# Curriculum Vitae.

# Mrs. Julie Payne, M.A., MFT

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#### Profile:

I am a highly motivated individual with an ability to connect to people in need. My experience includes individual, family, couple, child, and group psychotherapy in community mental health agencies and in private practice. I am fully licensed as a Marriage and Family Therapist in California and Texas. My areas of emphasis include working with families and individuals suffering from a chronic illness or living with chronic pain. I also have a background working with military families, anxiety, depression, employment issues, relationships, stress, and trauma. I am certified in the ASIST model, Trauma Focused-CBT, and MAP (Managing and Adapting Practices). In addition I am also a MAP supervisor

# Employment: Julie Payne, M.A., LMFT - S

1/2011 - present

Individual, Family, and Child Psychotherapy

Position: Marriage & Family Therapist Supervisor

**Duties:** 

- Provide psychotherapy for individuals, families, and children
- Provide Clinical Supervision

### **College of the Mainland**

04/2015 - Present

Adjunct Faculty in the Social Services Department

Position: Adjunct Faculty

**Duties:** 

- Develop syllabus and coursework
- Teach Intro to Psychology courses

# **Military One Source**

09/2014 - Present

Counseling Services

Position: MFLC (Military Family Life Consultant)

**Duties:** 

- Provide non-medical, brief on site counselling to military personnel and family members at various events
- Provide non-medical brief on site counselling and workshops for children of military families
- Provide resources for additional counselling services through Military One Source

# **Shields For Families**

02/2013 - 07/2015

Supervision

Position: Contracted - MAP Supervisor

# **Duties:**

- Conduct initial 5 day MAP training
- Provide clinical supervision and consultation to 18 therapists trained in MAP
- Review therapists cases for certification process

Individual, Family, and Child Psychotherapy

**Position:** Marriage & Family Therapist

MAP Supervisor Crisis Team Leader

**Duties:** 

- Provide psychotherapy for children in a school based setting
- Conduct therapeutic groups
- Collaborate with teachers and school staff to improve functioning of clients
- Manage crisis situations in schools throughout Compton and Watts
- Provide resources and training to staff regarding crisis response
- Provide supervision to 6 therapists under the MAP model

### Artemis Tegan, M.A., MFT - Private Practice 07/2008 - 10/2009

Individual, Family, and Child Psychotherapy

**Position:** Marriage & Family Therapist Intern

#### **Duties:**

- Provide psychotherapy for children, families, and individuals
- · Co-facilitated a teen group

### South Bay Center for Counseling

09/2006 - 07/2008

Individual, Family, and Child Psychotherapy

**Position:** Marriage & Family Therapist Intern

Counseling Services Program Manager / Office Manager

### **Duties:**

- Provide psychotherapy for children, families, and individuals
- Facilitated a chronic pain group
- Grant writing
- Assessed and assigned clients for treatment
- Managed client charts and conducted internal audits for chart review

**Qualifications:** License Number: CA MFC 49281

License Number: TX 202139

ASIST Certified TF-CBT Certified

MAP Supervisor Certified

Certified Supervisor in CA and TX

**Education:** California State University – Long Beach

Year Graduated: 2005 Degree: B.A. in Psychology

Antioch University - Los Angeles

Year Graduated: 2007

Degree: M.A. Clinical Psychology

**References:** Available upon request.