



Psychology 2301-013IN
General Psychology
SU2021

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Course Communication *Contact via email. Will reply within 24 hours. If it is an urgent matter please call or text me.* ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means.

Office Hours:

Monday/Wednesday 2-4 pm and by appointment. Meetings held by phone or at <https://doxy.me/juliepaynemft>.

Required Textbook:

Psychology in Everyday Life 5th Edition by David G Myers & C.N. DeWall

Text Book Purchasing Statement:

A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Course Description:

General Psychology is a survey of the major psychological topics, theories and approaches to the scientific study of behavior and mental processes including scientific method and theories, perception, consciousness, learning, memory, intelligence, motivation, emotion, stress, personality, psychological disorders, and therapy. Prerequisites: ENGL 1301 or TSI Reading 351 or equivalent developmental course. This is an academic transfer course.

Course Requirements:

Requirements of this course are attendance, assignment, quizzes, discussion posts, exams, and presentations. **There will be NO MAKE UPS and no late assignments accepted without clearance by me prior to the due date and for major exceptions only!** Please see the Methods of Evaluation section of Course Outline Syllabus for details regarding each of the required areas.

Grading Scale:

A	990-1100 points
B	880-989 points
C	770-879 points
D	660-769 points
F	659 or fewer points

Attendance Points:	32+ log-ins	30 points
	28-31 log-ins	25 points
	25-27 log-ins	20 points
	21-24 log-ins	15 points
	16-20 log-ins	10 points

Assignment	Due Date	Possible Points	Earned Points
Quiz Syllabus		10	
Discussion Post CH 1-3		10	
Discussion Post CH 4-6		10	
Discussion Post CH 7-9		10	
Discussion Post CH 10-12		10	
Discussion Post CH 13-14		10	
Assignment 1		40	
Assignment 2		40	
Assignment 3		40	
Assignment 4		40	
Presentation		80	
Exam 1		100	
Exam 2		100	
Exam 3		100	
Exam 4		100	
Extra Credit 1		25	
Extra Credit 2		25	
Extra Credit 4		25	
Total		775	

Methods of Evaluation

Quizzes: There will be one syllabus quiz the first week of school that will be completed online.

Chapter Discussion Posts: There will be a total of 5 chapter discussion posts, with each having a maximum of 10 points. Discussion posts must be at least 100 words and reflect thoughtful reflection of the chapter and lecture materials. Additionally you will need to comment to at least one of your classmates discussion posts.

Research Project: Each student will be required to complete a research project. The project will include a written and an oral component. This assignment will help students examine some of the ethical issues within psychology and identify how these impact our society on the community, state, and national level. Further, this presentation will allow students to examine the importance of being knowledgeable of their own personal biases and/ or stereotypes, and how they can be more informed in their future interactions. Students will select a movie from a list provided by the instructor. The instructor will assign a due date. Grading Rubric and more detailed information will be provided after according to the course schedule/calendar.

Exams: There will be a total of 5 Semester Exams with each exam having a maximum of 100 points. Exams will be broken into sections containing between 2 - 3 chapters, and each exam will consist of a total of 100 questions. Exams may include a combination of true/false, multiple choice, matching, and/or short answer questions. Exams will be open for a duration of 3 days. Each exam will be timed and you will have a total of 2 hours (120minutes) to complete each exam. **Exams are open book/note!**

NOTE: Please be aware that although you have 3 days to take the exam, at midnight on the 3rd day you will not be able to open/reopen the exam. Please be sure to make time to complete the exam before the due date.

Extra Credit (Optional): Each student can earn up to a total of 75 points of Extra Credit to be added on to their final grade. Please see options for Extra Credit and their due dates. All Extra Credit assignments must be turned in by the due date. There will be no credit given for Extra Credit turned in late. All assignments must be turned in following the same guidelines as assignments.

Assignments: Below are the 4 assignments that will make up 160 of your 700 points. You must complete all 7 assignments. All papers must be typed using Times New Roman 12 point font double spaced with 1 inch margins. Be sure to fully address each bulleted item to receive full credit. **Assignments must be submitted online via blackboard by midnight on the due date.** Late work will not be accepted. Include your name on your paper.

1. Write a 2-4 page paper in your own words describing historical influences that shaped the field of psychology.
 - a. Choose a major theorist and discuss how this person influenced/shaped psychology
 - b. Discuss what they contributed to the field of psychology
 - c. Discuss if you agree or disagree with the theorist
 - d. People to consider may be Freud, Maslow, Rogers, Piaget, Pavlov, Skinner, Jung, Horney, etc...
2. Summarize a TED video in a 5 minute oral presentation (www.TED.com) and turn in a report (Browse around the site and find a "TED Talk" that really interests you. Students typically do better on presentations when they are presenting on a topic that they are interested in or one that peaks their curiosity) Type a 2 page paper answering the following questions.
 - a. What is the URL link
 - b. What is the title of the video
 - c. Who is the speaker in the video
 - d. Discuss the main idea of the video
 - e. Discuss what interested you in the video
 - f. Discuss what the message was that the speaker tried to convey

- g. Discuss how this video relates to the field of psychology
- 3. You must write a 2-4 page paper discussing the impact stress has had on your life
 - a. Brief description of how stress effects the body. Please discuss some negative and positive impacts stress has on the body.
 - b. What are some of the stressors in your life now and growing up?
 - c. How have you coped with stress (healthy and unhealthy ways). How has your coping changed from when you were younger to now?
 - d. What could you do more of to help manage your stress?
 - e. You must utilize what you have learned in this course in your discussion and include 1 additional outside resource. **(use proper APA citations and reference page).**
- 4. Complete 5 psychological tests from the links provided and type a 1-2 page paper
 - a. Discuss how physiological factors (ex: how your body functions, emotions, sleep patterns, diet and exercise) and Psychological factors (ex: how your mind interprets things, thoughts, behaviors, personality) in your life have influenced your behavior
 - b. Include a closing paragraph if you agree or disagree with the results
 - c. The 5 tests must cover each of the following topics
 - i. Sleep, Personality test, Emotional IQ, Diet, Relationship
 - d. [Http://psychcentral.com/personality-etst/start.php](http://psychcentral.com/personality-etst/start.php)
 - e. <http://www.outofservice.com/bigfive/>
 - f. <http://www.personalitytest.net/>

Presentation: Watch a movie from the list provided at the end of this syllabus. (You will need to pick a movie and post it in the group discussion by 11/13. Each student must pick a different movie so have a few options in mind.) This assignment will be 5-10 min oral presentation (the oral presentation will be either a video recording or a powerpoint with you speaking and then uploaded on blackboard for all classmates to see. Please note that there will be extra points given for presentations with good visual components.

- a. Your oral presentation should include the following information: (if you are not using a PowerPoint for your oral presentation you should have visual aids as you discuss your character).
 - i. State the movie you watched
 - ii. State the Character that you are focusing on
 - iii. Describe your character symptoms
 - iv. Discuss Biopsychosocial aspects
 - v. Discuss which disorder(s) your character most likely suffers from and explain why
 - vi. Discuss if the disorder is likely due to genetics and/or environmental factors
 - vii. Discuss what you believe would be the best treatment option for your character (medication, therapy, hospitalization, 12 step, support group, etc.)
 - viii. Discuss the likelihood of recovery or treatment outcome for your character
 - ix. Discuss the impact your character and their disorder has on society, the individual, their family/friend, career/school
 - x. You must watch and comment to each of your classmates videos to receive full credit

MOVIE LIST

Please select 1 movie from the list below for Assignment 7

- 12 Monkeys (1995)
- A Beautiful Mind (2001)
- A Star Is Born (2018)
- Analyze This (1999)
- As Good as It Gets (1997)
- Beautiful Boy (2010)
- Benny & Joon (1993)
- Black Swan (2010)
- Blow (2001)
- Bohemian Rhapsody (2018)
- Boys Don't Cry (1999)
- Cake (2014)
- Crash (2004)
- Crazy/Beautiful (2001)
- Cruel Intentions (1999)
- Dallas Buyers Club (2013)
- Don't Say a Word (2001)
- Fatal Attraction (1987)
- Fear and Loathing in Las Vegas (1998)
- Fight Club (1999)
- Forrest Gump (1994)
- Garden State (2004)
- Girl, Interrupted (1999)
- Gone Baby Gone (2007)
- Gone Girl (2014)
- Good Will Hunting (1997)
- Gothika (2003)
- Her (2013)
- I Am Sam (2001)
- Identity (2003)
- Joker (2019)
- Kids (1995)
- Lars And The Real Girl (2007)
- Little Miss Sunshine (2006)
- Loosing Isaiah (1995)
- Matchstick Men (2003)
- Me, Myself & Irene (2000)
- Melancholia (2011)
- Memento (2000)
- Mommie Dearest (1981)
- Monster (2003)
- My Sisters Keeper (2009)
- No Letting Go (2015)
- Panic (2000)
- Psycho (1960 or 1998)
- Rain Man (1988)
- Rocketman (2019)
- Scarface (1983)
- Shutter Island (2009)
- Silver Linings Playbook (2012)
- Sliding Doors (1998)
- Sling Blade (1996)
- Single White Female (1992)
- Solas (2000)
- Still Alice (2014)
- Sybill (2007)
- The Aviator (2004)
- The Basketball Diaries (1995)
- The Big Lebowski (1998)
- The Butterfly Effect (2004)
- The Glass House (2001)
- The Odd Couple (1968)
- The Other Sister (1999)
- The Perks of Being a Wallflower (2012)
- The Soloist (2009)
- The Tribes of Palos Verdes (2017)
- Welcome To Me (2014)
- What about Bob? (1991)
- What's Eating Gilbert Grape (1993)

EXTRA CREDIT OPTIONS

Extra credit options can add an additional 75 points to your grade if you complete all 4 options. All papers must be typed using Times New Roman 12 point font doubles spaced with 1 inch margins. Make sure you fully address each bulleted item to receive full credit. Assignments must be submitted online via blackboard by midnight on the due date. No credit will be given for late assignments. Make sure you put your name on the paper and please put EXTRA CREDIT below your name on the paper.

1. Do your own research by collecting data and analyze it
 - a. Pick something that you want to further investigate about yourself or someone else
 - b. Keep track of your data for 1 week and include a spreadsheet with your data
 - c. Collect data by using a survey, case study, observation, or by conducting an experiment
 - d. Type a 1 page report on your research and how you collected data
 - e. Include if there were any extraneous variables that skewed your results Identify if you think your data collection methods are valid and explain why or why not

2. Choose a movie addressing systemic racism and write a 2-4 page paper (Just Mercy, The Hate You Give, I Am Not Your Negro, BlackKkKlansman, Fruitvale Station, Get Out, Gook, If Beale Street Could Talk, Malcom X, The Visitor, Moonlight, To Sleep With Anger, To Kill A Mockingbird, Hidden Figures, Precious, Stand and Deliver, Dangerous Minds, 13th, or American History X)
 - a. State the movie you watched
 - b. State the Character that you are focusing on and a description about who they are.
 - c. Discuss dynamics of their life and their Socioeconomic status.
 - d. How are they treated during the movie, how would life be different if they were another race?
 - e. At least 1 paragraph of your paper should include your personal thoughts on systemic racism and your reflection after watching the movie
 - f. At least 1 paragraph about what you can do to change systemic racism within your life or community.

Withdrawal Policy: Students may withdraw from this course for any reason prior to the last eligible day for a “W” grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1st 5-week summer session is July 6. The last date to withdraw from the 10-week summer session is August 2. The last date to withdraw for the 2nd 5-week summer session is August 6.

Course Outline:

Day	Due Date	Topics	Quizzes/Assignments
1	6/7	Course Introduction, Syllabus	Syllabus quiz
2	6/8	Chapter 1 Psychology’s Roots, Critical Thinking, and Self-Improvement Tools	Intro Discussion Post
3	6/9	Chapter 2 The Biology of Behavior and Consciousness	
4	6/10	Chapter 3 Developing Through the Life Span	
5	6/11	Review, discussion post, assignments, exam	CH 1-4 Discussion Post
6	6/12	Review, assignments, exam	Assignment 1 Due
7	6/13		Extra Credit 1 Due

Exam 1 (CH 1-3) Due by 6/13 by Midnight			
8	6/14	Chapter 4 Sex, Gender, and Sexuality	
9	6/15	Chapter 4 Sex, Gender, and Sexuality & Chapter 5 Sensation and Perception	
10	6/16	Chapter 5 Sensation and Perception	
11	6/17	Chapter 6 Learning	
12	6/18	Review, discussion post, assignments, exam	CH 4-6 Discussion Post
13	6/19	Review, assignments, exam	Assignment 2 Due
14	6/20		
Exam 2 (CH 4-6) Due by 6/20 by Midnight			
15	6/21	Chapter 7 Memory & Chapter 8 Thinking, Language, and Intelligence	
16	6/22	Chapter 8 Thinking, Language, and Intelligence	
17	6/23	Chapter 8 Thinking, Language, and Intelligence & Chapter 9 Motivation and Emotion	
18	6/24	Chapter 9 Motivation and Emotion	
19	6/25	Review, discussion post, assignments, exam	CH 7-9 Discussion Post
20	6/26	Review, assignments, exam	Assignment 3 Due Extra Credit 2 Due
21	6/27		
Exam 3 (CH 7-9) Due by 6/27 by Midnight			
22	6/28	Chapter 10 Stress, Health, and Human Flourishing	
23	6/29	Chapter 11 Social Psychology	
24	6/30	Chapter 11 Social Psychology & Chapter 12 Personality	
25	7/1	Chapter 12 Personality	
26	7/2	Review, discussion post, assignments, exam	CH 10-12 Discussion Post
27	7/3	Review, assignment, exam	Assignment 4 Due
28	7/4		
Exam 3 (CH 9-12) Due by 11/11 by Midnight			
29	7/5	Chapter 13 Psychological Disorders	
30	7/6	Chapter 14 Therapy	CH 13-14 Discussion Post
31	7/7	Presentations & Review	
32	7/8	Presentations & Review	
33	7/9	Exam	
Exam 4 (CH) Due by 7/9 by Midnight			

Student Learner Outcomes: Upon completion of the course, students will

1. Identify various research methods and their characteristics used in the scientific study of psychology.
2. Describe the historical influences and early schools of thought that shaped the field of psychology.
3. Describe some of the prominent perspectives and approaches used in the study of psychology
4. Use terminology unique to the study of psychology.
5. Describe accepted approaches and standards in psychological assessment and evaluation.
6. Identify factors in physiological and psychological processes involved in human behavior.
7. Develop, interpret, and express ideas through written communication.
8. Develop, interpret, and express ideas through oral communication.
9. Demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

General Education Core Objectives: Students successfully completing this course will demonstrate competency in following Core Objectives(*Mandatory)

1. **Critical Thinking Skills*:** Students will demonstrate creative thinking, innovation, and the ability to analyze, evaluate, and synthesize information.
2. **Communication Skills*:** Develop, Interpret, and express ideas through written, oral, and visual communication.
3. **Social Responsibility*:** Students will demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.
4. **Empirical and Quantitative Skills*:** To include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.

Student Learner Outcomes (SLO)	Maps to Core Objective (CO)	Assessed via this Assignment
1. Identify various research methods and their characteristics used in the scientific study of psychology	Empirical and Quantitative	Exams & Assignments
2. Describe the historical influences and early schools of thought that shaped the field of psychology		Exams & Assignments
3. Describe some of the prominent perspectives and approaches used in the study of psychology	Critical Thinking	Discussion Posts & Exams & Assignments
4. Use terminology unique to the study of psychology		Exams Presentation
5. Describe accepted approaches and standards in psychological assessment and evaluation	Empirical and Quantitative	Assignments & Exams
6. Identify factors in psychological and psychological processes involved in human behavior	Critical Thinking	Discussion Posts & Exams & Assignments & Presentations
7. (CS1) Develop, interpret and express ideas through written communication	Communication Skills (written)	Exam (short answer) & Discussion Posts & Presentation
8. (CS2) Develop, interpret and express ideas through oral communication	Communication Skills (oral)	Presentation
9. (SR) Demonstrate intercultural competence, knowledge of civic responsibility and the ability to engage effectively in regional, national, and global communities	Social Responsibility	Discussion Posts & Exams & Assignments

Success Tips for Students:

- Read your syllabus, re-read your syllabus, and don't lose your syllabus
- Come to every class on time (communicate with your instructor if you have to be absent or late)
- Be prepared (read ahead and take good notes)
- Participate in every class (make it a point to ask at least one question per class, ask for clarification)
- Attend an alternate class time if you miss your scheduled class time (notify instructor so you get credit)
- Take advantage of any extra credit that is offered
- Follow all the directions and don't skip anything
- APA Citation: <http://www.apastyle.org/learn/tutorials/basics-tutorial.aspx>
- COM libguides for Psychology: <http://libguides.com.edu/content.php?pid=388469&sid=3183351>

Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook. <https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf. *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.* https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf

Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

ADA Statement: Any student with a documented disability needing academic accommodations is requested to contact Holly Bankston at 409-933-8520 or hbankston@com.edu. The Office of Services for Students with Disabilities is located in the Student Success Center.

Counseling Statement: Any student needing counseling services is requested to please contact Holly Bankston in the student success center at 409-933-8520 or hbankston@com.edu. Counseling services are available on campus in the student center for free and students can also email counseling@com.edu to set up their appointment. Appointments are strongly encouraged; however, some concerns may be addressed on a walk-in basis.

F_N Grading: The F_N grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The F_N grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the F_N grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an F_N grade.

Early Alert Program: The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

COVID-19 Statement: All students, faculty, and staff are expected to familiarize themselves with materials and information contained on the College of the Mainland's Coronavirus Information site at www.com.edu/coronavirus. In compliance with Governor Abbott's May 18 Executive Order, face coverings/masks will no longer be required on COM campus. Protocols and college signage are being updated. We will no longer enforce any COM protocol that requires face coverings. We continue to encourage all members of the COM community to distance when possible, use hygiene measures, and get vaccinated to protect against COVID-19. Please visit com.edu/coronavirus for future updates.