



**PSYC 2301-101-CL  
INTRODUCTION TO PSYCHOLOGY Spring 2022  
Monday and Wednesday 8:00-9:20am**

**Instructor Information:** LaWanda Morales, [LMORALES4@COM.EDU](mailto:LMORALES4@COM.EDU), 409-933-8312  
**Communicating with your instructor:** ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means.

**Student (office) hours and location:** M. 11:00-1:00pm, Tues. Online 7:50-9:20am, Online Tu. 1:30-2:50, Online Wed. 11:00-12:30pm, Thur. 7:50-9:20am, LRC Suite A-217 & by appoint.

**Required Textbook/Materials:** Psychology in Everyday Life 5th edition: by David G. Myers. Worth Publishers, 2020. Additionally, the following is needed: Reliable computer and internet access (<http://www.com.edu/computer-labs>)

**Textbook Purchasing Statement:** A student attending College of the Mainland is not obligated to purchase a textbook from a university-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Course Description:** This course will provide an introduction to the major topic areas of psychology including: neuroscience, the nature vs nurture debate, learning, cognitive psychology, motivation, personality theory, psychological disorders, therapeutic approaches and social psychology.

**Course requirements:** Included at the end of this document

**Determination of Course Grade/Detailed Grading Formula:**

Grade Computation (1000 points total)		Possible Pts.
Assignments (5)	50 points each	250
Quizzes (15)	20 points each	300
Study Guides (14)	15 points each	210
Active Attendance	-20 per absence	240
Total Points Possible:		1000
Extra Credit (3)	15 points each	(45)

Grading Scale	
A	900-1000+
B	800-899
C	700-799
D	600-699
F	599 or less

Additional work may be required of you but will not be for a grade. Any additional work is meant to enhance your knowledge of course content.

**Tentative Course Schedule (Students are responsible for instructor revisions)**

<b>Week</b>	<b>Dates</b>	<b>Class Topics</b> Read Chapter Prior to Class	<b>Submit in Blackboard by Sunday 11:55 pm deadline</b>	
Week 1	1/17	<b>College Closed</b>		
	1/19	<b>Introductions, Syllabus, Campus Safety, Blackboard</b>	Practice Submission Syllabus Quiz Ch. 1 Study Guide	1/23
Week 2	1/24	<b>Psychology Prep</b> Success Teams MLA/APA format How to Study/Learn Psychology		
	1/26	<b>Chapter 1</b> Psychology's Roots, Big Ideas, and Critical Thinking Tools	Ch. 1 Quiz Ch. 2 Study Guide	1/30
Week 3	1/31	<b>Chapter 2</b> Biology of the Mind & Consciousness		
	2/2	<b>Chapter 2</b> Biology of the Mind & Consciousness	Ch. 2 Quiz Ch. 3 Study Guide (Psyc. & Society Assign. pt.1)	2/6
Week 4	2/7	<b>Chapter 3</b> Developing Through the Lifespan		
	2/9	<b>Chapter 3</b> Developing Through the Lifespan (collect questions)	Ch. 3 Quiz Ch. 4 Study Guide Ch. 5 Study Guide	2/13
Week 5	2/14	<b>Chapter 4</b> Gender and Sexuality		
	2/16	<b>Chapter 5</b> Sensation and Perception	Ch. 4 Quiz Ch. 5 Quiz Ch. 6 Study Guide	2/20
Week 6	2/21	<b>Chapter 6</b> Learning		
	2/23	<b>Chapter 6</b> Learning	Ch. 6 Quiz Ch. 7 Study Guide (Psyc. & Society Assign. pt.2)	2/27
Week 7	2/28	<b>Chapter 7</b> Memory		
	3/2	<b>Chapter 7</b> Memory	Ch. 7 Quiz Ch. 8 Study Guide	3/6

<b>Week</b>	<b>Dates</b>	<b>Class Topics</b> Read Chapter Prior to Class	<b>Submit in Blackboard by Sunday 11:55 pm deadline</b>	
Week 8	3/7	<b>Chapter 8</b> Thinking, Language and Intelligence		
	3/9	<b>Chapter 8</b> Thinking, Language and Intelligence	Ch. 8 Quiz Ch. 9 Study Guide	3/13
<b>Spring Break March 14-20</b>				
Week 9	3/21	<b>Chapter 9</b> Motivation and Emotion		
	3/23	<b>Chapter 9</b> Motivation and Emotion	Ch. 9 Quiz Ch. 10 Study Guide Bring Laptop next class: checkout available in library	3/27
Week 10	3/28	<b>Psychology and Society Workday</b> Bring Laptop		
	3/30	<b>Chapter 10</b> Stress, Health and Human Flourishing	Ch. 11 Study Guide (Psyc. & Society Assign. pt.3)	4/3
Week 11	4/4	<b>Chapter 10</b> Stress, Health and Human Flourishing		
	4/6	<b>Chapter 11</b> Social Psychology	Ch. 10 Quiz Ch. 12 Study Guide	4/10
Week 12	4/11	<b>Chapter 11</b> Social Psychology		
	4/13	<b>Chapter 12</b> Personality	Ch. 11 Quiz Ch. 13 Study Guide (Psyc. & Society Assign. pt.4)	4/17
Week 13	4/18	<b>Chapter 12</b> Personality		
	4/20	<b>Chapter 13</b> Psychological Disorders	Ch. 12 Quiz Ch. 14 Study Guide	4/24
Week 14	4/25	<b>Chapter 13</b> Psychological Disorders		
	4/27	<b>Chapter 14</b> Therapy	Ch. 13 Quiz Ch. 14 Quiz (Psyc. & Society Assign. pt.5)	5/1
Week 15	5/2	<b>Presentations</b>		
	5/4	<b>Presentations</b>	Optional: Extra Credit	5/8
Week 16	5/9	<b>Presentations</b>		
	5/11	<b>Optional: Student Conferences</b>	<b>Final grades will be submitted 5/12 at 12:00 NOON</b>	

**BlackBoard assignments are due by 11:55pm on Sundays.**

It is your responsibility to properly submit your assignments in blackboard on time. Your work should be saved and submitted as .doc, .docx, .pdf, or .jpeg You will see a submission verification page with an image of your submitted assignment after submitting. Also check your COM email for submission verification.

**I WILL NOT accept your work via email.** If you have issues with Blackboard, you should submit a help ticket here: <http://de-support.com.edu/requests> Tech and professor support is NOT available on weekends. Submit your work early so you can troubleshoot any issues that arise.

**Have a question? Use Three Before Me-**Please refer to three different resources before contacting me. Those resources can include:

Syllabus	Classmates
Blackboard	COM emails
Assignment Directions	Textbook
Library	Tutoring Center
Help With Blackboard Request <a href="http://de-support.com.edu/requests">http://de-support.com.edu/requests</a>	

*If you still have a question after contacting at least 3 resources, then please contact me. Let me know what 3 resources you checked with and what your question is.*

**Late Work, Make-Up, and Extra-Credit Policy:**

**Extra Credit:** You have two options for extra credit. You may earn up to 45 points in extra credit by completing any combination of the following:

Short Essay: You may choose a short essay prompt to complete for 15 points. If you are interested in this option, you can find the prompts in blackboard.

Course Evaluation: You may complete the course evaluation system at the end of the semester for 15 points. Check your COM email or blackboard login page for information. This extra credit can only be performed once.

**Make-Up Policy:** NO LATE WORK WILL BE ACCEPTED. You must submit your work online by the deadline. If you have a slow network or are unsure of how to submit...START EARLY. The only exception is you can submit one of the 5 major Psychology and Society assignments up to ONE WEEK late with No Questions Asked (NQA). You will submit your late assignment to the NQA submission page in blackboard (scroll all the way down past all the “weeks”) and no points will be deducted. If the assignment is submitted after the one-week window, it will not count toward your grade.

Half credit *might* be awarded for work submitted one week late but only in special circumstances (like extreme illness) and must be approved by your instructor prior to deadline.

**Attendance Policy:** Regular attendance is a critical component to being successful in courses. If you want to pass, attend class. Communication with your instructor is extremely important. *If an emergency should arise, contact your instructor right away.* You are expected to participate actively in this course. *20 points will be deducted for each absence.* Your presence is required to earn attendance points which includes arriving on time, staying the whole class, and actively engaging in the class without distractions. Your body, mind, and full attention is required for attendance.

The assignments listed below are for documented COVID absences (<https://www.com.edu/coronavirus/>). Contact your professor immediately if you have COVID (or require quarantine) for further instructions.

**Absence 1:** Answer all the “In your everyday life” questions at the end of the chapter for the chapter we are currently learning in class

**Absence 2:** Complete the “Chapter Test” at the end of the chapter on the chapter we are currently learning in class. For each question/answer you need to indicate what page number you found your answer on.

**Success Tips for Students:**

1. Attend every class
2. Pay attention in class and actively participate
3. Complete assignments and submit on time in Blackboard
4. Use resources found in Blackboard
5. Use the learning technique that works best for you (highlighting, flashcards, study groups)
6. Communicate openly and effectively with your success team and professor
7. Make use of office hours
8. Take advantage of the extra credit opportunities
9. Make use of available computer labs on campus (Printing available)

**The Tutoring Center** provides free tutoring services to students, staff and faculty seeking assistance for writing, reading and oral presentations for academic and non-academic assignments/projects. Located in the Technical Vocational Building, Room 1306, the center provides face-to-face and online tutoring sessions in a welcoming environment. Make appointments in person or online at [www.com.edu](http://www.com.edu).

**Academic Dishonesty:** Any incident of academic policy will be dealt with in accordance with college policy and the Student Handbook. Academic dishonesty – such as cheating on exams – is an extremely serious offense, as is plagiarism, and will result in a **grade of zero** on that exam and the student will be referred to the Office of Student Conduct for the appropriate discipline action. **Plagiarism:** Plagiarism is using someone else’s words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else’s words without giving proper citation, copying directly from a website and pasting it into your paper, using someone else’s words without quotation marks or using your own work from another class.

**Student Concerns:** If you have any questions or concerns about any aspect of this course, please contact me using the contact information previously provided. If, after discussing your concern with me, you continue to have questions, please contact Dr. Shinya Wakao at 409-933-8212.

Student Learner Outcome (SLO)	Maps to Core Objective (CO)	Assessed via this Assignment
1. Identify various research methods and their characteristics used in the scientific study of psychology	Empirical and Quantitative	Study Guide 1
2. Describe the historical influences and early schools of thought that shaped the field of psychology		Study Guide 3
3. Describe some of the prominent perspectives and approaches used in the study of psychology	Critical Thinking	Study Guide 14
4. Use terminology unique to the study of psychology		Study Guide 6
5. Describe accepted approaches and standards in psychological assessment and evaluation	Empirical and Quantitative	Assignment 1
6. Identify factors in physiological and psychological processes involved in human behavior	Critical Thinking	Assignment 3
7. Develop, interpret and express ideas through written communication (CS1)	Communication Skills (Written)	Assignment 4
8. Develop, interpret and express ideas through oral communication (CS2)	Communication Skills (Oral)	Assignment 5
9. Demonstrate intercultural competence, knowledge of civic responsibility and the ability to engage effectively in regional, national, and global communities.	Social Responsibility	Assignment 2

## Institutional Policies and Guidelines

**Grade Appeal Process:** Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook. <[https://build.com.edu/uploads/sitecontent/files/student-services/Student\\_Handbook\\_2019-2020v5.pdf](https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf). *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course. Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.*

[https://build.com.edu/uploads/sitecontent/files/student-services/Student\\_Handbook\\_2019-2020v5.pdf](https://build.com.edu/uploads/sitecontent/files/student-services/Student_Handbook_2019-2020v5.pdf)

**Academic Success & Support Services:** College of the Mainland is committed to providing students the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

**ADA Statement:** Any student with a documented disability needing academic accommodations is requested to contact Holly Bankston at 409-933-8520 or [hbankston@com.edu](mailto:hbankston@com.edu). The Office of Services for Students with Disabilities is located in the Student Success Center.

**Counseling Statement:** Any student needing counseling services is requested to please contact Holly Bankston in the student success center at 409-933-8520 or [hbankston@com.edu](mailto:hbankston@com.edu). Counseling services are available on campus in the student center for free and students can also email [counseling@com.edu](mailto:counseling@com.edu) to set up their appointment. Appointments are strongly encouraged; however, some concerns may be addressed on a walk-in basis.

**Textbook Purchasing Statement:** A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Withdrawal Policy:** Students may withdraw from this course for any reason prior to the last eligible day for a "W" grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 16-week session is April 25.

**F<sub>N</sub> Grading:** The F<sub>N</sub> grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The F<sub>N</sub> grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. The issuing of the F<sub>N</sub> grade is at the discretion of the instructor. The last date of attendance should be documented for submission of an F<sub>N</sub> grade.

**Early Alert Program:** The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are very important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer you to meet your academic goals.

**COVID-19 Statement:** All students, faculty, and staff are expected to familiarize themselves with materials and information contained on the College of the Mainland's Coronavirus Information site at [www.com.edu/coronavirus](http://www.com.edu/coronavirus). In compliance with [Governor Abbott's May 18 Executive Order](#), face coverings/masks will no longer be required on COM campus. Protocols and college signage are being updated. We will no longer enforce any COM protocol that requires face coverings. We continue to encourage all members of the COM community to distance when possible, use hygiene measures, and get vaccinated to protect against COVID-19. Please visit [com.edu/coronavirus](http://com.edu/coronavirus) for future updates.



**Classroom Conduct Policy:** College of the Mainland requires that students enrolled at COM be familiar with the Standards of Student Conduct, located in the on-line Student Handbook: <https://www.com.edu/student-services/student-handbook> . Students should be familiar with and abide by the Student Code of Conduct. Any violations of the Code of Conduct will result in a referral to the Dean of Students and may result in dismissal from class.

Professionalism, which includes preparedness, a positive attitude, interaction, and respect, is expected. **Place cell phones on silent and them put away.** No earphones and laptops only as an accommodation. Professionalism, which includes preparedness, a positive attitude, participation, commitment, interaction, communication, and RESPECT is expected.

**NOTE:** If for any reason the college closes, continue to work on the assignments spelled out in your syllabus. For example, complete chapter readings, study guides, assignments, etc.. You are accountable for the work upon the re-opening of the college.

### **Course Requirements:**

**Grading Rubrics/Feedback:** Rubrics for coursework can be found online in blackboard within each assignment. Feedback will be presented on these rubrics as well as in comments left on your work. Go to My Grades and click on the assignment to see feedback.

**Methods of Evaluation/Submissions-** You are held accountable for completing all assignments thoroughly. A variety of means to evaluate student performance will be used throughout the course. All submissions must be typed in a Microsoft Word, PowerPoint, or Excel document, and attached to the assignment submission page. If you have a Mac computer, it is your responsibility to convert the file. You will attach these documents to the submission page. All work will be submitted online and must be submitted by the due date. If you do not have access to Microsoft products, you can download the programs for FREE by going to this link: <https://www.com.edu/its/office-365.html>

**Technology Outage Policy:** In the event you experience a technology problem, it is your responsibility to communicate immediately with your instructor and the DE department at College of the Mainland (COM). Immediately take a screenshot of the error and email it to me as well as the Distance Education Helpdesk. Contacting COM's Distance Education department can be done by submitting a ticket anytime at <http://de-support.com.edu/requests> or via live chat Monday to Friday from 8 AM to 5 PM whenever the college is open.

### **Course Requirements:**

Unless instructed otherwise, you will submit your work online in Blackboard prior to the day and time indicated in the course outline. You should come to class prepared to discuss what you have read and to ask questions about content. You are responsible for your learning and grade.



**Study Guides (210pts):** You will submit your study guide via blackboard. Use this to prepare for your quizzes. Worth 15 points each.

**Quizzes (300pts):** You will take a 5-question quiz in blackboard. You will have 30 minutes to complete the quiz. Each quiz is worth 20 points.

It is the students' responsibility to use a secured wired internet connection. Students are expected to use the tips listed on this website: <http://edtech.com.edu/blackboard-test-taking-recommendations/>

**Active Attendance (240pts):** You are expected to participate actively in this course. 20 points will be deducted from your grade for each absence. 20 points will also be deducted for late arrival, leaving early, or if your body is in class but your attention is elsewhere. You must engage in class through discussions, activities, asking/answering questions, and participation.

**Psychology and Society Assignments (250pts):** 5 major assignments will be required at 50 points apiece. Use the rubrics found in blackboard for specific assignment expectations. See directions for each part of the assignment on the following pages.

## Psychology and Society Assignments

(5 parts @ 50pts each)

**For parts 1-5 of this assignment, MLA or APA style is required.** Use the following resources if you are not familiar with MLA or APA style. It is up to you to learn and use proper formatting: (<https://www.com.edu/tutoring/writing-resources.html>) ([https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_formatting\\_and\\_style\\_guide/general\\_format.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html)) ([https://owl.purdue.edu/owl/research\\_and\\_citation/mla\\_style/mla\\_overview\\_and\\_workshop.html](https://owl.purdue.edu/owl/research_and_citation/mla_style/mla_overview_and_workshop.html))

**You MUST cite ALL sources, or you will receive a ZERO.**

### Part 1 Empirical and Quantitative

Familiarize yourself on what psychologists do and why psychologists join psychological associations. These websites may be helpful:

<https://www.apa.org/topics/psychotherapy/about-psychologists>

<https://careersinpsychology.org/important-reasons-involved-psychology-associations/>

Using <https://www.apa.org/about/apa/organizations> or other reliable sources, find a local, regional and national psychological associations. Create a table with each level going across the top of the table. On the left-hand column your chart should at a minimum include the following information:

1. a description of what the organization stands for (ex: mission/purpose/code of conduct/etc.)
2. how to become a member
3. ways in which the organization contributes to society (ex: activities, conferences, workshops/etc.).

Conclude with an explanation of which of the three researched associations you would choose to be a part of if you were a psychologist, and why. Include your resources at the end of your paper.

### Part 2 Social Responsibility

Using the information from Part 1, create a 6-10 sentence paragraph(s) describing the ways in which psychologists contribute to social responsibility. Consider the local, regional and national impacts you researched in Part 1. Start your paragraph with your own definition of social responsibility.

If you use the internet to help you, you need to cite your resources. You should revisit the websites listed in part 1 before beginning and include those in your resource page, if used.

### **Part 3 Critical Thinking**

Think about societal issues that bother you, you want to learn more about, and you want to bring awareness to. Brainstorm a list of 3 or more topics. Choose the one that relates to psychology and that you want to use for a future presentation. You may need to narrow down your topic from your brainstorming list (for example you may have listed bad drivers. Instead choose drunk driving or distracted driving or teenage driving age). Find and list *at least* 3 reliable resources that will help you to better understand the topic (your book can be one resource). Create your own MLA/APA formatted document and **thoroughly** answer the prompts/questions.

Brainstorm List (at least 3)

Resources (at least 3)

1. My topic:
2. On what side of the topic do you stand (pro/con)?
3. What are the physiological (body) impacts related to this topic?
4. What are the psychological (mind) impacts related to this topic?
5. How might people in the field of psychology solve the problem or explain it?
6. Why did you choose this topic? Why is it important to bring awareness to this topic?

### **Part 4 Communication Skills-Written**

Using the information and resources you have gathered in the first parts of this assignment; you will create a PowerPoint to be used with your presentation. Create one slide for each of the following, in this order:

1. Title Slide
2. Explanation of societal issue (definition)
3. Effects of the societal issue on individuals and populations
4. Who is most likely to be impacted by the issue?
5. Why does your issue occur?
6. How might the field of psychology suggest as a treatment or better explain/bring awareness to this issue?
7. Additional information from Part 3 (you can place this slide anywhere in your PowerPoint)
8. A URL to short video clip regarding your topic (if unavailable, contact professor)
9. Works Cited/Resource page

Professionalism is expected. Use the following website to help you to prepare, design, and deliver your presentation: <https://www.garreynolds.com/tips>

### **Part 5 Communication Skills-Oral**

In a 5–10 minute presentation, you will use your PowerPoint from Part 4 to present your topic in class. Your grade will be based upon the appearance of your PowerPoint, presentation skills, preparation, accuracy, and completion of content requirements.