



RNSG 1162-101
Complex Concepts of Adult Health Clinical
Fall 2025

Instructor Information: Molly Gundermann: mgundermann@com.edu 409-933-8395

Office Hours: By appointment

Karee Carter: kcarter@com.edu 409-933-8646

Office Hours: By appointment

Student hours and location: As stated in grid

Required Textbook/Materials:

Lewis, S., Bucher, L., Heitkemper, M., & Harding, M. (2019). *Medical-Surgical Nursing: Assessment and Management of Clinical Problems*, 11th Edition. St. Louis: Elsevier, Inc.

Mulholland, J.M., & Turner, S.J. (2023). *The nurse, the math, the meds: Drug calculations using Dimensional analysis* (5th ed.). St Louis, MO: Elsevier/Mosby.

Lilley, L., Rainforth., Collins, S., & Snyder, J. (2017). *Pharmacology and the nursing process* (9th Ed.). Elsevier, Inc.: St. Louis, MO.

SimChart- for all daily charting

Course Description:

**RNSG 1162. COMPLEX CONCEPTS OF ADULT HEALTH CLINICAL
(LECTURE 0, CLIN 6). CREDIT 1. WECM.**

Clinical experiences in the management of patients and families with complex health needs.

Course requirements (may include any or all of the following):

1. **Medication Exam** - Assesses proficiency in dosage calculations. Students will score 90%. If 90% is not achieved, the student will receive remediation and additional attempts. Students may not pass medications until they have successfully completed the Medication Administration Exam with 90% or more. For full requirements please see Medication Administration Policy in the Nursing Student Handbook.
2. **Weekly Documentation** – Assesses the understanding of care that identifies patient goals/outcomes, nursing interventions. Assesses the ability to understand, collaborate and communicate in a timely manner with the healthcare team to plan, deliver, and evaluate patient-centered care in the inpatient setting.
3. **Windshield Survey with Elder Teaching** - This semester will include a community windshield survey and educational teaching to an elder (over 65) that will be created and submitted to D2L.

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4. **Simulation Lab** - A hands-on learning environment to continue preparation for the nursing role.
5. **Skills Lab** – A hands-on practice for specific skills, with peer-to-peer check off, introduced in this semester
6. **Volunteer**- A 8-hour block of time relating to the community's welfare.
7. **Clinical Evaluation** - Assesses clinical competency. (Mid-term and Final)
8. **Concept Map** - Assesses the understanding of the disease process to allow you to provide better care for your patient goals/outcomes, nursing interventions. Assesses the ability to understand what is happening to your patient to allow you to better collaborate and communicate with the healthcare team to plan, deliver, and evaluate patient-centered care in the inpatient setting.

Determination of Course Grade/Detailed Grading Formula:

Assignment	%
Math Competency Quiz*	10
Weekly Documentation (4 days, 10% each day) **	40
Concept Map**	20
Windshield Survey with Elder Teaching and Discussion	20
Volunteer Paper	10
Clinical Performance Evaluation	Pass/fail
TOTAL	100
* The student must pass with a 90% in three attempts to continue in this course	
** Must complete this assignment to pass course	

Grading Scale:

A = 90 - 100.00

B = 80 - 89.99

C = 75 - 79.99*

D = 60 - 74.99

F = < 60

*A minimum final grade of “C” is required to pass this course.

Late Work, Make-Up, and Extra-Credit Policy:

All course assignments are expected to be completed and submitted on the specified due date.

Assignment due dates are absolute. There are no make-up or extra credit opportunities. Assignment due dates are listed in the course calendar. See Completion of Assignments Policy in the Nursing Student Handbook.

Clinical Day of the Week	Paperwork due by 2359
Tuesday	Thursday
Thursday	Saturday
Friday	Sunday

All other clinical assignments will be due **at 2359 on the dates specified on the calendar.**

Attendance Policy:

See the Attendance and Punctuality Policy in the Nursing Student Handbook.

Communicating with your instructor: ALL electronic communication with the instructor must be through your COM email. Due to FERPA restrictions, faculty cannot share any information about performance in the class through other electronic means. Students should check this email daily. Emails to your instructor(s) should use proper email etiquette. To respect everyone's time, students are expected to schedule appointments in a timely manner.

Student Learner Outcome	Maps to Core Objective	Assessed via this Assignment
1. Demonstrate Professional and Ethical Nursing Practice — Follow ADN Program and clinical facility policies, maintain accountability for quality care, and seek appropriate supervision when practice falls outside personal scope of knowledge or expertise.	EPSLO 3, 4, 6	Concept Map Daily Charting Elder Teaching
2. Conduct Comprehensive Patient Assessments — Collect, analyze, and prioritize physical, mental, psychosocial, cultural, and spiritual health data from primary and secondary sources to identify nursing care needs.	EPSLO 1, 3, 4	Concept Map Daily Charting Skills Lab
3. Plan Patient-Centered, Evidence-Based Care — Develop individualized plans of care in collaboration with patients, families, and the interprofessional team, incorporating patient goals, evidence-based interventions, and cultural considerations.	EPSLO 2, 4, 6	Concept Map Windshield Survey
4. Implement Safe, Compassionate Nursing Interventions — Provide effective, ethical, and culturally sensitive care in diverse healthcare settings, serving as a patient advocate to promote safety and quality.	EPSLO 2, 3, 6	Concept Map Daily Charting Windshield survey
5. Evaluate and Revise Care Plans — Assess patient responses to nursing interventions, measure progress toward goals, and adapt care plans to meet changing patient needs.	EPSLO 1, 5	Concept Map Daily Charting

6. Communicate and Collaborate Effectively — Use therapeutic communication, health information technology, and interprofessional collaboration to coordinate care, manage information, and support decision-making that improves patient outcomes.	EPSLO 3, 6	Elder Teaching Volunteer Time Windshield Survey
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Academic Dishonesty:

Any incidence of academic policy will be dealt with in accordance with college policy and the Nursing Student Handbook. Academic dishonesty, such as cheating on exams, is an extremely serious offense. See Student Professional Conduct & Accountability Standards policy in the Nursing Student Handbook.

Student Professional Conduct & Accountability Standards

All students must comply with federal, state and local laws, as well as COM policies including the College District's Student Conduct Rules (Policy FLB Local) and Nursing Program Standards. Violations of conduct, whether on or off campus – including through social media or clinical activities – will be addressed and may result in disciplinary action. See Student Professional Conduct & Accountability Standards policy in the Nursing Student Handbook.

Plagiarism: Plagiarism is using someone else's words or ideas and claiming them as your own. Plagiarism is a very serious offense. Plagiarism includes paraphrasing someone else's words without giving proper citation, copying directly from a website and pasting it into your paper, using someone else's words without quotation marks. See Student Professional Conduct & Accountability Standards policy in the Nursing Student Handbook.

Student Concerns: If you have any questions or concerns about any aspect of this course, please contact the course faculty using the contact information previously provided. If, after discussing your concern with faculty, you continue to have questions, please contact the course facilitator. If questions remain after this, please contact the Director of Nursing, Dr. Rachel Fano at rfano@com.edu. Please see the Student Concerns Policy in the Nursing Student Handbook for further instructions.

Clinical Guidelines

Guidelines for Clinical Experience

1. Mandatory facility "Orientation" date and time is noted on the course calendar. Additional instructions regarding directions to the facility, parking fees, etc. will be given in class.
2. Dress code includes wearing scrubs at all clinical facilities. Students who are dismissed from clinical, lab, class or a COM-sponsored event due to non-compliance with uniform or hygiene standards will not be provided make-up opportunities for any missed assignments or clinical hours. See Uniform Requirements Policy in the Nursing Student Handbook.
3. Wear your school's name badge at all times in the clinical setting. You may be required to get an additional photo and badge at some facilities. Failure to bring/wear the COM ID Badge to clinical and/or the clinical site ID badge will result in the student being sent home for the day from the clinical site. See Uniform Requirements Policy in the Nursing Student Handbook.

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Student Activities during the Clinical Day

During a typical clinical day, the student will:

1. Arrive at the clinical facility at the designated time, dressed appropriately, and without any dangling jewelry from the ears, neck, or wrists (safety issue), and with no excessive cosmetics or perfume, and avoiding any provocative dress or behavior that would call undue attention to oneself.
2. Meet with your clinical instructor at the time and place for pre-conference.
3. Go to your unit and put your books, etc. in the designated place for students. Do not bring anything like your books or backpack, etc., out into patient care areas. Many units do not have an area for students, so do not bring anything that is not essential for your clinical day.
4. Do not bring valuables to clinical, e.g., large amounts of money or credit cards or expensive jewelry (leave them locked in your car if brought unintentionally).
5. Meet with the charge nurse for the shift report/staff assignment.
6. Collaborate with your nurse preceptor for lunch (30 minutes). Do not leave the facility.
7. Consult with your clinical instructor freely.
8. Arrive and participate in post conference at the designated time and place.

Guidelines for Medication Administration

Pharmacology is an important aspect of the clinical experience. You will discuss your patient's medications daily with the clinical instructor. You will be responsible for knowing about all your patient's medications (both scheduled & prn), classification, action, indications for use, dosage, time, route, side effects, nursing implications, and target symptoms for your client. Monitoring patients for medication effectiveness is also an important aspect of the nurse's role.

Guidelines for Charting

You may read the patients' chart, but do not make copies of anything in the patient record without permission from the charge nurse and your instructor. You will be expected to report only pertinent data from any medical and/or lab tests for Concept Maps etc., so it should not be necessary to copy any forms from a patient chart.

- Assessment should occur early and be completed with the bedside nurse preceptor and/or faculty.
- Medications may be given with the nurse preceptor and/or faculty as allowed after the student completes the math competency.
- Procedures that the student has already proven competence may be performed with the bedside nurse preceptor and/or faculty.
- All SBARs should be problem based unless specifically requested in rubric.

Clinical Facilities for this course will be HCA Texas Orthopedic Hospital, HCA Clear Lake, and UTMB Galveston campus. All dates are listed in the *clinical grid for each student* but are subject to change with notice from the instructor.

Clinical Conferences

Students are expected to attend any pre- and post-conferences at the time and place designated by the clinical instructor. Post-conference learning activities are at the discretion of the clinical instructor, and all students are expected to comply and complete the requested assignments.

Permissible Common Concepts of Adult Health Clinical Nursing Skills

The student will perform only those procedures and treatments taught in the nursing skills course or laboratory.

Independent	RN Supervision Only
Ambulation assistance	Medication administration
Binder or bandage application	IV insertion/site maintenance
Heat/Cold application	IV flow rate/calculations
Hygiene care/bed bath	Restraint application
Incontinence care	Specimen collection
Nutritional care (feeding)	Wound care
Physical Assessment	Sterile dressing changes
ROM exercises	Tracheostomy/endotracheal care/suctioning
Transfers	Urinary catheterization
Vital Signs	Oxygen administration

Non-permissible Nursing Skills

Skills that will not be performed throughout nursing school at COM are:

- Administration of blood or blood products
- IV push medications
- Care of a patient with an airborne illness requiring the use of an N95 face mask

Performance of these skills by a nursing student is considered unsafe and can result in dismissal from the program.

Institutional Policies and Guidelines

Grade Appeal Process: Concerns about the accuracy of grades should first be discussed with the instructor. A request for a change of grade is a formal request and must be made within six months of the grade assignment. Directions for filing an appeal can be found in the student handbook.

[https://www.com.edu/student-services/docs/Student Handbook 2024-2025 v2.pdf](https://www.com.edu/student-services/docs/Student%20Handbook%202024-2025%20v2.pdf). *An appeal will not be considered because of general dissatisfaction with a grade, penalty, or outcome of a course.*

Disagreement with the instructor's professional judgment of the quality of the student's work and performance is also not an admissible basis for a grade appeal.

Academic Success & Support Services: College of the Mainland is committed to providing students with the necessary support and tools for success in their college careers. Support is offered through our Tutoring Services, Library, Counseling, and through Student Services. Please discuss any concerns with your faculty or an advisor.

ADA Statement: Any student with a documented disability needing academic accommodation is requested to contact: Kimberly Lachney, Student Accessibility Services Coordinator at 409-933-8919 or AccessibilityServices@com.edu. The Office of Services for Students with Disabilities is in the COM Doyle Family Administration Building, Student Success Center.

Textbook Purchasing Statement: A student attending College of the Mainland is not under any obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from

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an independent retailer, including an online retailer.

Withdrawal Policy: Students may withdraw from this course for any reason prior to the last eligible day for a “W” grade. Before withdrawing students should speak with the instructor and consult an advisor. Students are permitted to withdraw only six times during their college career by state law. The last date to withdraw from the 16-week Fall semester session is November 14.

FN Grading: The FN grade is issued in cases of *failure due to a lack of attendance*, as determined by the instructor. The FN grade may be issued for cases in which the student ceases or fails to attend class, submit assignments, or participate in required capacities, and for which the student has failed to withdraw. Issuing the FN grade is at the instructor's discretion. The last date of attendance should be documented for submission of an FN grade.

Early Alert Program: The Student Success Center at College of the Mainland has implemented an Early Alert Program because student success and retention are especially important to us. I have been asked to refer students to the program throughout the semester if they are having difficulty completing assignments or have poor attendance. If you are referred to the Early Alert Program you will be contacted by someone in the Student Success Center who will schedule a meeting with you to see what assistance they can offer in order for you to meet your academic goals.

Resources to Help with Stress: If you are experiencing stress or anxiety about your daily living needs including food, housing or just feel you could benefit from free resources to help you through a challenging time, please go to <https://www.com.edu/community-resource-center/>. College of the Mainland has partnered with free community resources to help you stay on track with your schoolwork, by addressing life issues that get in the way of doing your best in school. All services are private and confidential. You may also contact the Dean of Students office at deanofstudents@com.edu or communityresources@com.edu.

Statement of Eligibility for an Occupational Licensure: Effective September 1, 2017, HB 1508 amends the Texas Occupations Code Section 53 that requires education providers to notify potential or enrolled students that a criminal history may make them ineligible for an occupational license upon program completion. The following website provides links to information about the licensing process and requirements: https://www.bon.texas.gov/licensure_eligibility.asp. See also www.tdlr.texas.gov for additional information.

Should you wish to request a review of the impact of criminal history on your potential Registered Nurse License prior to or during your quest for a degree, you can visit this link and request a “Criminal History Evaluation”: https://www.bon.texas.gov/licensure_endorsement.asp.

This information is being provided to all persons who apply or enroll in the program, with notice of the requirements as described above, regardless of whether the person has been convicted of a criminal offense. Additionally, HB 1508 authorizes licensing agencies to require reimbursements when a student fails to receive the required notice.

Nondiscrimination Statement: The College District prohibits discrimination, including harassment, against any individual on the basis of race, color, religion, national origin, age, veteran status, disability, sex, sexual orientation, gender (including gender identity and gender expression), or any other basis prohibited by law. Retaliation against anyone involved in the complaint process is a violation of College District policy.

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I attended _____ for RNSG 1162 on the
following date _____ from _____ to _____
(time you attended volunteer location).

Student Signature/Date

Facility Signature/Date

Contact information

Facility Print