## College of the Mainland Online Course Evaluation- S12022-2 S12022-2

	Course:	PHED-1164 003IN - Introduction to Physical Fitness and Wellness (093)		Dep	artr	nen	it: F	PHE	D				
I	Responsible Faculty:	Jason Abshire	Responses	/ E	хре	cte	d:	9 / 24 (37.50%)					
						I	PHED	-116	64 - 003I	N			
Cour	rse Questions			Re	spor	ises	;		C	Course			
			SD	D	N	A	SA	N	Med.	Mode	Std Dev		
Q1	The material is present	ed in an organized manner.	0	1	0	1	7	9	5	5	.96		
Q2	The course objectives a	re clear.	0	1	0	2	5	8	5	5	.99		
Q3	The required text is con	nprehensible.	0	0	0	3	6	9	5	5	.47		
Q4	The required text was a	n important component of the course.	0	0	0	3	6	9	5	5	.47		
Q5	Course assignments an	d exams are evaluated and graded fairly.	0	0	0	2	7	9	5	5	.42		
Q6	Exams reflect the cours	e content and classroom experience.	0	0	2	2	5	9	5	5	.82		
Q7	Grading procedures are	easy to understand.	0	0	1	1	7	9	5	5	.67		
Q8	I received feedback on r	ny performance in a reasonable time frame.	0	0	1	3	5	9	5	5	.68		
Q9	Course platform (Black	board) is easy to use.	0	0	1	1	7	9	5	5	.67		
Q10	Course platform (Black	board) is reliable.	0	1	0	2	6	9	5	5	.96		
Q11	Online content is delive	red effectively.	0	0	1	1	6	8	5	5	.70		
Q12	The course promoted st	udent-to-student and student to faculty interaction and collaboration.	0	1	0	2	6	9	5	5	.96		
Q13	More time was required	to complete this course than I expected.	0	1	3	1	4	9	4	5	1.10		
Q14	I was able to get the teo	shnical support I needed.	0	0	2	2	4	8	4.5	5	.83		

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

	PHED-1164 - 003IN										
Overall Evaluation				ses		Course					
		D	N	A	SA	N	Med.	Mode	Std Dev		
Q15 I have learned a great deal in this course.	0	0	2	2	5	9	5	5	.82		
Q16 Overall, I would recommend this course to other students.	0	0	2	3	4	9	4	5	.79		
Q17 I put a lot of effort into this course.	0	0	1	2	6	9	5	5	.68		

 $\label{eq:Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5$ 

	PHED-1164 - 003IN									
Student Information		Responses					Course			
	A	в	с	D	F	N	Med.	Mode	Std Dev	
Q18 What grade do you expect to receive in this course?	4	5	0	0	0	9	4	4	.50	

Responses: [A] A=5 [B] B=4 [C] C=3 [D] D=2 [F] F=1

				PH	IED-	ED-1164 - 003IN							
dditional Comments						Course							
	SD	D	N	A	SA	N	Med.	Mode	Std Dev				
Q19 I found this course evaluations system easy to use.	0	0	0	4	5	9	5	5	.50				
<b>Q20</b> Based on my experience with this course evaluation system, I will be more likely to complete all my evaluations in the future.	0	0	1	4	4	9	4	4,5	.67				

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

						Jas	on /	bshire		
Instructo	or Questions	F	Res	por	se	s		Ind	ividual	
		SD	D	N	A	SA	N	Med.	Mode	Std Dev
Q21 Inst	tructor had the online course prepared and open on time.	0	0	0	3	6	9	5	5	.47
Q22 Inst	tructor uses a variety of teaching techniques.	0	0	1	2	6	9	5	5	.68
Q23 Inst	tructor uses examples and explanations to clarify material.	0	0	0	1	8	9	5	5	.31
Q24 Inst	tructor demonstrates knowledge of the subject matter.	0	0	0	2	7	9	5	5	.42
Q25 This	s instructor requires me to be an active participant in class.	0	0	0	3	6	9	5	5	.47
Q26 Inst	tructor promotes an open atmosphere in discussions, critiques, etc.	0	0	0	2	7	9	5	5	.42
<b>Q27</b> The	e instructor was available (during office hours, by e-mail/chat, or by appointment) for consultation with students.	0	0	1	2	6	9	5	5	.68
Q28 The	e instructor shows respect for students.	0	0	0	2	7	9	5	5	.42
Q29 Inst	tructor follows a course document, outline, or schedule.	0	0	0	2	7	9	5	5	.42
Q30 The	e instructor answers questions within the time frame stated in the course syllabus.	0	0	1	1	7	9	5	5	.67
Q31 This	s instructor explains material well through written documents and/or graphic presentation, in person or online.	0	0	0	2	7	9	5	5	.42
Q32 The	e instructor uses language that is clear and easy to understand.	0	0	0	2	7	9	5	5	.42
Q33 The	e instructor displays appropriate enthusiasm, eye contact, and gestures most of the time.	0	0	1	1	5	7	5	5	.73
Q34 Inst	tructor helps troubleshoot or provides information on where to obtain technical assistance.	0	0	1	1	6	8	5	5	.70

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

	Question:	What di	d you think were the best things about this course?	
Re	sponse Rate:	55.56%	(5 of 9)	
1	that it got m	e in the g	gym	Q
2	This was abl	e to mot	ivate me to get in the gym.	Q
3	It taught me	how to s	stay motivated and how to effectively stay healthy.	Q
4			re was always an example so it was easier to understand exactly what we were supposed to do. Assignments were easy to access. Instructor gave on all assignments.	Q
5	Abshire is w	onderful	to have as a professsor!	Q

Question: What were the course's weaknesses and areas in need of improvement?

Response Rate: 44.44% (4 of 9)

1	n/a

2 ha	ard to find content and assignments.	I had a hard time understanding the objectives.
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3 There was more actual coursework than I expected. Some assignments felt a little redundant.

**4** N/A

	Question:	Positive aspects of the facilities (classroom arrangements, computer hardware/software/support, etc.):				
Response Rate: 33.33% (3 of 9)						
1	I felt the onli	ne course was easy to maneuver around.	Q			
2	Everything!	Everything!				
3	Easy to acce	ss assignments and resources needed. Instructor was helpful.	Q			

Q

Q

Q

Q

	Question:	Negative aspects of the facilities (classroom arrangements, computer hardware/software/support, etc.):	
R	esponse Rate:	33.33% (3 of 9)	
1	n/a		Q
2	N/A		Q
3	Lots of info	dropped at one time, a little hard to keep up with.	Q
_			

Question:	Please a	add any additional comments you may have about this course:	
Response Rate:	<b>22.22</b> %	(2 of 9)	
1 The instructo	or definit	ely gives the vibe that he cares about our health and he practices what he preaches.	Q
2 Instructor wa	s very he	elpful with explaining assignments and gave us helpful feedback afterwards.	Q

## College of the Mainland Online Course Evaluation- S12022-2 S12022-2

	Course:	PHED-1164 004IN - Introduction to Physical Fitness and Wellness (093)		De	par	tme	nt:	PHE	D				
I	Responsible Faculty:	Jason Abshire	Response	s / I	Ехр	ect	ed:	6 / 23 (26.09%)					
							PHE	)-11(	54 - 0041	N			
Cour	rse Questions			R	espo	onse	s	Course					
			s	DI		4	SA	N	Med.	Mode	Std Dev		
Q1	The material is present	ed in an organized manner.	(	)	) (	) 2	4	6	5	5	.47		
Q2	The course objectives a	re clear.	(	)	) (	) 1	5	6	5	5	.37		
Q3	The required text is con	nprehensible.	(	)	) (	) 1	4	5	5	5	.40		
Q4	The required text was a	n important component of the course.	(	)	) (	) 2	3	5	5	5	.49		
Q5	Course assignments an	d exams are evaluated and graded fairly.	(	)	) (	) 3	3	6	4.5	4,5	.50		
Q6	Exams reflect the cours	e content and classroom experience.	(	)	) (	) 2	3	5	5	5	.49		
Q7	Grading procedures are	easy to understand.	(	)	) (	) 2	4	6	5	5	.47		
Q8	I received feedback on I	ny performance in a reasonable time frame.	(	)	) (	) 1	5	6	5	5	.37		
Q9	Course platform (Black	board) is easy to use.	(	)	) 2	2 1	3	6	4.5	5	.90		
Q10	Course platform (Black	board) is reliable.	(	)	) 1	1 3	2	6	4	4	.69		
Q11	Online content is delive	red effectively.	(	)	) (	) 1	5	6	5	5	.37		
Q12	The course promoted s	udent-to-student and student to faculty interaction and collaboration.	(	) (	) 1	1	2	4	4.5	5	.83		
Q13	More time was required	to complete this course than I expected.		2	) (	) 1	3	6	4.5	5	1.80		
Q14	I was able to get the teo	hnical support I needed.	(	)	) (	) 1	4	5	5	5	.40		

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

						PHE	0-1164	4 - 004IN							
Ove	Overall Evaluation				ses		Course								
		SD	D	N	A	SA	N	Med.	Mode	Std Dev					
Q15	I have learned a great deal in this course.	0	0	1	1	4	6	5	5	.76					
Q16	Overall, I would recommend this course to other students.	0	0	0	2	4	6	5	5	.47					
Q17	I put a lot of effort into this course.	0	0	1	1	4	6	5	5	.76					

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

					Р	HED-1	164 - 004IN	N								
Student Information		Re	spon	ses			(	Course								
	Α	в	с	D	F	N	Med.	Mode	Std Dev							
Q18 What grade do you expect to receive in this course?	4	1	1	0	0	6	5	5	.76							

Responses: [A] A=5 [B] B=4 [C] C=3 [D] D=2 [F] F=1

			PHED-1164 - 004IN								
Addi	Additional Comments		Responses					Course			
		SD	D	N	A	SA	N	Med.	Mode	Std Dev	
Q19	I found this course evaluations system easy to use.	0	0	0	1	4	5	5	5	.40	
Q20 Based on my experience with this course evaluation system, I will be more likely to complete all my evaluations in the future.		0	0	0	1	4	5	5	5	.40	

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

							Jason Abshire											
Instructor Questions		R	Responses				Individual											
		SD	D	N	A 5	SA	N	Med.	Mode	Std Dev								
Q21 Instructor had the online course prepared and open on time.		0	0	0	1	5	6	5	5	.37								
Q22 Instructor uses a variety of teaching techniques.		0	0	0	1	4	5	5	5	.40								
<b>Q23</b> Instructor uses examples and explanations to clarify material.		0	0	0	1	5	6	5	5	.37								
Q24 Instructor demonstrates knowledge of the subject matter.		0	0	0	1	5	6	5	5	.37								
<b>Q25</b> This instructor requires me to be an active participant in class.		0	0	0	1	4	5	5	5	.40								
Q26 Instructor promotes an open atmosphere in discussions, critiques	, etc.	0	0	0	2	4	6	5	5	.47								
Q27 The instructor was available (during office hours, by e-mail/chat, o	r by appointment) for consultation with students.	0	0	0	1	5	6	5	5	.37								
Q28 The instructor shows respect for students.		0	0	0	1	5	6	5	5	.37								
Q29 Instructor follows a course document, outline, or schedule.		0	0	0	1	5	6	5	5	.37								
Q30 The instructor answers questions within the time frame stated in	the course syllabus.	0	0	0	1	5	6	5	5	.37								
<b>Q31</b> This instructor explains material well through written documents	and/or graphic presentation, in person or online.	0	0	0	1	5	6	5	5	.37								
Q32 The instructor uses language that is clear and easy to understand		0	0	0	2	4	6	5	5	.47								
Q33 The instructor displays appropriate enthusiasm, eye contact, and	jestures most of the time.	0	0	0	1	4	5	5	5	.40								
Q34 Instructor helps troubleshoot or provides information on where to	obtain technical assistance.	0	0	0	1	4	5	5	5	.40								

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

	Question: What did you think were the best things about this course?							
Re	Response Rate: 66.67% (4 of 6)							
1	The professo him highly it	or explains exactly what's needed he also give us examples of how to fill out the forms and he responded quickly to any questions I had. I would recommend was an awesome class thank you professor for the great experience	Q					
2	The online pr	resence of the professor he was easy to get ahold of and was very kind.	Q					
3	It guided me	into wanting a healthier lifestyle for myself. Also Professor Abshire was probably the nicest & most helpful Professor I've actually ever had!!	Q					
4	I love that the	e coach focuses on all areas of wellness.	Q					

Question: What were the course's weaknesses and areas in need of improvement?

Response Rate: 66.67% (4 of 6)

1	none	Q
2	None it was great it was perfect	Q
3	No weaknesses!	Q
4	Just the technical, but I think that was some my fault	Q

## Question: Positive aspects of the facilities (classroom arrangements, computer hardware/software/support, etc.): Rate: 50.00% (3 of 6) 1 n/a Q 2 Love that the coach is always willing to help. Q 3 Everything was very organized and explained very well! Q

	Question:	Negativ	e aspects of the facilities (classroom arrangements, computer hardware/software/support, etc.):					
Re	esponse Rate:	50.00%	(3 of 6)					
1	n/a			Q				
2	None			Q				
3	No negative	aspects!		Q				
Ouestion: Please add any additional comments you may have about this course:								

	Question:	Please add any additional comments you may have about this course:	
Re	sponse Rate:	: <b>33.33</b> % (2 of 6)	
1	I'm very than	nkful to be in Professor Abshire's class this semester. He was so nice & helpful & I hope one day I hope to have him for another class!! Thanks Professor!! :)	<u>}</u>
2	I have enjoye	ed all of it thus far	2