

# Anthony M. Johnson

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## SUMMARY

Nationally recognized teacher, motivational speaker, and director of debate programs with thirteen years of experience working with diverse student populations. Including five years at the community college level addressing equity gaps in the classroom by utilizing current technologies and practicing heart-centered, student-driven leadership.

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## HIGHLIGHTS

- Background and experience teaching a wide range of oral communication courses at the community college level, including: public speaking, interpersonal communication, argumentation and debate, persuasion, forensic speech, and introduction to communication studies.
  - Coached the top speaker and national runner-up in Public Debate in 2021.
  - Coached the #1 Community College Debate Team in the USA in 2019-2020, according to the Cross-Examination Debate Association.
  - Coached the #18 debate team in the country (including four-year schools) in 2019-2020, ranking just below Harvard University.
  - Re-Established a debate team at San Diego State University after nearly a decade of dormancy.
    - In 2013 we won the Western JV/Novice National Championship, and I was nominated for the Matthew Grindy Graduate Student of the Year Award.
  - Book manuscript in publication. "Heal Your Hurts: Transform Your Life, Family, and Community" will be printing in June 2022.
  - Conference Presenter at the 2019 Todd Durkin Mastermind Convention.
  - Conference Presenter at the 2018 International Dance and Exercise Association Convention.
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## EDUCATION

### **Master of Arts, Communication**

May 2017

*San Diego State University*

Emphasis: Argumentation and Debate, Rhetorical Theory and Criticism

Advisor: Dr. George Dionosopolous

Thesis: Mediating Cultural Trauma: A Rhetorical Analysis of Media Reports of Public Massacres.

### **Bachelor of Arts, Communication**

May 2011

*Idaho State University*

Major: Communication and Rhetorical Studies

Advisors: Dr. Sarah Partlow-Lefevre, Dr. James DiSanza

Thesis: Gender Inequity in Policy Debate: Competition and Social Stereotypes

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## TEACHING AND COACHING EXPERIENCE

### Southwestern College

May 2019 - Current

*Lecturer and Co-Director of Debate*

School of Arts, Communication, and Social Sciences

- Instructor for two sections of Argumentation and Debate and one section of Introduction to Oral Communication.
- Coach the Southwestern College Debate Team in-person and online. Under my direction, the SWC Debate students appeared in elimination rounds and awards at the San Diego State University Aztec Invitational and the California State University Long Beach tournament.
- Incentivize the increased use of AV technology for speaking drills with the Southwestern Debaters and witnessing favorable initial results in terms of student participation, growth, and competitive success.
- Prepares budgets and itineraries, arranges or coordinates travel to and from competitive tournaments, promptly submits paperwork and receipts necessary for travel, coaches ten to twenty Southwestern College students, and judges competitive intercollegiate debates.

### Mindful and Fit Coaching

January 2016 - Current

*Owner and Operator*

- Online coaching for nearly fifty individual clients to implement healthier habits using evidence-based strategies in mindfulness-based stress reduction, cognitive behavior change, nutrition, and human biomechanics.
- Facilitate Corporate Wellness Coaching for two separate corporations. This includes speaking engagements and inservices, fitness training in group settings, and one-on-one goal setting and mindset coaching for 40+ employees.
- Work with clients to improve their intrapersonal communication and offer tools for identifying and working through negative, self-limiting beliefs.
- Create and implement a monthly digital media communications strategy for social media, email marketing, and one-on-one client interactions.
- Leading world-class wellness retreats and corporate events throughout the United States and in Costa Rica, Jamaica, and Belize.
- Speaking and leading workouts and meditations at conferences, mastermind events, and at high school and college campuses.
- Publishing a memoir and manual entitled: *Being Mindful and Fit: Full-Life Transformation from the Inside Out*. Spring 2020.
- Created a self-directed course for consumers on Kajabi. This course features video lectures, exercises, meditations and journal prompts to supplement the book.
- Offering valuable weekly instruction, support, and verbal feedback in one-on-one, small-group, and large group settings.
- Creating, selling, and implementing process and goal driven wellness coaching agreements with individuals and corporations focused on nutrition, physical fitness, stress-reduction, yoga, and breathwork.

## **Juan Diego Catholic High School**

August 2013 - January 2016

*Communication and Political Science Instructor,  
Co-Director of Forensics*

- Taught two sections of Speech and Debate, one section of public speaking, one section of mock trial, and two sections of AP Government.
- Directed and coached a nationally competitive, four-time state champion debate team in all speech and debate events.
- Created travel budgets and itineraries for eighteen trips per year with an average of twelve students on each trip.
- Researched and prepared argument briefs for sixty to seventy competitors across the nation.
- Published weekly evidence files for my students to compete with.
- Led daily practices and strategy sessions, incorporating google and distance learning methods.
- Managed a staff of five assistant coaches, including: payroll, receipts and invoicing, and HR/Contract work.
- Attended local and national conferences as the school's Google Apps for Education Coordinator.
- Led the BYOD Initiative on campus - encouraging each student to bring their own device to use in class.

## **Southwestern College**

August 2012 - May 2013

*Lecturer and Co-Director of Debate*

School of Arts, Communication, and Social Sciences

- Taught one section of Oral Interpretation.
- Taught three sections of Argumentation and debate per semester.
- Directed the day-to-day operations of the SWC debate team, including: budget and tournament planning, designing research plans and conducting strategy sessions. Focused on teaching novice and JV debate.
- Coached several students to transfer to four year institutions on debate scholarship, some of which are currently in graduate school coaching policy debate.

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## **NOTABLE HONORS AND AWARDS**

### **Coaching Competitive Policy Debate**

- 2016, 1st place, University of California Round Robin
- 2016, 8th place national ranking, National Debate Coaches Association
- 2015, 1st seed at 3 different major invitationals.
- 2014 Utah Debate Coaches Association New Coach of the Year.
- 2013 Matt Grindy Graduate Teaching Assistant of the Year Nominee, Cross Examination Debate Association.

- 2013-2016, Won the Utah State Debate Championship and qualified to the Tournament of Champions at University of Kentucky.
- 2012, First Place, Western J.V. Novice Nationals
- 2012, Pacific Conference Champions, Novice Division
- 2012, Cross Examination Debate Association All-Americans Andrew Won and Brittnei King, San Diego State University
- 2012, First place, Golden Gate Season Opener, San Diego State University.
- 2011-2012, Middle School National Debate Champions, National Speech and Debate Association.

### **Competing in Intercollegiate Debate**

- *Captain*, James M. and Sharon E. Rupp Debate Society at Idaho State University, 2009-2011.
- *All American Debater, cum laude*, 2011 Cross Examination Debate Association (CEDA) Nationals
- *Placed 8<sup>th</sup> in the Nation* in Collegiate policy debate, 2011 at CEDANationals.
- *Elimination Round Participant*, 2010 National Debate Tournament.
- *1<sup>st</sup> place*, 2010 Jesuit Invitational at Gonzaga University.
- *2011 Becky Galentine Top Speaker*, District Two National Debate Tournament Qualifier.