

Course:	PHED-1164 0011N - Introduction to Physical Fitness and Wellness (093)	Department:	PHED
Responsible Faculty:	Crystal Collins	Responses / Expected:	13 / 23 (56.52%)

Course Questions		PHED-1164 - 0011N									
		Responses					Course				
		SD	D	N	A	SA	N	Med.	Mode	Std Dev	
Q1	The material is presented in an organized manner.	0	0	1	3	9	13	5	5	.62	
Q2	The course objectives are clear.	0	0	1	3	9	13	5	5	.62	
Q3	The required text is comprehensible.	0	0	0	4	9	13	5	5	.46	
Q4	The required text was an important component of the course.	0	0	3	2	8	13	5	5	.84	
Q5	Course assignments and exams are evaluated and graded fairly.	0	0	0	2	11	13	5	5	.36	
Q6	Exams reflect the course content and classroom experience.	0	0	1	0	12	13	5	5	.53	
Q7	Grading procedures are easy to understand.	0	0	0	2	11	13	5	5	.36	
Q8	I received feedback on my performance in a reasonable time frame.	0	0	0	1	12	13	5	5	.27	
Q9	Course platform (Blackboard) is easy to use.	0	0	0	4	9	13	5	5	.46	
Q10	Course platform (Blackboard) is reliable.	0	0	0	5	8	13	5	5	.49	
Q11	Online content is delivered effectively.	0	0	0	4	9	13	5	5	.46	
Q12	The course promoted student-to-student and student to faculty interaction and collaboration.	0	0	1	2	10	13	5	5	.61	
Q13	More time was required to complete this course than I expected.	0	1	4	2	6	13	4	5	1.04	
Q14	I was able to get the technical support I needed.	0	0	0	3	9	12	5	5	.43	

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

Overall Evaluation		PHED-1164 - 0011N									
		Responses					Course				
		SD	D	N	A	SA	N	Med.	Mode	Std Dev	
Q15	I have learned a great deal in this course.	0	0	0	2	11	13	5	5	.36	
Q16	Overall, I would recommend this course to other students.	0	1	0	1	11	13	5	5	.82	
Q17	I put a lot of effort into this course.	0	0	0	4	9	13	5	5	.46	

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

Student Information		PHED-1164 - 0011N									
		Responses					Course				
		A	B	C	D	F	N	Med.	Mode	Std Dev	
Q18	What grade do you expect to receive in this course?	8	4	1	0	0	13	5	5	.63	








Responses: [A] A=5 [B] B=4 [C] C=3 [D] D=2 [F] F=1






Additional Comments		PHED-1164 - 0011N									
		Responses					Course				
		SD	D	N	A	SA	N	Med.	Mode	Std Dev	
Q19	I found this course evaluations system easy to use.	0	0	0	3	9	12	5	5	.43	
Q20	Based on my experience with this course evaluation system, I will be more likely to complete all my evaluations in the future.	0	0	1	2	10	13	5	5	.61	





Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5





Instructor Questions		Crystal Collins								
		Responses					Individual			
		SD	D	N	A	SA	N	Med.	Mode	Std Dev
Q21	Instructor had the online course prepared and open on time.	0	0	0	0	13	13	5	5	0
Q22	Instructor uses a variety of teaching techniques.	0	0	1	3	9	13	5	5	.62
Q23	Instructor uses examples and explanations to clarify material.	0	0	0	1	12	13	5	5	.27
Q24	Instructor demonstrates knowledge of the subject matter.	0	0	0	0	13	13	5	5	0
Q25	This instructor requires me to be an active participant in class.	0	0	0	0	13	13	5	5	0
Q26	Instructor promotes an open atmosphere in discussions, critiques, etc.	0	0	0	1	12	13	5	5	.27
Q27	The instructor was available (during office hours, by e-mail/chat, or by appointment) for consultation with students.	0	0	0	1	11	12	5	5	.28
Q28	The instructor shows respect for students.	0	0	0	1	12	13	5	5	.27
Q29	Instructor follows a course document, outline, or schedule.	0	0	0	0	13	13	5	5	0
Q30	The instructor answers questions within the time frame stated in the course syllabus.	0	0	0	1	12	13	5	5	.27
Q31	This instructor explains material well through written documents and/or graphic presentation, in person or online.	0	0	0	1	12	13	5	5	.27
Q32	The instructor uses language that is clear and easy to understand.	0	0	0	1	12	13	5	5	.27
Q33	The instructor displays appropriate enthusiasm, eye contact, and gestures most of the time.	0	0	2	0	8	10	5	5	.80
Q34	Instructor helps troubleshoot or provides information on where to obtain technical assistance.	0	0	0	2	11	13	5	5	.36






Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

Question:	What did you think were the best things about this course?	
Response Rate:	53.85% (7 of 13)	
1	working out.	
2	how much detail was put into the units	
3	exercising	
4	This course helped me get back into working out and staying active	
5	The general over all knowledge on basic autonomy and health.	
6	That the instructor was very helpful, replied in a timely manner and always giving updates on work for the week.	
7	Best thing about this course was that she was very detailed on how she wanted things to be.	

Question:	What were the course's weaknesses and areas in need of improvement?	
Response Rate:	38.46% (5 of 13)	
1	no course weakness.	
2	na	
3	n/a	
4	There is a lot of information EVERYWHERE. Consolidation on some aspects may help the course feel less overwhelming.	
5	N/a	

Question:	Positive aspects of the facilities (classroom arrangements, computer hardware/software/support, etc.):	
Response Rate:	30.77% (4 of 13)	
1	technical support was great, I had no issues.	
2	fast response	
3	The instructor is awesome. I love the feed back I get!	
4	N/a	

Question:	Negative aspects of the facilities (classroom arrangements, computer hardware/software/support, etc.):	
Response Rate:	30.77% (4 of 13)	
1	na	
2	n/a	
3	N/a	
4	Again, there is a lot of information everywhere. So many tabs, with links, with more links.	

Question:	Please add any additional comments you may have about this course:	
Response Rate:	38.46% (5 of 13)	
1	na	
2	amazing teacher will recommend everyone to take her class.	
3	The instructor was great!	
4	N/a	
5	I highly recommend this course	

Course:	PHED-1164 002IN - Introduction to Physical Fitness and Wellness (093)	Department:	PHED
Responsible Faculty:	Crystal Collins	Responses / Expected:	14 / 23 (60.87%)

Course Questions		PHED-1164 - 002IN									
		Responses					Course				
		SD	D	N	A	SA	N	Med.	Mode	Std Dev	
Q1	The material is presented in an organized manner.	0	0	1	2	11	14	5	5	.59	
Q2	The course objectives are clear.	0	2	1	1	10	14	5	5	1.11	
Q3	The required text is comprehensible.	0	0	1	1	10	12	5	5	.60	
Q4	The required text was an important component of the course.	0	0	1	2	9	12	5	5	.62	
Q5	Course assignments and exams are evaluated and graded fairly.	0	0	1	2	11	14	5	5	.59	
Q6	Exams reflect the course content and classroom experience.	0	0	1	2	11	14	5	5	.59	
Q7	Grading procedures are easy to understand.	0	0	2	1	11	14	5	5	.72	
Q8	I received feedback on my performance in a reasonable time frame.	0	0	1	1	11	13	5	5	.58	
Q9	Course platform (Blackboard) is easy to use.	0	1	2	2	9	14	5	5	.97	
Q10	Course platform (Blackboard) is reliable.	0	1	1	4	8	14	5	5	.90	
Q11	Online content is delivered effectively.	0	1	1	2	10	14	5	5	.91	
Q12	The course promoted student-to-student and student to faculty interaction and collaboration.	0	0	3	5	6	14	4	5	.77	
Q13	More time was required to complete this course than I expected.	2	1	6	2	3	14	3	3	1.26	
Q14	I was able to get the technical support I needed.	0	0	1	3	5	9	5	5	.68	

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

Overall Evaluation		PHED-1164 - 002IN									
		Responses					Course				
		SD	D	N	A	SA	N	Med.	Mode	Std Dev	
Q15	I have learned a great deal in this course.	0	0	1	4	9	14	5	5	.62	
Q16	Overall, I would recommend this course to other students.	0	0	2	3	8	13	5	5	.75	
Q17	I put a lot of effort into this course.	0	0	2	4	8	14	5	5	.73	

Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5

Student Information		PHED-1164 - 002IN									
		Responses					Course				
		A	B	C	D	F	N	Med.	Mode	Std Dev	
Q18	What grade do you expect to receive in this course?	11	3	0	0	0	14	5	5	.41	







Responses: [A] A=5 [B] B=4 [C] C=3 [D] D=2 [F] F=1


Additional Comments		PHED-1164 - 002IN									
		Responses					Course				
		SD	D	N	A	SA	N	Med.	Mode	Std Dev	
Q19	I found this course evaluations system easy to use.	0	0	1	4	9	14	5	5	.62	
Q20	Based on my experience with this course evaluation system, I will be more likely to complete all my evaluations in the future.	0	0	2	2	10	14	5	5	.73	








Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5








Instructor Questions		Crystal Collins								
		Responses					Individual			
		SD	D	N	A	SA	N	Med.	Mode	Std Dev
Q21	Instructor had the online course prepared and open on time.	0	0	1	0	13	14	5	5	.52
Q22	Instructor uses a variety of teaching techniques.	0	0	2	3	8	13	5	5	.75
Q23	Instructor uses examples and explanations to clarify material.	0	0	3	2	9	14	5	5	.82
Q24	Instructor demonstrates knowledge of the subject matter.	0	0	2	1	11	14	5	5	.72
Q25	This instructor requires me to be an active participant in class.	0	0	1	0	13	14	5	5	.52
Q26	Instructor promotes an open atmosphere in discussions, critiques, etc.	0	0	2	3	9	14	5	5	.73
Q27	The instructor was available (during office hours, by e-mail/chat, or by appointment) for consultation with students.	0	0	2	0	12	14	5	5	.70
Q28	The instructor shows respect for students.	0	0	1	2	11	14	5	5	.59
Q29	Instructor follows a course document, outline, or schedule.	0	0	1	2	11	14	5	5	.59
Q30	The instructor answers questions within the time frame stated in the course syllabus.	0	0	1	1	12	14	5	5	.56
Q31	This instructor explains material well through written documents and/or graphic presentation, in person or online.	0	0	1	1	11	13	5	5	.58
Q32	The instructor uses language that is clear and easy to understand.	0	1	1	2	10	14	5	5	.91
Q33	The instructor displays appropriate enthusiasm, eye contact, and gestures most of the time.	0	0	3	0	8	11	5	5	.89
Q34	Instructor helps troubleshoot or provides information on where to obtain technical assistance.	0	0	2	2	9	13	5	5	.75







Responses: [SD] Strongly Disagree=1 [D] Disagree=2 [N] Neutral=3 [A] Agree=4 [SA] Strongly Agree=5



Question:	What did you think were the best things about this course?	
Response Rate:	50.00%	(7 of 14)
1	it is interesting	
2	fitness every week was nice	
3	The prompt availability of the instructor 24/7 and the way the weeks were laid out	
4	The best things about this course are that the professor had everything in a neat organized manner with sections being labeled and easy access to all material. I loved how there were written pieces to learn from and also videos. The professor was really nice and helped out when needed. You felt encouragement from this class and I loved that.	
5	Professor Collins has the right attitude when it comes to physical fitness. She is a great motivator and even though we were graded on our assignments, it felt like we were just bettering ourselves.	
6	I liked the content that I learned it made me more aware of my good and bad health habits.	



7	How good of a teacher she was! She was amazing and explains, answer questions right away.	
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Question:	What were the course's weaknesses and areas in need of improvement?	
Response Rate:	50.00% (7 of 14)	
1	idk	
2	blackboard is hard	
3	There were some days when squeezing in the required number of workouts was tough because of my busy schedule but I was able to work it in. This issue was mostly my fault as I should've managed my time better. Other than that I really enjoyed this course.	
4	No need for improvement, wished I could have taken the class in person versus online	
5	N/A	
6	N/A	
7	I see no weaknesses in this course.	

Question:	Positive aspects of the facilities (classroom arrangements, computer hardware/software/support, etc.):	
Response Rate:	50.00% (7 of 14)	
1	i like pe	
2	cool grading choice	
3	This was my first time using Blackboard and I found it very easy to maneuver around in and communicate with the instructor and classmates.	
4	N/A	
5	I liked the content and facts that were displayed for each unit.	
6	I had to take this course online which was kind of tricky since it is PE but thankfully the professor explained everything and gave examples of how to do everything. This course could have been very confusing easily but thankfully it was not!	
7	Blackboard is always simple to use, went to the gym to complete my physical fitness assessment and it was sufficient for what we needed.	

Question:	Negative aspects of the facilities (classroom arrangements, computer hardware/software/support, etc.):	
Response Rate:	42.86% (6 of 14)	
1	nothing negative	
2	n/a	
3	it's hard to do pe online	
4	None	
5	N/A	
6	N/A	

Question:	Please add any additional comments you may have about this course:	
Response Rate:	35.71% (5 of 14)	
1	Turning in assignments was like going through a maze. I think there needs to just be links to assignments where you can do it there and turn it in at the same spot	
2	N/A	

3	I really liked that she included reviews in this course for our Exams	
4	I liked how this made me realize that I need to make healthier choices	
5	I learned very valuable healthy life choices in a short period of time and the instructor was very accessible and had a positive spirit and attitude throughout.	