

Curriculum Vitae

Name: Cynthia Campbell Palmer, Ph.D.

EDUCATION

1996 - 2011 Ph.D. Loyola University Chicago (Clinical Psychology)

2003 – 2004 University of Houston – Clear Lake (completed graduate course work only, no degree)

1996 - 2000 B.A. Southwestern University (Psychology)

TEACHING EXPERIENCE (please note that some positions were part of my job duties for clinical positions held between September 2006 and August 2024)

August 2018 – August 2021 **Clinical Assistant Professor, University of Houston – Clearlake, Houston, TX.**

- Taught graduate courses to Masters-Level and Doctoral-Level students including Basic Psychotherapy Skills and Professional Orientation, Multicultural and Diversity Issues in Health Psychology and Group Psychotherapy.

November 2020 **Guest Lecturer, University of Georgia School of Social Work, Athens, GA**

- Presented about mental health implications for treating African American children, adolescents and emerging adults.

September 2014 – July 2018 **Didactic Instructor, Lawndale Christian Health Center, Chicago, IL.**

- Presented training seminars on treating various mental health problems through the primary integrative care model including pain management and traumatic brain injury.

July 2011 – September 2014 **Didactic Instructor, La Rabida Children's Hospital, Chicago, IL.**

- Presented instructional seminars on the use and application of various neuropsychological measures including but not limited to the WISC, WIAT, NEPSY, WRAML, PPVT, EVT to pre-doctoral interns.
- Presented training seminars on conducting consultation liaison services for New Onset Diabetes Outpatient Clinic and Sickle Cell Disease Clinic.
- Presented seminars on Cultural Competence of Clinicians to pre-doctoral interns.
- Presented seminars on Psychosocial Implications and interventions (e.g, emotional and behavioral problems, pain management, non-compliance) of youth with chronic illnesses to pre-doctoral interns.

January 2013 – May 2013 **Part-Time Adjunct Faculty, Loyola University Chicago, Chicago, IL.**

- Developed curriculum and instructed an upper-level undergraduate course in Research Methods.

August 2009 – May 2010 **Faculty Adjunct Instructor, Loyola University Chicago, Chicago, IL.**

- Developed the curriculum and taught an upper-level undergraduate course entitled Psychology of Addiction, which provided the most up-to-date information on addictions including assessment of addictions as well as treatments and interventions.

November 2008 **Guest Lecturer, Loyola University Chicago, Chicago, IL**

- Guest lecturer for Research Methods course.

August 2005 – May 2007 **Teaching Assistant, Loyola University Chicago, Chicago, IL.**

- Assisted instructors with grading and data entry of assignment grades as well as proctoring exams.

RESEARCH

2014 – present **Mental Health Needs Assessment Research:**

- Conducting research in church setting to assess current mental health needs of a large urban church communities.
- Participate in joint research project that includes data collection and analysis to determine mental health needs of church congregations (one church having over 24,000 members) as well as the surrounding community.
- Co-writing and co-presenting findings at various professional conferences.

2008 – 2011 **Dissertation Research: “Familial influences of coping strategies among African American youth in foster care and biological families.”**

- Examined the utilization of coping strategies and factors that influence the use of coping skills of African American youth in foster care and other family structures.

HONORS AND AWARDS

2014 Heart of the Quarter Award, La Rabida Children’s Hospital

2008 Fellow of the Minority Fellowship Program (MFP), American Psychological Association (APA).

2007 Recipient of the Child and Family Research Assistantship, Loyola University Chicago.

2007 Alternate for the Minority Fellowship Program, Ford Foundation.

2003 Member of the National Honor Society, Psi Chi.

2001 Keynote Speaker at the Passport to the Future Awards Banquet. Passport to the Future, Southwestern University -- A college preparatory program designed to assist at-risk minority students.

2000 Received recognition for 4 years of dedicated service to Passport to the Future.

2000 Finalist of the Student Leadership Award, Southwestern University.

1998 – 2000 Social Science Department Representative for the Admission Selection Committee, Southwestern University.

1998 Outstanding African American Student Award, Southwestern University.

AFFILIATIONS

2024 – present Psychologists in Independent Practice (Division 42)

2013 – present Society of Clinical Child and Adolescent Psychology (Division 53).

2005 – present American Psychological Association, Member.