement requiring monitoring and communication expectations via Blackboard or other LMS)

Course Objectives/Student Learning Outcomes Upon completion of this course, the student will:

Student Learner Outcome	Maps to Core Objective	Assessed via this Assignment	
Integrate knowledge, skills, and abilities gained from personal experiential learning, prerequisite, and co-requisite courses in the program of study.	80 percent of students will receive maximum points on the final term paper written assignment, which is a paper that is part of a larger research project across the program.	Case study, Quiz, discussion board	
Address the role of research in providing evidence-based delivery of safe patient-centered care.	Measure: 80 percent of students will receive maximum points on correctly discussing the role of the nurse related to research and providing evidence-based delivery of safe patient-centered care.	Case study, Quiz, discussion board	
Apply legal and ethical standards in evaluating and applying research to provide evidence-based practice.	80 percent of students will receive maximum points on correctly appraising current issues relevant to legal standards when evaluating and applying research to provide evidence-based practice.	Case study, Quiz, discussion board, Research/Appraisal activities	
Compare and contrast quantitative, qualitative, mixed-methods research methodologies, and the contributions of each to evidence-based nursing practice.	80 percent of students will receive the maximum number of points on the participation discussion board regarding research methodologies and contributions to research.	Case study, Quiz, discussion board, Research/Appraisal activities	
Appraise research and evidence-based practices as a means to support patient outcomes.	80 percent of students will receive the maximum number of points by correctly examining research appraisal and appraisal of evidence-based practice to support patient outcomes.	Case study, Quiz, discussion board, Research/Appraisal activities	
Analyze protocols to evaluate patient care indicators and outcomes of evidence-based initiatives to support patient outcomes.	80 percent of students will receive the maximum number of points on the participation discussion board regarding protocols to evaluate the selected NDNQI	Case study, Quiz, discussion board, Research/Appraisal activities	
Analyze future implications for nursing research as a foundation for evidence-based practice to enhance nursing as a profession.	80 percent of students will receive the maximum number of points on the participation discussion board regarding implications for nursing research	Case study, Quiz, discussion board, Research/Appraisal activities	

as a foundation for evidence-based practice to	
enhance nursing as a profession.	

Methods of Instruction

Case studies/ Research/Appraisal activities Discussion Board Assignments/Quizzes Audio-visual instructional aids Written Reports

Grading Scale

A = 90 - 100.00

B = 80 - 89.99

C = 70 - 79.99

D = 60 - 69.99

F = < 60

Grade Calculation

Assignments	%
Weekly Discussion Board/Professionalism (8)	20%
Weekly Quiz (6)	10%
Case Study (1)	10
Research/Appraisal activities (1)	25%
Written Project: Term paper	35%
Grade Total	100%
*A Grade Total of at least 70% is required to pass the	course.

Attendance

See the Attendance Policy in the Nursing Student Handbook.

Tardiness

See Attendance Policy in the Nursing Student Handbook.

Withdrawal

See Admission, Progression, Dismissal, & Readmission policy in the Nursing Student Handbook.

ADA Statement

Any student with a documented disability needing academic accommodations is requested to contact Holly Bankston at 409-933-8520 or hbankston@com.edu. The Office of Services for Students with Disabilities is located in the Student Success Center.

Early Academic Alert Program

The Counseling Center at College of the Mainland has implemented an Early Academic Alert Program. Students will be referred to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If referred to the Academic Alert Program, students will be contacted by someone in the Counseling Department. As student success and retention is very important to us, someone from the Counseling Department will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

Classroom Conduct Policy/Student Conduct

Classroom Conduct Policy: College of the Mainland requires that students enrolled at COM be familiar with the Standards of Student Conduct, which can be found in the on-line Student Handbook. http://www.com.edu/student-services/studenthandbook.php. Students should act in a professional manner at all times. Disruptive students will be held accountable according to college policy. Any violations of the Code of Conduct will result in a referral to the Office for student Conduct and may result in dismissal from this class.

In addition to the Standards of Student Conduct found in the online COM Student Handbook (http://www.com.edu/student-services/student-handbook.php), nursing students are expected to demonstrate good professional character as defined in in BON Rule 213.27 (http://bon.texas.gov/rr current/213-27.asp). See Behavior/Conduct in the Nursing Student Handbook.

Academic Dishonesty

Any incidence of academic dishonesty will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty, such as cheating on exams, is an extremely serious offense. See Behavior/Conduct policy in the Nursing Student Handbook.

Plagiarism

Plagiarism is using someone else's words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else's words without giving proper citation, copying directly from a website, and pasting it into your paper, using someone else's words without quotation marks. Any assignment containing plagiarized material will receive a grade of zero and the student will be referred to the Office of Student Conduct for appropriate disciplinary action. Also see the Behavior/Conduct policy in the Nursing Student Handbook.

Avoiding Plagiarism: http://www.plagiarism.org/

Course Requirements

- 1. Discussion board (8): Assess knowledge and application of incremental course content. Discussion board topics will be from the weekly reading content. Students will post one significant post related to the course content and support post with cited references. Students will reply to two of their peer's post or instructors' questions/posts with cited references. If a student receives a grade below 70% on any discussion board rubric, the student should schedule a counseling appointment with the instructor to complete remediation. (See Appendix A: Discussion Board Rubric)
- 2. Research Activity/Critical Appraisal (1): Assesses overall knowledge and application of complete course content. Case studies/Research activities/critical appraisal will meet QSEN/NLN competencies, including teamwork, collaboration and professional identity, evidence-based practice with spirit of inquiry, safety, and nursing judgement. Submit your work via blackboard drop box. If a student receives a grade below 70% on any case study/research activities, the student should schedule a counseling appointment with the department remediation counselor and/or course facilitator. (See Appendix B: Research Activities/Appraisal Rubric)
- 3. Quizzes (6): Assesses overall knowledge and application of complete course content. Students will complete quizzes assigned, each due at midnight on the assigned deadline. The student will have one attempt to complete each quiz which will be averaged for the quiz grade.
- 4. Case Study (1): Assesses overall knowledge and application of complete course content. Case studies will meet QSEN/NLN competencies, including teamwork, collaboration and professional identity, evidence-based practice with spirit of inquiry, safety, and nursing judgement. If a student receives a grade below 70% on any case study, the student should schedule a counseling appointment with the department remediation counselor and/or course facilitator. (See the Appendix: Case Study Rubric)
- **Term Paper:** The term paper written assignment is a term paper that is part of a larger research project across the program. (*See Appendix C: Term Paper Rubric*). Submit your paper via blackboard drop box for Term paper.
- **6.** Weekly Participation/Professionalism: Assesses ability to synthesize information when collaborating on a topic with peers. Students will discuss components of evidence-based research on a weekly discussion board. Students will be expected to synthesize content for the weekly discussion post and support their response with cited references. Students will be required to synthesize postings from two of their peers/instructors each week and contribute substantially to the post with new information either supporting the peers/instructors view or offering a different view with supporting references at least 2 days/wk.

Professionalism: Students will receive professionalism points each day they come to class.

- a. Attendance Student is present in the class per institution attendance requirements.
- b. Timeliness student submits assignments on time.
- c. Participation and engagement students participate in class and team activities in a meaningful and engaged way.
- d. Preparedness student completes all assignments and pre-class assignments.
- e. Professional demeanor Student communicates in a professional manner throughout the course period.
- f. Objectives Application students will apply the objectives of this class to all classwork and assignments.
- g. Teamwork student participates in teams in a collaborative and professional manner.

Make-Up Policy/Late Assignments

All course assignments are expected to be completed and submitted on the specified due date. See Late Assignments Policy in the Nursing Student Handbook. (FYI – any assignments that is two days late will receive a grade of zero points)

Concerns/Questions

If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact the Course Facilitator. If, after discussing your concern with the Course Facilitator, you still have questions, please email nursing@com.edu to request an appointment with the Director of Nursing. Please see the Student Concerns Policy in the Nursing Student Handbook for further instructions.

Successful Tips for Students

Schedule time to study based on the difficulty of the content. Use this table as a guide:

Course Difficulty	Study Hours Per Week Per Hour in Class		
High Difficulty Course	3 hours		
Medium Difficulty Course	2 hours		
Low Difficulty Course	1 hour		

http://www.usu.edu/arc/StudySmart/pdf/estimating study hours.pdf

Read assignments before class or clinical. Here are some strategies for getting the most out of your college textbooks:

4 Steps to Reading a Textbook:

http://www.studyright.net/blog/4-steps-to-reading-a-textbook-quickly-and-effectively/

Active Reading Strategies:

http://www.princeton.edu/mcgraw/library/for-students/remember-reading/

The Reading Cycle: Plan-Do-Review

 $\underline{http://www2.swccd.edu/\sim} asc/\underline{lrnglinks/txtrdg.html}$

How to Read Your Textbooks More Efficiently College Info Geek (video)

https://www.youtube.com/watch?v=tgVjmFSx7rg

5 Active Reading Strategies for Textbook Assignments College Info Geek (video)

5 Active Reading Strategies for Textbook Assignments - College Info Geek

ANA Scope and Standards of Practice

Students are expected to adhere to established ANA Scope and Standards of Practice (2015

Student Handbooks

Students are expected to adhere to all policies outlined in the College and Nursing Program student handbooks.

Syllabus Revisions

Faculty reserves the right to make changes to the syllabus as deemed necessary.

The Speaking, Reading, and Writing Center

The Speaking, Reading and Writing Center provides free tutoring services to students, staff and faculty seeking assistance for writing, reading and oral presentations for academic and non-academic assignments/projects. Located in the Technical Vocational Building, Room 1306, the center provides face-to-face and online tutoring sessions in a welcoming environment. Appointments can be made in person, or on the center scheduler at com.mywconline.com, or by clicking the SRWC icon on the COM website.

Surviving Active Shooter Event Reference and Training Videos

Run, Hide, Fight * (Mandatory) https://www.youtube.com/watch?v=5VcSwejU2D0

Last Resort ACTIVE SHOOTER SURVIVAL Measures by Alon Stivi https://www.youtube.com/watch?v=r2tIeRUbRHw

Surviving an Active Shooter Event - Civilian Response to Active Shooter https://www.youtube.com/watch?v=j0It68YxLQQ

Make the Call * (Mandatory) https://www.youtube.com/watch?v=AWaPp-8k2p0

Discussion Questions:

- 1. What is your plan while in class to consider running, hiding, or fighting to survive?
- 2. How would you lock your classroom and/or barricade entry into the classroom?
- 3. What would you use to improvise weapons to take down the shooter / aggressor?
- 4. If you have to fight, would you COMMIT to the fight to save your life and others?
- 5. If you have a License to Carry and are concealed carrying, what guidelines would you follow?
- 6. Do you have the campus police emergency number and non-emergency number programmed into your phone?
- a. COM Police Emergency number (409-933-8599)
- b. COM Police Non-Emergency number (409-933-8403).
- 7. When the police arrive why would you have your hands up and follow all commands?
- 8. Why is it important to make the call to report any suspicious person or activity to campus police?

Course Content

Unit 1: Integrating Research, Evidence-Based Practice, and Quality Improvement Processes

Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. State the significance of research, evidence-based practice, and quality improvement (QI).
- 2. Identify the role of the consumer of nursing research.
- 3. Define evidence-based practice.
- 4. Define OI.
- 5. Discuss evidence-based and QI decision making.
- 6. Explain the difference between quantitative and qualitative research.
- 7. Explain the difference between the types of systematic reviews.
- 8. Identify the importance of critical reading skills for critical appraisal of research.
- 9. Discuss the format and style of research reports/articles.
- 10. Discuss how to use an evidence hierarchy when critically appraising research studies.

Learning Content:

Nursing Research, Evidence-Based Practice, and Quality Improvement

- II. Types of Research: Qualitative and Quantitative
- III. Critical Reading Skills
- IV. Strategies for Critiquing Research Studies
- V. Overcoming Barriers: Useful Critiquing Strategies
- VI. Evidence-based Practice and Research
- VII. Research Articles: Format and Style
- VIII. Systematic Reviews: Meta-analyses, Integrative Reviews, and Meta-Syntheses
- IX. Clinical Guidelines
- X. Quality Improvement
- XI. Key Points
- **Learning Activities**:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 1

Unit 2: Research Questions, Hypotheses, and Clinical Questions

Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Describe how the research question and hypothesis relate to the other components of the research process.
- 2. Describe the process of identifying and refining a research question or hypothesis.

- 3. Discuss the appropriate use of research questions versus hypotheses in a research study.
- 4. Identify the criteria for determining the significance of a research question or hypothesis.
- 5. Discuss how the purpose, research question, and hypothesis suggest the level of evidence to be obtained from the findings of a research study.
- 6. Discuss the purpose of developing a clinical question.
- 7. Discuss the differences between a research question and a clinical question in relation to evidence-based practice.
- 8. Apply critiquing criteria to the evaluation of a research question and hypothesis in a research report.

Learning Content:

- I. Developing and Refining a Research Question: Study Perspective
- II. The Fully Developed Research Question
- III. Study Purpose, Aims, or Objectives
- IV. Developing the Research Hypothesis
- V. Relationship Between the Hypothesis and the Research Design
- VI. Developing and Refining a Clinical Question: A Consumer's Perspective
- VII. Appraisal for Evidence-Based Practice the Research Question and Hypothesis

VIII. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 2

Unit 3: Gathering and Appraising the Literature

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Discuss the purpose of a literature review in a research study.
- 2. Discuss the purpose of reviewing the literature for an evidence-based and quality improvement (QI) project.
- 3. Differentiate the purposes of a literature review from the evidence-based practice and the research perspective.
- 4. Differentiate between primary and secondary sources.
- 5. Differentiate between systematic reviews/meta-analyses and pre-appraised synopses.
- 6. Discuss the purpose of reviewing the literature for developing evidence-based practice and QI projects.
- 7. Use the PICO format to guide a search of the literature.
- 8. Conduct an effective search of the literature.
- 9. Apply critical appraisal criteria for the evaluation of literature reviews in research studies.

Learning Content:

- I. Review of the Literature
- II. Searching for Evidence
- III. Types of Resources

IV. Literature Review Format: What to Expect

V. Appraisal for Evidence-Based Practice

VI. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 3

Unit 4: Theoretical Frameworks for Research

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Describe the relationship among theory, research, and practice.
- 2. Identify the purpose of conceptual and theoretical frameworks for nursing research.
- 3. Differentiate between conceptual and operational definitions.
- 4. Identify the different types of theories used in nursing research.
- 5. Describe how a theory or conceptual framework guides' research.
- 6. Explain the points of critical appraisal used to evaluate the appropriateness, cohesiveness, and consistency of a framework guiding research.

Learning Content:

- I. Practice-Theory-Research Links
- II. Overview of Theory
- III. Types of Theories Used by Nurses
- IV. How Theory is Used in Nursing Research
- V. Application to Research and Evidence-Based Practice
- VI. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 4

Unit 5: Introduction to Qualitative Research

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Describe the components of a qualitative research report.
- 2. Describe the beliefs generally held by qualitative researchers.
- 3. Identify four ways qualitative findings can be used in evidence-based practice.

Learning Content:

I. What is Qualitative Research?

- II. What Do Qualitative Researchers Believe?
- III. Does the Methodology Fit with the Research Question Being Asked?
- IV. Components of Qualitative Research Study
- V. Discussion of the Results and Implications for Evidence-Based Practice
- VI. Appraisal for Evidence-Based Practice Foundation of Qualitative Research
- VII. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 5

Unit 6: Qualitative Approaches to Research

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Identify the processes of phenomenological, grounded theory, ethnographic, and case study methods.
- 2. Recognize appropriate use of community-based participatory research (CBPR) methods.
- 3. Discuss significant issues that arise in conducting qualitative research in relation to such topics as ethics, criteria for judging scientific rigor, and combination of research methods.
- 4. Apply critical appraisal criteria to evaluate a report of qualitative research.

Learning Content:

- I. Qualitative Approach and Nursing Science
- II. Qualitative Research Methods
- III. Synthesizing Qualitative Evidence: Meta-Synthesis
- IV. Issues in Qualitative Research
- V. Appraisal for Evidence-Based Qualitative Research
- VI. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 6

Unit 7: Appraising Qualitative Research

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Understand the role of critical appraisal in research and evidence-based practice.
- 2. Identify the criteria for critiquing a qualitative research study.
- 3. Identify the stylistic considerations in a qualitative study.
- 4. Apply critical reading skills to the appraisal of qualitative research.

- 5. Evaluate the strengths and weaknesses of a qualitative study.
- 6. Describe applicability of the findings of a qualitative study.
- 7 Construct a written critique of a qualitative study.

Learning Content:

- I. Critical Appraisal and Qualitative Research Considerations
- II. Application of Qualitative Research Findings
- III. The Research Study
- IV. The Critique

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 7

Unit 8: Introduction to Quantitative Research

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Define research design.
- 2. Identify the purpose of a research design.
- 3. Define control and fidelity as it affects research design and the outcomes of a study.
- 4. Compare and contrast the elements that affect fidelity and control.
- 5. Begin to evaluate what degree of control should be exercised in a study.
- 6. Define internal validity.
- 7. Identify the threats to internal validity.
- 8. Define external validity.
- 9. Identify the conditions that affect external validity.
- 10. Identify the links between study design and evidence-based practice.
- 11. Evaluate research design using critiquing questions.

Learning Content:

- I. Research Design and Purpose
- II. Objectivity in the Research Question Conceptualization
- III. Accuracy
- IV. Control and Intervention Fidelity
- V. Quantitative Control and Flexibility
- VI. Internal and External Validity
- VII. Appraisal for Evidence-Based Practice Quantitative Research
- VIII. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 8

Unit 9: Experimental and Quasi-Experimental Designs

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Describe the purpose of experimental and quasi-experimental research.
- 2. Describe the characteristics of experimental and quasi-experimental designs.
- 3. Distinguish between experimental and quasi-experimental designs.
- 4. List the strengths and weaknesses of experimental and quasi-experimental designs.
- 5. Identify the types of experimental and quasi-experimental designs.
- 6. Identify potential internal and external validity issues associated with experimental and quasi-experimental designs.
- 7. Critically evaluate the findings of experimental and quasi-experimental studies.
- 8. Identify the contribution of experimental and quasi-experimental designs to evidence-based practice.

Learning Content:

- I. Research Process
- II. Experimental Design
- III. Quasi-Experimental Designs
- IV. Evidence-Based Practice
- V. Appraisal for Evidence-Based Practice Experimental and Quasi-Experimental Designs
- VI. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 9

Unit 10: Nonexperimental Designs

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Describe the purpose of nonexperimental designs.
- 2. Describe the characteristics of nonexperimental designs.
- 3. Define the differences between nonexperimental designs.
- 4. List the advantages and disadvantages of nonexperimental designs.
- 5. Identify the purpose and methods of methodological, secondary analysis, and mixed method designs.
- 6. Identify the critical appraisal criteria used to critique nonexperimental research designs.
- 7. Evaluate the strength and quality of evidence by nonexperimental designs.

Learning Content:

- I. Survey Studies
- II. Relationship and Difference Studies
- III. Prediction and Causality in Nonexperimental Research
- IV. Additional Types of Quantitative Methods
- V. Appraisal for Evidence-Based Practice Nonexperimental Designs
- VI. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 10

Unit 11: Systematic Reviews and Clinical Practice Guidelines

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Describe the types of research reviews.
- 2. Describe the components of a systematic review.
- 3. Differentiate between a systematic review, meta-analysis, and integrative review.
- 4. Describe the purpose of clinical guidelines.
- 5. Differentiate between an expert- and an evidence-based clinical guideline.
- 6. Critically appraise systematic reviews and clinical practice guidelines.

Learning Content:

- I. Systematic Review Types
- II. Systematic Review
- III. Meta-Analysis
- IV. Cochrane Collaboration
- V. Integrative Review
- VI. Reporting Guidelines: Systematic Reviews and Meta-Analysis
- VII. Tools for Evaluating Individual Studies
- VIII. Clinical Practice Guidelines
- IX. Evaluating Clinical Practice Guidelines
- X. Appraisal for Evidence-Based Practice Systematic Reviews and Clinical Guidelines
- XI. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 11

Unit 12: Sampling

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Identify the purpose of sampling.
- 2. Define population, sample, and sampling.
- 3. Compare a population and a sample.
- 4. Discuss the importance of inclusion and exclusion criteria.
- 5. Define nonprobability and probability sampling.
- 6. Identify the types of nonprobability and probability sampling strategies.
- 7. Compare the advantages and disadvantages of nonprobability and probability sampling strategies.
- 8. Discuss the contribution of nonprobability and probability sampling strategies to strength of evidence provided by study findings.
- 9. Discuss the factors that influence sample size.
- 10. Discuss potential threats to internal and external validity as sources of sampling bias.
- 11. Use the critical appraisal criteria to evaluate the "Sample" section of a research report.

Learning Content:

- I. Sampling Concepts
- II. Types of Samples
- III. Samples Size
- IV. Appraisal for Evidence-Based Sampling
- V. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 12

Unit 13: Legal and Ethical Issues

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Describe the historical background that led to the development of ethical guidelines for the use of human subjects in research.
- 2. Identify the essential elements of an informed consent form.
- 3. Evaluate the adequacy of an informed consent form.
- 4. Describe the institutional review board's role in the research review process.
- 5. Identify populations of subjects who require special legal and ethical research considerations.
- 6. Describe the nurse's role as patient advocate in research situations.
- 7. Critique the ethical aspects of a research study.

Learning Content:

- I. Sampling Concepts
- II. Types of Samples

III. Samples Size

IV. Appraisal for Evidence-Based Sampling

V. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 13

Unit 14: Data Collection Methods

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Define the types of data collection methods used in research.
- 2. List the advantages and disadvantages of each data collection method.
- 3. Compare how specific data collection methods contribute to the strength of evidence in a study.
- 4. Identify potential sources of bias related to data collection.
- 5. Discuss the importance of intervention fidelity in data collection.
- 6. Critically evaluate the data collection methods used in published research studies.

Learning Content:

- I. Measuring Variables of Interest
- II. Data Collection Methods
- III. Construction of New Instruments
- IV. Appraisal for Evidence-Based Practice Data Collection Methods
- V. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 14

Unit 15: Reliability and Validity

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Discuss how measurement errors can affect the outcomes of a study.
- 2. Discuss the purposes of reliability and validity.
- 3. Define reliability.
- 4. Discuss the concepts of stability, equivalence, and homogeneity as they relate to reliability.
- 5. Compare and contrast the estimates of reliability.
- 6. Define validity.
- 7. Compare and contrast content, criterion-related, and construct validity.

- 8. Identify the criteria for critiquing the reliability and validity of measurement tools.
- 9. Use the critical appraisal criteria to evaluate the reliability and validity of measurement tools.
- 10. Discuss how reliability and validity contribute to the strength and quality of evidence provided by the findings of a research study. Learning Content:
- I. Reliability, Validity, and Measurement Error
- II. Validity
- III. Reliability
- IV. Classic Test Theory Versus Item Response Theory
- V. How Validity and Reliability are Reported.
- VI. Appraisal for Evidence-Based Practice Reliability and Validity
- VII. Key Points
- **Learning Activities:**

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 15

Unit 16: Data Analysis: Descriptive and Inferential Statistics

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Differentiate between descriptive and inferential statistics.
- 2. State the purposes of descriptive statistics.
- 3. Identify the levels of measurement in a study.
- 4. Describe a frequency distribution.
- 5. List measures of central tendency and their use.
- 6. List measures of variability and their use.
- 7. State the purpose of inferential statistics.
- 8. Explain the concept of probability as it applies to the analysis of sample data.
- 9. Distinguish between a type I and type II error and its effect on a study's outcome.
- 10. Distinguish between parametric and nonparametric tests.
- 11. List some commonly used statistical tests and their purposes.
- 12. Critically appraise the statistics used in published research studies.
- 13. Evaluate the strength and quality of the evidence provided by the findings of a research study and determine applicability to practice.

Learning Content:

- I. Levels of Measurement
- II. Descriptive Statistics
- III. Inferential Statistics
- IV. Appraisal for Evidence-Based Practice Descriptive and Inferential Statistics

V. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 16

Unit 17: Understanding Research Findings

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Discuss the difference between the "Results" and the "Discussion" sections of a research study.
- 2. Determine if findings are objectively discussed.
- 3. Describe how tables and figures are used in a research report.
- 4. List the criteria of a meaningful table.
- 5. Identify the purpose and components of the "Discussion" section.
- 6. Discuss the importance of including generalizability and limitations of a study in the report.
- 7. Determine the purpose of including recommendations in the study report.
- 8. Discuss how the strength, quality, and consistency of evidence provided by the findings are related to a study's results, limitations, generalizability, and applicability to practice.

Learning Content:

I. Findings

II. Appraisal for Evidence-Based Practice Research Findings

III. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 17

Unit 18: Appraising Quantitative Research

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Identify the purpose of the critical appraisal process.
- 2. Describe the criteria for each step of the critical appraisal process.
- 3. Describe the strengths and weaknesses of a research report.
- 4. Assess the strength, quality, and consistency of evidence provided by a quantitative research report.
- 5. Discuss applicability of the findings of a research report for evidence-based nursing practice.
- 6. Conduct a critique of a research report.

Learning Content:

I. Findings

II. Appraisal for Evidence-Based Practice Research Findings

III. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 18

Unit 19: Strategies and Tools for Developing an Evidence-Based Practice

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Identify the key elements of a focused clinical question.
- 2. Discuss the use of databases to search literature.
- 3. Screen a research article for relevance and validity.
- 4. Critically appraise study results and apply the findings to practice.
- 5. Make clinical decisions based on evidence from the literature combined with clinical expertise and patient preferences.

Learning Content:

- I. Evidence-based Strategy: #1: Asking a Focused Clinical Question
- II. Evidence-based Strategy #2: Searching the Literature
- III. Evidence-based Strategy #3: Screening Your Findings
- IV. Evidence-based Strategy #4: Appraise Each Article's Findings
- V. Evidence-based Strategy \$5: Applying the Findings
- VI. Summary
- VII. Key Points
- <u>Learning Activities</u>:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 19

Unit 20: Developing an Evidence-Based Practice

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Differentiate among conduct of nursing research, evidence-based practice, and translation science.
- 2. Describe the steps of evidence-based practice.
- 3. Describe strategies for implementing evidence-based practice changes.
- 4. Identify steps for evaluating an evidence-based change in practice.
- 5. Use research findings and other forms of evidence to improve the quality of care.

Learning Content:

I. Overview of Evidence-based Practice

II. Steps of Evidence-based Practice

III. Future Directions

IV. Key Points

VII. Key Points

Learning Activities:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 20

Unit 21: Quality Improvement

Unit Student Learning Outcomes:

Upon completion of this unit, the student will be expected to:

- 1. Discuss the characteristics of quality health care defined by the Institute of Medicine.
- 2. Compare the characteristics of the major quality improvement (QI) models used in health care.
- 3. Identify two databases used to report health care organizations' performance to promote consumer choice and guide clinical QI activities.
- 4. Describe the relationship between nursing-sensitive quality indicators and patient outcomes.
- 5. Describe the steps in the improvement process and determine appropriate QI tools to use in each phase of the improvement process.
- 6. List four themes for improvement to apply to the unit where you work.
- 7. Describe ways that nurses can lead QI projects in clinical settings.
- 8. Use the SQUIRE Guidelines to critique a journal article reporting the results of a QI project.

Learning Content:

I. Overview of Evidence-based Practice

II. Steps of Evidence-based Practice

III. Future Directions

IV. Key Points

<u>Learning Activities</u>:

Read: LoBiondo-Wood, G. & Haber, J. (2022) Chapter 21

Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook https://www.com.edu/student-services/docs/Student_Handbook_2023-2024_v2.pdf. An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.

Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

ADA Statement: Any student with a documented disability needing academic accommodations is requested to contact Kimberly Lachney at 409-933-8919 or klachney@com.edu. The Office of Services for Students with Disabilities is located in the Student Success Center.

Textbook Purchasing Statement: A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Withdrawal Policy: Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1st 8-week session is February 28. The last date to withdraw for the 2nd 8-week session is May 1. The last date to withdraw for spring mini session is May 29.

FN Grading: The FN grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an FN grade.

Early Alert Program: The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program, you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

Resources to Help with Stress:

If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here https://www.com.edu/community-resource-center/. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at dean-of-students@com.edu or <a href="mainly-community-communi