

History 1302 - 01211 IN

United States History II Spring Semester 2025

Instructor Information Name: Dr. Gary Wilson E-mail: gwilson@com.edu

#### **Student Hours and Location:**

**Location:** Online class; I will be in my home office Monday from 8:00 am until 9:00 am and Thursday from 4:00 pm to 5:00 pm. I will be available to communicate by email during these hours. I also check my email regularly during the day and evening and will communicate with students as soon as I can. If you have tried to reach me by email and have not received a reply within two days, you can call the administrative assistant of the Social and Behavioral Sciences. Her name is Kerry Kloesel at 409-933-8212.

**Course Communication:** I will make every effort to answer your e-mails within two days, and I will make every effort to grade any submitted work within one week.

**Required Textbook:** The coursebook used this semester is an online book. The following is a link to that book which is free for students. The link is: <u>https://www.americanyawp.com/</u>, and it is entitled, <u>The American YAWP</u>.

**Course Description:** History 1302 is a survey of the social, political, economic, cultural, and intellectual history of the United States from the Civil War/Reconstruction era to the present. United States History II examines industrialization, immigration, world wars, the Great Depression, Cold War and post-Cold War eras. Themes that may be addressed in United States History II include: American culture, religion, civil and human rights, technological change,

economic change, immigration and migration, urbanization and suburbanization, the expansion of the federal government, and the study of U.S. foreign policy.

This course will emphasize political, social, and economic developments, as well as other significant topics. This course (a) meets the requirements of a college transfer course for four-year degree programs (b) prepares students for upperdivision coursework in history (c) prepare students for the academic rigors of upper-division coursework in the social sciences (d) prepares students for developing their critical thinking skills.

#### **Course Requirements**

**Exams:** There will be **five module exams** during the semester with a value of **100** points each. Exam material will be drawn from both lectures in each module and assigned readings from the textbook. Students should pay particular attention to the terms in the study guides and test review questions which are posted on Blackboard. Each exam will consist of **fifty** multiple-choice questions. Each question will be worth **two** points.

Assessment Quizzes: In addition to the five exams, there are five lecture unit quizzes. There will be ten questions for each of the five modules. These quizzes will also consist of multiple-choice questions on main points made in the module being studied and from the textbook. Each module quiz will be worth twenty points. Accordingly, guiz grades will count for a total of 100 points toward the overall course grade. Do not confuse the practice quizzes and practice crossword puzzles that are in each module. The practice quizzes and practice crossword puzzles in the lecture part of each module are for practice, are not graded and do not count towards your grade. However, be sure and try to answer these quizzes, as they will be good practice for the quizzes that do count towards your grade. The quizzes in the assessment section of the course count towards your grade. All exams taken after the deadline will be subject to a 15-point penalty. Quizzes should be taken before taking the exams. If a student does well on the quiz, then that student may be ready to take the exam. How students perform on the quiz should serve as a barometer as to how prepared they are to take the exam. There will also be a short quiz over the syllabus to test students' understanding of what is expected for this course (worth 20 points).

**Identify:** For each module there will also be one identify question to complete. These questions will be important individuals or events that occurred for that test period. Each answer will be worth a maximum of five points. Thus, for each module these identify questions will be worth a total of 5 points (a total of 25 points for all five modules). Students will have a choice of which identifies to answer. The instructor will list at least two identifies and students will answer only one. Responses should be in 14 point font and should answer why this person or event was important. Responses should be at least eight well-written sentences. Assignments can be submitted as an attachment or copied and pasted.

The following is a grading rubric for writing the identify responses:

Below Expectations (0 to 3 points) - summary does not demonstrate an understanding of the topic; information is inaccurate or incomplete; poorly written with several English-related errors.

Meets Expectations (4 points) - summary demonstrates an understanding of the topic and is well written.

Exceeds Expectations (5 points) - summary demonstrates an exceptional understanding of the topic; exceptionally well written with no English-related errors.

**Video Quiz:** For each module or test period there will be one short film to watch and take a quiz on that film. The url film link will be in Quizzes in the instructions. These quizzes will be worth 10 points each.

**Primary Documents:** For each module students will read one primary document (click on Content, then Primary Documents). There will be at least four choices for each module. Students will summarize only one document for each module (summaries will be written in Assignments). Document choices will be in Content, then click Primary Documents. Notice that documents will be listed as Module 1, Document 1, then Module 1, Document 2, Module 1, Document 3, etc. For the next module documents will be listed as Module 2, Document 1, Module 2, Document 2, etc. Each document assignment will be worth 10 points each (a total of 50 points for all five modules). Assignments can be submitted as an attachment or copied and pasted.

**Communication Skills Assignment:** This paper is worth 50 points. Your paper should be at least two pages and no more than three pages (14 point font, double spaced) and will be submitted in Assignments. You need to cite at least three different references. You do not need to use a particular style manual (i.e., APA, etc.). Ask a librarian for help. In referencing the journal article, you should list the **name of the journal**, title of the article, the author of the article, the date of the article, the pages of the article, and volume of the journal (if one is given). If listing other sources, you should give enough information for the instructor to find the source. Sources should be at the end of the report.

Submit your paper in Assignments. Your paper will be checked in several sources for plagiarism. Use people and historical events/acts to strengthen your paper. **Points will be deducted if people and events are not present.** Also, papers will be graded for English-related errors. You should mention the words "social responsibility" at least once in your paper. Write on the following topic:

The U.S. has been criticized for not doing more to help the Jewish people just before and during World War II. Write a paper describing how the United States responded to the Holocaust. What did the U.S. know and how did it react? **This is not a report on concentration camps.** You should write about specific people and actions taken by the U.S. You should include specific people and events.

**Immigration Assignment:** There are examples in U.S. history when the U.S. did not want certain groups of people to enter this country. Discuss at least five specific examples when the U.S. was not welcoming to immigrants. Write at least five sentences for each example. Do not cite any examples prior to 1880 and go to the present. Include the most important examples. In your discussion cite Congressional acts and laws, Presidential executive orders, and Supreme Court decisions and other examples. Also, in your discussion, cite at least two people that were prominent in each of your selections.

**Syllabus and Course Quiz:** There will be one syllabus and course quiz which will have 25 questions. Each question will be worth 1 point. The purpose is to ensure students have a good understanding of course requirements. Most answers will be found in the syllabus and through the course menu

**Oral Presentation (Speech):** Students will be required to give one, five-minute speech during the semester. The speech will be worth 40 points. Topics for possible speech presentations are located under Content, then Speech-related Links, then Speech Topics by Exam Period. If students want to select another topic other than those listed, permission of the instructor is required. Students can select a topic from any test period. More detail about this requirement is located in Content, then Speech-related Links, then Instructions. The Oral Presentation will address the following Core Objectives: Communication Skills (CS2) and Communication Skills (CS3).

**Visual Communication Assignment:** Students will also write a two-page summary of their speech topic. The speech will be worth 40 points and the written summary will be worth 20 points. Included in the written summary of the speech must be at least two pictures related to the speech topic. The pictures should be

after the two-page summary. The Oral Presentation will address the following Core Objectives: Communication Skills (CS2) and Communication Skills (CS3).

Extra credit opportunities may occasionally be offered at the discretion of the instructor.

**Map Quizzes:** There will be two map quizzes. One quiz will be over the location of the US states and the other quiz will be over the location of countries in the Middle and Far East. Both quizzes will be multiple choice and will be worth 10 points each.

Matching: There will be ten matching exercises.

Total points (excluding extra credit) for the semester will be a maximum of 1,069 points.

#### **Course Grade Calculation**

Course grades will be calculated as follows:

5 Identify @ 5 points each = 25 points
5 Video Quizzes @ 10 points each = 50 points
1 Communication Skills Assignment @ 50 points each = 50 points
1 Immigration Assignment @ 50 points = 50 points
5 Primary Documents @ 10 points each = 50 points
1 Oral Presentation @ 40 points each = 40 points
1 Visual Presentation (part of the oral presentation @20 points each = 20 points
10 Matching exercises for a total of 127 points
1 Syllabus Quiz = 25 points
1 US Map Quiz = 10 points
1 Map Quiz on Middle and Far East = 10 points
5 Assessment Quizzes @ 20 points each = 100 points
5 Tests @ 100 points each = 500 points

Total Points: 1,057 points

Course grades will be calculated as follows:

Identify - 25 points Video Quizzes – 50 points Communication Skills Assignment - 50 points Immigration Assignment – 50 points Primary documents - 50 points Oral Presentation – 40 points Visual Presentation – 20 points Syllabus Quiz - 25 points US Map Quiz - 10 points Middle and Far East Map Quiz – 10 points Matching -127 points First Quiz – 20 points Second Quiz – 20 points Third Quiz – 20 points Fourth Quiz – 20 points Fifth Quiz – 20 points First Test - 100 points Second Test - 100 points Third Test - 100 points Fourth Test - 100 points Fifth Test - 100 points

Total Points: 1,057

#### **Grading Scale:**

Below is a tentative grading scale. The instructor may add additional assignments which will change the point range and letter grades. If the instructor adds additional assignments, this grading scale will be adjusted accordingly. At the end of the semester, the instructor will add all points including any extra credit. The instructor will use this tentative scale below to determine the final letter course grade.

The numbers on the left represent the range of points needed for a particular course grade. For example, the minimum number of points for a course grade of a C would be 758.

Point Range	Letter Grade
1,057 to 951	A (90 to 100% average)

950 to 845	B (80 to 89% average)
844 to 740	C (70 to 79% average)
741 to 634	D (60 to 69% average)
633 or below	F (59% or below average)

Late Work and Make-up/Extra Credit: Late work (for grades) will not be accepted (which includes all assignments except major exams). All exams taken after the deadline will be subject to a 15-point penalty, and can only be taken with the approval of the instructor. Extra credit may occasionally be available.

Attendance Policy: You must log in to this course at least once a week. Any student who does not log in once a week each week may have **ten points** deducted for that particular module. There are five modules in the course. Point deductions will be determined by the instructor. Students should spend at least three hours per week on this course to be successful. Some weeks may require more time than others.

**Communicating with your instructor:** All electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means.

**Student Learner Outcomes:** Upon successful completion of this course students will be able to demonstrate knowledge of:

- 1. Create an argument through the use of historical evidence. This courselevel outcome maps to the Critical Thinking Skills Core Objective.
- 2. Analyze and interpret primary and secondary sources. This course-level outcome maps to the Critical Thinking Skills Core Objective.
- 3. Analyze the effects of historical, social, political, economic, cultural, and global forces on this period of United States history. This course-level outcome maps to the Critical Thinking Skills, Social Responsibility, and Personal Responsibility Core Objectives.
- 4. Develop, interpret, and express ideas on a History 1302-related topic through written communication. This course-level outcome maps to the Communication Skills Core Objective.

- 5. Develop, interpret, and express ideas on a History 1302-related topic through oral communication. This course-level outcome maps to the Communication Skills Core Objective.
- 6. Develop, interpret, and express ideas on a History 1302-related topic through visual communication. This course-level outcome maps to the Communication Skills Core Objective.
- 7. Students will demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.
- 8. Evaluate choices and actions of others or one's own, and relate consequences to decision-making.

**Core Objectives:** Students successfully completing this course will demonstrate competency in the following Core Objectives:

- 1. **Critical Thinking Skills:** Students will demonstrate creative thinking, innovation, and the ability to analyze, evaluate, and synthesize information.
- 2. **Communication Skills:** Develop, interpret, and express ideas through written, oral, and visual communication.
- 3. **Social Responsibility:** Students will demonstrate intercultural competence, knowledge of civil responsibility, and the ability to engage effectively in regional, national, and global communities.
- 4. **Personal Responsibility:** Evaluate choices and actions of others or one's own, and relate consequences to ethical decision-making.

Student Learner Outcome	Maps to Core Objective	Assessed via this Assignment
1. Create an argument	Critical Thinking Skills	Paper
through the use of	(CT)	
historical evidence.		

#### Table Mapping SLO's, Core Objectives and Assignments

2. Analyze and interpret primary and secondary sources.	Critical Thinking Skills (CT)	Paper
3. Analyze the effects of historical, social, and political, economic, cultural, and global forces on this period of United States history.	Critical Thinking Skills (CT)	Quizzes and Exams
4. Develop, interpret, and express ideas on a History 1301-related topic through written communication.	Communication Skills (CS1)	Paper
5. Develop, interpret, and express ideas on a History 1301-related topic through oral communication.	Communication Skills (CS2)	Oral Presentation Assignment
6. Develop, interpret, and express ideas on a History 1301-related topic through visual communication.	Communication Skills (CS3)	Oral Presentation Assignment
7. Students will demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.	Social Responsibility (SR)	Paper
8. Evaluate choices and actions of others or one's own, and relate consequences to decision- making.	Personal Responsibility (PR)	Paper

Academic Dishonesty Policy: Any incident of academic policy will be dealt with in accordance with college policy and Student Handbook. Academic dishonesty – such as cheating on exams – is an extremely serious offense and will result in a grade of zero on the exam and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

**Plagiarism Policy:** Plagiarism is using someone else's words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else's words without giving proper citation, copying directly from a website and pasting it into your paper, using someone else's words without quotation marks. Any assignment containing any plagiarized material will receive a grade of zero and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

**Resources about avoiding plagiarism:** Consider visiting COM's Writing Center for guidance when preparing assignments. There are also some excellent websites that can help to avoid plagiarism, such as:

https://owl.english.purdue.edu/owl/resource/589/01/.

**NOTE:** If for any reason the college closes, continue to work on the assignments spelled out in your syllabus and/or refer to D2L Brightspace for Emergency Closing Assignments and further instructions.

**Student Concerns:** If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Dr. Shinya Wakao, Department Chair, 409-933-8107, swakao@com.edu.

**Course Calendar** – Also, course calendar is in menu under Course Resources. Course calendar is below as well.

Assignments Open at 6:00 a.m. and close at 11:59 p.m.

The calendar below shows assignments that are in D2L Brightspace for the semester. Assignments open in blue color and close in red color.

Assignments open at 6:00 a.m. and close at 11:59 p.m.

# January Calendar

Hist 1302 01211-01211

January 2025								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
			1 New Year's Day	2	3	4		
5	6	7	8	9	10	11		
12	13 Class begins Module 1 opens (located in Content, then Learning Modules in course menu) Syllabus Quiz opens in Quizzes	Discussions Video 1 quiz opens in Quizzes Early historians	US Map Quiz opens in	16	<b>17</b> Identify 1 closes in Discussions Early historians matching closes in Quizzes	18		

	January 2025							
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
<b>19</b> Tech Survey opens in	20 Martin Luther King, Jr. Holiday	21	22 Video 1 Quiz closes in Quizzes US Map Quiz closes in Quizzes	<b>23</b> Quiz 1 opens in Quizzes	24 Presidential matching opens in Quizzes Gilded Age matching opens in Quizzes	25		
<b>26</b> Tech Survey closes in Assignments Quiz 1 closes in Quizzes	matching	28	<b>29</b> Exam 1 Closes in Quizzes	Module 2 Opens in Content then Learning Modules	<b>31</b> Video 2 Quiz Opens in Quizzes Quiz 2 Opens in Quizzes Exam 2 Opens in Quizzes			

# February Calendar

	February 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
2	3	4	5	6	7	8	
Identify 2 closes in Discussions Primary Document 2 closes (located in Content in menu, then Primary Documents and write response in Assignments) Video 2 closes in Quizzes	Quiz 2 closes in Quizzes Exam 2 closes in Quizzes	Module 3 opens in Content, then Learning Modules Video 3 quiz opens in Quizzes	Communicatio n Skills Assignment opens in Assignments Middle East/Far East Map	Quiz 3 opens in Quizzes 1920s matching quiz opens in Quizzes Exam 3 opens in Quizzes World War II	Middle East/Far East Map quiz closes (map in Discussions , take quiz in Quizzes) Video 3 quiz closes in Quizzes	Quiz 3 closes in Quizzes 1920s	

	February 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
9 World War II matching quiz closes in Quizzes Communi- cation Skills Assignment closes in Assignments		<b>11</b> Module 4 opens in Content, then Learning Modules	<b>12</b> Identify 4 opens in Discussion s Cold War matching opens in Quizzes	<b>13</b> Primary Document 4 opens in Content in menu and write response in Assignments	Civil Rights matching quiz opens in Quizzes Identify 4 closes in	<b>15</b> Video 4 quiz opens in Quizzes Vietnam war matching quiz opens in Quizzes	
Quizzes Exam 4 opens in Quizzes Immigratio n Assignmen t opens in	<b>17</b> Cold War matching quiz closes in Quizzes Primary Document 4 closes in Content in menu and write response in Assignments	<b>18</b> Civil Rights matching quiz closes in Quizzes Video 4 quiz closes in Quizzes Vietnam War matching quiz closes in Quizzes	<b>19</b> Quiz 4 closes in Quizzes Exam 4 closes in Quizzes Module 5 opens (located in Content, then Learning Modules) Identify 5 opens in Discussions	<b>20</b> Primary Document 5 opens in Content in menu and write response in Assignments Video 5 quiz opens in Quizzes	<b>21</b> 1970's and 1980's matching quiz opens in Quizzes 1990's to present matching quiz opens in Quizzes	22	
Identify 5 closes in Discussions	<b>24</b> Oral and Visual Speech Assignment opens in Discussions	<b>25</b> Primary Document 5 closes in Content in menu and write response in Assignments	26 Last Day to drop this course	27	<b>28</b> Immigration Assignment closes in Discussions		

March 2025								
Sun	Mon	Tue	Wed	Thu	Fri	Sat 1 Oral and Visual Speech Assignment closes in Discussions		
<b>2</b> Quiz 5 opens in Quizzes Exam 5 opens in Quizzes	<b>3</b> Video 5 quiz closes in Quizzes	<b>4</b> 1970's and 1980's matching quiz closes in Quizzes 1990's to present matching quiz closes in Quizzes	<b>5</b> Exam 5 closes in Quizzes Quiz 5 closes in Quizes	6	7 Grades due for 1 <sup>st</sup> 8 week	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23	24	25	26	27	28	29		
30	31		I	1				

## **Course Outline:**

## **Module ONE**

Textbook: <u>www.americanyawp.com</u>., Chapter 17, The West; Chapter 16, Capital and Labor; Chapter 18, Life in Industrial America

- Read lecture notes (located in Course Content, then Module 1), answer all quizzes, crossword puzzles, drag and drops, etc. in lecture notes (not for grade); read study guide; answer questions in test review.

## **Graded Work**

Write Identify summary (5 points)
View video and take quiz (10 points).
Read primary document and write summary (10 points).
US Map Quiz (10 points)
Matching exercises – Early historian matching; Presidential matching, Gilded Age matching; Gilded Age Activity (total of 37 points)
Take 10-question quiz (20 points), then when ready, take the 50-question test (100 points).

In Module 1 there will be a syllabus quiz (25 points) and a Personal Responsibility Assignment (20 points).

## **Module TWO**

Textbook: <u>www.americanyawp.com</u>, Chapter 19, American Empire; Chapter 20, The Progressive Era; Chapter 21, World War I & Its Aftermath.

- Read lecture notes (located in Course Content, then Module 2; answer all quizzes, crossword puzzles, drag and drops, etc. in lecture notes (not for grade); read study guide; answer questions in test review.

## **Graded Work**

Write Identify summary (5 points) View video and take quiz (10 points). Read primary document and write summary (10 points). Take 10-question quiz (20 points), then when ready, take the 50-question test (100 points).

#### **Module THREE**

- Textbook: <u>www.americanyawp.com</u>, Chapter 22, The New Era; Chapter 23, The Great Depression; Chapter 24, World War II.

- Read lecture notes (located in Content then Module 3), answer all quizzes, crossword puzzles, drag and drops, etc. in lecture notes (not for grade); read study guide; answer questions in test review.

## **Graded Work**

Write Identify summary (5 points)
Communication Skills paper is due (50 points).
View video and take quiz (10 points).
Read primary document and write summary (10 points).
Far East/Middle East Map Quiz (10 points)
Matching exercises on 1920's and World War II (45 points)
Take 10-question quiz (20 points), then when ready, take the 50-question test (100 points).

## **Module FOUR**

- Textbook: <u>www.americanyawp.com</u>, Chapter 25, The Cold War; Chapter 26, The Affluent Society; Chapter 27, The Sixties.

- Read lecture notes (located in Content, then Module 4), answer all quizzes, crossword puzzles, drag and drops, etc. in lecture notes (not for grade); read study guide; answer questions in test review.

## **Graded Work**

Write Identify summary (5 points) Oral Presentation (40 points) Oral Presentation/Visual Summary (20 points) View video and take quiz (10 points). Read primary document and write summary (10 points). Matching exercises on Cold War, Civil Rights, and Vietnam era (35 points) Take 10-question quiz (20 points), then when ready, take the 50-question test (100 points).

# **Module FIVE**

Textbook: <u>www.americanyawp.com</u>, Chapter 28, The Unraveling; Chapter 29, The Triumph of the Right; Chapter 30, The Recent Past.

- Read lecture notes (located in Content in menu, then Module 5), answer all quizzes, crossword puzzles, drag and drops, etc. in lecture notes (not for grade); read study guide; answer questions in test review.

## **Graded Work**

Write Identify summary (5 points)
View video and take quiz (10 points).
Read primary document and write summary (10 points).
Immigration Assignment (50 points)
Matching exercise on 1970's and 1980s (15 points)
Matching exercise on 1990's through the present (7 points)
Take 10-question quiz (20 points), then when ready, take the 50-question test (100 points).

## **Institutional Policies and Guidelines**

**Grade Appeal Process:** Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook <u>https://www.com.edu/student-services/docs/Student\_Handbook\_2024-2025\_v2.pdf</u>. An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal. Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library,

Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

**ADA Statement**: Any student with a documented disability needing academic accommodations is requested to contact: Kimberly Lachney, Student Accessibility Services Coordinator Phone: 409-933-8919 Email: AccessibilityServices@com.edu Location: COM Doyle Family Administration Building, Student Success Center.

**Textbook Purchasing Statement:** A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Withdrawal Policy:** Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1<sup>st</sup> 8-week session is February 26. The last date to withdraw from the 16-week session is April 21. The last date to withdraw for the 2<sup>nd</sup> 8-week session is April 30.

**FN Grading:** The FN grade is issued in cases of failure due to a lack of attendance, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an FN grade.

**Early Alert Program:** The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goal.

**Resources to Help with Stress:** If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here

https://www.com.edu/community-resource-center/.College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at deanofstudents@com.edu or <u>communityresources@com.edu</u>.

**Nondiscrimination Statement:** The College District prohibits discrimination, including harassment, against any individual on the basis of race, color, religion, national origin, age, veteran status, disability, sex, sexual orientation, gender (including gender identity and gender expression), or any other basis prohibited by law. Retaliation against anyone involved in the complaint process is a violation of College District policy.