



Psychology 2301-013IN  
General Psychology  
Spring 2023  
Online

Instructor: Dr. Julie Payne, DMFT, LMFTS  
Phone: 310-936-1324  
Email: [JPayne9@com.edu](mailto:JPayne9@com.edu)  
Website: [www.JuliePayneMFT.com](http://www.JuliePayneMFT.com)  
COM Office Phone number: Kerry Kloesel 409-933-8212

**Course Communication** *Contact via email. Will reply within 24 hours. If it is an urgent matter please call or text me.* ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means.

**Office Hours:**

Hours will be Monday and Wednesday 12-1pm CST and by appointment. Meetings will be done by video and can be scheduled at the following link. You will have the option to select 15, 30, or 45 min for the meeting. Please do not wait till the last minute to reach out for help. <https://usemotion.com/meet/julie-payne/officehours>

**Required Textbook:**

Psychology in Everyday Life 5th Edition by David G Myers & C.N. DeWall

**Textbook Purchasing Statement:**

A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Course Description:**

General Psychology is a survey of the major psychological topics, theories and approaches to the scientific study of behavior and mental processes including scientific method and theories, perception, consciousness, learning, memory, intelligence, motivation, emotion, stress, personality, psychological disorders, and therapy.

Prerequisites: ENGL 1301 or TSI Reading 351 or equivalent developmental course. This is an academic transfer course.

**Course Requirements:**

Requirements of this course are attendance, assignment, quizzes, discussion posts, exams, and presentations. **There will be NO MAKE UPS and no late assignments accepted without clearance by me prior to the due date and for major exceptions only!** Please see the Methods of Evaluation section of Course Outline Syllabus for details regarding each of the required areas.

**Withdrawal Policy:** Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 1<sup>st</sup> 8-week session is March 1. The last date to withdraw from the 16-week session is April 24. The last date to withdraw for the 2<sup>nd</sup> 8-week session is May 3.

**Course Outline:**

<b>Week</b>	<b>Due Date</b>	<b>Topics</b>	<b>Quizzes/Assignments</b>
1	1/22	Course Introduction, Syllabus, chapter 1 Psychology's Roots, Critical Thinking, and Self-Improvement Tools	Syllabus quiz
2	1/29	Chapter 1 Psychology's Roots, Critical Thinking, and Self-Improvement Tools	CH 1 Discussion Post
3	2/5	Chapter 2 The Biology of Behavior and Consciousness	CH 2 Discussion Post
			Assignment 1 Due
4	2/12	Chapter 3 Developing Through the Life Span	CH 3 Discussion Post
5	2/19	Chapter 4 Sex, Gender, and Sexuality	CH 4 Discussion Post
			Extra Credit 1 Due
<b>Exam 1 (CH 1-4) Due by 2/19 by Midnight</b>			
6	2/26	Chapter 5 Sensation and Perception	CH 5 Discussion Post
7	3/5	Chapter 6 Learning	CH 6 Discussion Post
8	3/12	Chapter 7 Memory & Chapter 8 Thinking, Language, and Intelligence	CH 7 Discussion Post Extra Credit 2 Due
9	3/26	Spring Break Chapter 8 Thinking, Language, and Intelligence	CH 8 Discussion Post
<b>Exam 2 (CH 5-8) Due by 3/26 by Midnight</b>			
10	4/2	Chapter 9 Motivation and Emotion	CH 9 Discussion Post
11	4/9	Chapter 10 Stress, Health, and Human Flourishing	CH 10 Discussion Post
			Assignment 2 Due
12	4/16	Chapter 11 Social Psychology	CH 11 Discussion Post
13	4/23	Chapter 12 Personality	CH 12 Discussion Post
			Extra Credit 3 Due
<b>Exam 3 (CH 9-12) Due by 4/23 by Midnight</b>			
14	4/30	Chapter 13 Psychological Disorders	CH 13 Discussion Post
15	5/7	Chapter 14 Therapy	CH 14 Discussion Post
			Assignment 4 Due Extra Credit 4 Due

16	5/11	Presentations	
<b>Exam 4 Comprehensive Final (CH 1-14) Due by 5/11 by Midnight</b>			

**Attendance Policy:** If you want to pass, come to class. In an online environment, *this means that you are expected to log into the course a minimum of two times per week and you should expect to spend at least 2 ½ hours a week in the course reviewing lessons and other course material.* The online material goes beyond the material presented in the text, and you will be held accountable for this material on the exams and course assignments. The discussion component of the course also requires you to engage your fellow students in “conversation,” which requires you to regularly read and respond to posts. Due to the online nature of this course, it is up to the student to provide thoughtful and elaborate responses to discussion posts in order for the instructor to measure the students’ understanding of the material. In addition, any aggressive, rude, degrading, etc., posts may be deleted without notice to the student. All such responses will receive a grade of 0 for the deleted thread.

**FN Grading:** The FN grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the FN grade is at the discretion of the instructor.

**Early Alert Program:** The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention is very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

**Academic Dishonesty:** Any incident of academic policy will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty – such as cheating on exams is an extremely serious offense and will result in a grade of zero on that exam and the student will be referred to the office of student conduct for the appropriate discipline action.

#### **Student Concerns:**

If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Dr. Shinya Wakao at [swakao@com.edu](mailto:swakao@com.edu) or (409) 933-8107.

**Student Learner Outcomes:** Upon completion of the course, students will:

1. Identify various research methods and their characteristics used in the scientific study of psychology.
2. Describe the historical influences and early schools of thought that shaped the field of psychology.
3. Describe some of the prominent perspectives and approaches used in the study of psychology
4. Use terminology unique to the study of psychology.
5. Describe accepted approaches and standards in psychological assessment and evaluation.
6. Identify factors in physiological and psychological processes involved in human behavior.
7. Develop, interpret, and express ideas through written communication.
8. Develop, interpret, and express ideas through oral communication.
9. Demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

**General Education Core Objectives:**

Students successfully completing this course will demonstrate competency in following Core Objectives (\*Mandatory):

1. **Critical Thinking Skills\***: Students will demonstrate creative thinking, innovation, and the ability to analyze, evaluate, and synthesize information.
2. **Communication Skills\***: Develop, Interpret, and express ideas through written, oral, and visual communication.
3. **Social Responsibility\***: Students will demonstrate intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.
4. **Empirical and Quantitative Skills\***: To include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.

Student Learner Outcomes (SLO)	Maps to Core Objective (CO)	Assessed via this Assignment
1. Identify various research methods and their characteristics used in the scientific study of psychology	Empirical and Quantitative	Exams & Assignments
2. Describe the historical influences and early schools of thought that shaped the field of psychology		Exams & Assignments
3. Describe some of the prominent perspectives and approaches used in the study of psychology	Critical Thinking	Discussion Posts & Exams & Assignments
4. Use terminology unique to the study of psychology		Exams Presentation
5. Describe accepted approaches and standards in psychological assessment and evaluation	Empirical and Quantitative	Assignments & Exams
6. Identify factors in psychological and psychological processes involved in human behavior	Critical Thinking	Discussion Posts & Exams & Assignments & Presentations
7. (CS1) Develop, interpret and express ideas through written communication	Communication Skills (written)	Exam (short answer) & Discussion Posts & Presentation
8. (CS2) Develop, interpret and express ideas through oral communication	Communication Skills (oral)	Presentation
9. (SR) Demonstrate intercultural competence, knowledge of civic responsibility and the ability to engage effectively in regional, national, and global communities	Social Responsibility	Discussion Posts & Exams & Assignments

**Grade Appeal Process:** Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook [Student Handbook 2022-2023 v4.pdf \(com.edu\)](#). *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.*

**Academic Success & Support Services:** College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

**ADA Statement:** Any student with a documented disability needing academic accommodations is requested to contact Kimberly Lachney at 409-933-8919 or [klachney@com.edu](mailto:klachney@com.edu). The Office of Services for Students with Disabilities is located in the Student Success Center.

**Resources to Help with Stress:** If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a difficult time, please click here <https://www.com.edu/community-resource-center/>. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at [deanofstudents@com.edu](mailto:deanofstudents@com.edu) or [communityresources@com.edu](mailto:communityresources@com.edu).