



PSYC 2314.101CL
Lifespan Growth and Development
SPRING 2023
M/W 9:30 – 10:50 am

Instructor Information: Jennifer Abshire, M.A.
jabshire3@com.edu

Student hours and location: Gym office 123
Monday/Wednesday 11:00-12:00pm. Virtual hours by appointment.

Required Textbook/Materials: *Invitation to the Lifespan 5th Edition*, by Kathleen S. Berger

Course Description: This course will provide an overview of human development, from conception to birth. We will explore how people change over time in small ways and large. We will learn about three major domains of human development (biosocial, cognitive, and psychosocial) at each life stage (infancy, toddlerhood, preschool, and school-age, adolescence, early adulthood, middle adulthood, and late adulthood). Finally, we will deal with the topic of death and how we cope with the end of life in many cultures.

Course requirements:

******SEMESTER PROJECT****** You will participate in a semester long project in which you will put the concepts that are discussed in class into practice. You will write journal entries in the form of a diary or journal to tell a personal story of parenting a child. **Each of the journal questions must be answered and key words used correctly to obtain full credit.**

Write your journals as if you are telling a story; be creative, use the terms correctly, and elaborate on each question. Answer each question fully as some questions require more than one response. **Journals should be at least 2 pages, typed, double spaced using size 12 font with 1” margins.** Journals will be turned in via D2L by 11:59pm on the dates given *as an attached word document or pdf*. Do not write in the space provided by D2L.

Journals are worth 50 points each and will receive full credit if the following criteria are met:

- 15 points: terms are used correctly in **BOLD** print
- 15 points each question is **fully** answered and elaborated on in a unique way.
- 10 points: at least **2 pages typed** using the correct font and format.
- 10 points: specific **details** are given, and journal is creative.

Chapter Reviews: There will be 15 Reviews throughout the semester. They will be worth 25 points each and due by 11:59pm on the dates given in the class schedule.

Personal Journals. There will be a total of 15 Journal topic questions, with each having a maximum of 10 points. You will choose 10 out of the 15 to complete. You may complete up to 2 extra for credit -after that, no extra credit will be given. These journals will be more personal in nature and allow you to apply topics from the text, lectures, and course material to your personal life. These journals are meant to be more introspective and will cover some topics that some believe to be personal.

Social Responsibility Presentation: (in class presentation)

Choose only one option. For either choice, your grade will be determined by product and presentation, along with 25 points for attendance and feedback to the presenter.

Choice 1: Think of a problem in society that concerns you (ex. texting while driving). Create a 3-slide power point. Slide one will be your ‘billboard’ that defines the problem and advertises your stance. What will make it stand out at people passing by? Why should others care about your concern? Slide 2 will be your researched suggestions to help solve the problem. Slide 3 will be your three references.

Choice 2: Think of an organization you want to bring awareness to. Slide 1 will be the billboard that explains the organization and why they need support. Make sure the name and what they do is clear. What will make it stand out to those passing by? Slide 2 will be details about organization – are they a non-profit/how much do they give back/statistics about them. Slide 3 will be your three references.

Final: The final will be due the last day of class.

Determination of Course Grade/Detailed Grading Formula:

Assignments	Possible Points	Letter Grade	Points Possible
Chapter Reviews	375	A	900-1,000
Final Exam	75	B	800-899
Personal Journals	100	C	700-799
Social Responsibility project	100	D	600-699
Baby Journals	350	F	599 and below
Total Points	1000		

Late Work and Make-Up Policy: 20% will be deducted from Chapter Reviews and projects if late. There will be no makeup for the Social Responsibility Project or Final Exam.

Attendance Policy: Being in class is extremely important to the learning process. We explain and discuss concepts that go beyond the textbook to increase understanding of the material covered. Students will fill out a “**Classroom Daily Thought Card**” each day. **Your name, date, and a thought for the day need to be on the card.** I will use the cards to take attendance. I will not ask for the cards; you are expected to turn them in before class starts each day. Communication with your instructor is extremely important. If you are unable to attend class, if possible, e-mail me prior to class. Students are expected to attend each class! There will be no distinction between an excused and unexcused absence.

Communicating with your instructor: ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means. The best way to reach me is by email – jabshire3@com.edu .

Student Learner Outcome	Maps to Core Objective	Assessed via this Assignment
Describe the stages of the developing person at different periods of the lifespan from birth to death.	Empirical and Quantitative	Final Exam
Discuss the social, political, economic, and cultural forces that affect the development process of the individual		Journals
Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting	Critical Thinking	Journal 4
Explain the biosocial, cognitive, and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.	Communication Skills (written)	Personal Journals
Describe the different developmental perspectives of the major theories of development	Empirical	Chapter Review 1
Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan	Empirical	Journal 5
Discuss the various causes or reasons for disturbances in the developmental process	Empirical	Journal 1
(CS1) Develop, interpret and express ideas through written communication	Communication Skills (Written)	Journals
(CS2) Develop, interpret and express ideas through oral communication	Communication Skills (Oral)	SR Assignment
(SR) Demonstrate intercultural competence, knowledge of civic responsibility and the ability to engage effectively in regional, national, and global communities.	Social Responsibility	SR Assignment

Academic Dishonesty: Any incident of academic dishonesty will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty – such as copying someone else’s Reviews or Final is an extremely serious offense and will result in a **grade of zero** on that exam and the student will be referred to the Office of Student Conduct for the appropriate discipline action.

Student Concerns: If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Department Chair Shinya Wakao at swakao@com.edu or (409) 933-8107.

Week	<i>This Calendar is subject to change at instructor's discretion</i> Plan of Action	What's Due Monday	What's Due Wednesday
1 January	Introductions/Ch.1 The Science of Human Development		1/18
2	Ch.2 From Conception to Birth	1/23 Notecards	1/25 CR 1 and 2
3 Jan/Feb	Ch.3 The First 2 years– Body and Mind	1/30	2/1 CR 3
4 February	Ch. 4 The First 2 years-Psychosocial	2/6 J1	2/8 CR 4
5	Ch.5 Early Childhood: Body and Mind	2/13	2/15 CR 5
6	Ch.6 Early Childhood: Psychosocial	2/20 J2	2/22 CR 6
7 Feb/March	Ch.7 Middle Childhood: Body and Mind	2/27	3/1 CR 7
8 March	Ch.8 Middle Childhood: Psychosocial	3/6 J3	3/8 CR 8
	SPRING BREAK 13 TH – 17 TH		
9	Ch. 9 Adolescence: Body and Mind	3/20	3/22 CR 9
10	Ch.10 Adolescence: Psychosocial Discuss SRP	3/27 J4	3/29 CR10
11 April	Ch. 11. Emerging Adulthood Social Responsibility Project presentations	4/3 SRP	4/5 CR 11 SRP
12	Ch.12 Adulthood: Body and Mind	4/10 J5	4/12 CR 12
13	Chapter 13 Adulthood: Psychosocial	4/17 J6	4/20 CR 13
14	Chapter 14 Late Adulthood: Body and Mind Discuss SRP	4/24	4/26 CR 14
15 May	Ch. 15. Late Adulthood: Psychosocial//Epilogue: Death and Dying	5/1 J7	5/3 CR 15/Epilogue
16	Finals Week	5/8	5/10

Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook [Student Handbook 2022-2023 v4.pdf \(com.edu\)](#). *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.*

Academic Success & Support Services: College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

ADA Statement: Any student with a documented disability needing academic accommodations is requested to contact Kimberly Lachney (409) 933-8919 or klachnley@com.edu. The Office of Services for Students with Disabilities is located in the Student Success Center.

Textbook Purchasing Statement: A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Withdrawal Policy: Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1st 8-week session is March 1. The last date to withdraw from the 16-week session is April 24. The last date to withdraw for the 2nd 8-week session is May 3.

F_N Grading: The F_N grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The F_N grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the F_N grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an F_N grade.

Early Alert Program: The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

Resources to Help with Stress:

If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here <https://www.com.edu/community-resource-center/>. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at deanofstudents@com.edu or communityresources@com.edu.